Supplement

A. Upper bound for the supremum of Gaussian processes

Proof of Lemma 5.3. By the Gaussian concentration theorem (Boucheron et al., 2013, Theorem 5.8), with probability at least $1 - e^{-x}$ we have

$$\sup_{B \in T^*} G_B \leq \mathbb{E} \sup_{B \in T^*} G_B + \sigma \sqrt{2x} \sup_{B \in T^*} \| [2I_{n \times n} - (B - \bar{A})](B - \bar{A})\mu \|.$$
(A.1)

$$\leq C_{16}\gamma_2(T^*, d_G) + \sigma\sqrt{2x} \sup_{B \in T^*} 3 ||(B - \bar{A})\mu||$$
(A.2)

where for the second inequality we used Talagrand's majorizing measure theorem (cf., e.g., (Vershynin, 2018, Section 8.6)) and the fact that B, \bar{A} have operator norm at most one, where d_G is the canonical metric of the Gaussian process,

$$d_G(A,B)^2 = \mathbb{E}[(G_A - G_B)^2]$$

If D = B - A is the difference and P commutes with A and B,

$$G_B - G_A = \epsilon^T [2D\mu - \frac{1}{2}(A + B - 2\bar{A})D\mu - \frac{1}{2}D(A + B - 2P)\mu] + \epsilon^T D(\bar{A} - P)\mu.$$

By the triangle inequality and using that A, B, P, Ahave operator norm at most one, $d_G(A, B) \leq 6\sigma ||D\mu|| + \sigma ||D(\bar{A} - P)\mu||$. This shows that

$$\gamma_2(T^*, d_G) \le 6\sigma\gamma_2(T^*, d_1) + \sigma\gamma_2(T^*, d_2)$$

where $d_1(A, B) = ||(B - A)\mu||$ and $d_2(A, B) = ||(A - B)(\overline{A} - P)\mu||$. By Lemma 5.2, $\gamma_2(T^*, d_1) \leq C_{17}\Delta(T^*, d_1)$ and similarly for d_2 (note that d_2 is similar to d_1 with μ replaced by $\mu' = (P - \overline{A})\mu$).

If $\sup_{B \in T^*} d(B, \overline{A}) \leq \delta^*$ for the metric d in (5.1), then $\sup_{B \in T^*} ||(B - \overline{A})\mu|| \leq \delta^*$ and $\Delta(T^*, d_1) \leq 2\delta^*$. Furthermore if P is the convex projection of \overline{A} onto the convex hull of T^* with respect to the Hilbert metric din (5.1), then

$$\Delta(T^*, d_2) = \sup_{B, B' \in T^*} d_2(B, B') \le 2 ||(P - \bar{A})\mu||$$
$$\le 2d(P, \bar{A}) \le 2d(B_0, \bar{A}) \le 2\delta^*$$

for any $B_0 \in T^*$ where we used that by definition of the convex projection, $d(P, \bar{A}) \leq d(B_0, \bar{A})$.

B. Upper bound for the supremum of Quadratic processes

The following inequality, known as the Hanson-Wright inequality, will be useful for the next Lemma. If $\varepsilon \sim N(0, \sigma^2 I_{n \times n})$ is standard normal, then

$$\mathbb{P}\Big[|\varepsilon^T Q \varepsilon - \sigma^2 \operatorname{trace} Q| > 2\sigma^2 (\|Q\|_F \sqrt{x} + \|Q\|_{op} x)\Big] \le 2e^{-x},$$
(B.1)

for any square matrix $Q \in \mathbb{R}^{n \times n}$. We refer to (Boucheron et al., 2013, Example 2.12) for a proof for normally distributed ε and (Rudelson & Vershynin, 2013; Hsu et al., 2012; Bellec, 2014; Adamczak, 2015) for proofs of (B.1) in the sub-gaussian case.

Proof of Lemma 5.4. We apply Theorem 2.4 in (Adamczak, 2015) which implies that if $W_B = \varepsilon^T Q_B \varepsilon$ – trace[Q_B] where $\varepsilon \sim N(0, I_{n \times n})$ and Q_B is a symmetric matrix of size $n \times n$ for every B, then

$$\mathbb{P}\Big(\sup_{B\in T^*} W_B \leq \mathbb{E} \sup_{B\in T^*} W_B + C_{18}\sigma\sqrt{x} \sup_{B\in T^*} \mathbb{E}\|Q_B\varepsilon\| + C_{19}x\sigma^2 \sup_{B\in T^*} \|Q_B\|_{op}\Big) \geq 1 - 2e^{-x}.$$

For the third term, $Q_B = 2(B - \bar{A}) - (B - \bar{A})^2/2$ hence $||Q_B||_{op} \leq 6$ because B, \bar{A} both have operator norm at most one. For the second term, since T^* is a family of ordered linear smoothers, there exists extremal matrices $B_0, B_1 \in T^*$ such that $B_0 \leq B \leq B_1$ for all $B \in T^*$; we then have $B - B_0 \leq B_1 - B_0$ and

$$\begin{aligned} |Q_B\varepsilon|| &\leq 3 \|(B-\bar{A})\varepsilon\| \leq 3 \|(B_1-B_0)\varepsilon\| + 3 \|(B_0-\bar{A})\varepsilon\| \\ &\leq 3 \|(B_1-\bar{A})\varepsilon\| + 6 \|(B_0-\bar{A})\varepsilon\|. \end{aligned}$$

Hence $\mathbb{E} \|Q_B \varepsilon\| \leq \mathbb{E} [\|Q_B \varepsilon\|^2]^{1/2} \leq 3\sigma \|B_1 - \bar{A}\|_F + 6\sigma \|B_0 - \bar{A}\|_F \leq 9\delta^*.$

We finally apply a generic chaining upper bound to bound $\mathbb{E} \sup_{B \in T^*} W_B$. For any fixed $B_0 \in T^*$ we have $\mathbb{E}[W_{B_0}] = 0$ hence $\mathbb{E} \sup_{B \in T^*} W_B = \mathbb{E} \sup_{B \in T^*} (W_B - W_{B_0})$. For two matrices $A, B \in T^*$ we have $W_B - W_A = \varepsilon^T (Q_B - Q_A)\varepsilon$ – trace $[Q_B - Q_A]$, and

$$\varepsilon^T (Q_B - Q_A) \epsilon = \varepsilon^T [(B - A)(2I_{n \times n} - \frac{1}{2}(A + B - 2\bar{A}))]\varepsilon,$$

hence by the Hanson-Wright inequality (B.1), with probability at least $1 - 2e^{-x}$,

$$|W_B - W_A| \le 2\sigma^2 ||(B - A)(2I_{n \times n} - \frac{1}{2}(A + B - 2\bar{A}))||_F(\sqrt{x} + x)$$

$$\le 8\sigma^2 ||A - B||_F(x + \sqrt{x}).$$

Hence by the generic chaining bound given in Theorem 3.5 in (Dirksen, 2015), we get that

$$\mathbb{E} \sup_{B \in T^*} |W_B - W_{B_0}| \le C_{20} \sigma^2 \left[\gamma_1(T^*, \|\cdot\|_F) + \gamma_2(T^*, \|\cdot\|_F) + \Delta(T^*, \|\cdot\|_F) \right].$$

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For each $\alpha = 1, 2$ we have $\gamma_{\alpha}(T^*, \|\cdot\|_F) \leq C_{21}\Delta(T^*, \|\cdot\|_F)$ $\|F_F$ by Lemma 5.2. Since $\sigma \|B - \overline{A}\| \leq \delta^*$ for any $B \in T^*$, we obtain $\Delta(T^*, \|\cdot\|_F) \leq 2\delta^*/\sigma$. \Box

C. Proof of Theorem 3.2

611 Proof. Consider $\mu \in \mathbf{R}^n$ with norm $\|\mu\|^2 = n(1-c/\sqrt{n})$ 612 for a numerical constant c > 0 to be determined. Set 613 $A_1 = 0$ and $A_2 = I_n$, assume $\sigma^2 = 1$ for simplicity. 614 The loss of A_1 is $\|\mu\|^2$ and the loss of A_2 is $\|\varepsilon\|^2$.

 $\begin{array}{ll} \begin{array}{l} 615\\ 616\\ 617\\ 617\\ 618\\ 618\\ 619 \end{array} \begin{array}{l} A_1 \text{ has smaller MSE than } A_2 \text{ since } \|\mu\|^2 < n. \end{array} \\ \begin{array}{l} \text{The regret for selecting based on } C_p \text{ is thus } I_{\Omega_2}(\|\varepsilon\|^2 - \|\mu\|^2) \text{ where } I_{\Omega_2} \text{ is the indicator of the event } C_p(A_2) < \\ C_p(A_1), \text{ this event is} \end{array}$

$$\Omega_2 = \left\{ C_P(A_2) = 2n < \|y\|^2 = C_P(A_2) \right\}.$$

622 Consider now for some absolute constants A, B, the 623 events

$$\Omega_A = \{-1 \le \varepsilon^T \mu / \|\mu\| \le 0\}$$

and

$$\Omega_B = \{ \| (I_n - \|\mu\|^{-2} \mu \mu^T) \varepsilon \|^2 - n \ge 3\sqrt{n} \}$$

The first event Ω_A involves the standard normal 629 $\varepsilon^{\top} \mu / \|\mu\|$ and the second event Ω_B involves the ran-630 dom variable $||(I_n - ||\mu||^{-2}\mu\mu^T)\varepsilon||^2$ which has χ^2 dis-631 tribution with n-1 degrees-of-freedom. The two 632 random variables are independent by properties of 633 $\varepsilon \sim N(0, I_n)$ so that Ω_A and Ω_B are independent 634 and $\mathbb{P}(\Omega_A \cap \Omega_B) = \mathbb{P}(\Omega_A)\mathbb{P}(\Omega_B) \ge C_{22} > 0$ for some 635 absolute constant. 636

 $\begin{array}{c} 637\\ 638 \end{array} \quad \text{Furthermore, on } \Omega_A \cap \Omega_B \text{ we have} \end{array}$

$$||y||^{2} - 2n = ||\mu||^{2} + ||\varepsilon||^{2} + 2\varepsilon^{T}\mu - 2n$$

$$\geq -c\sqrt{n} + 3\sqrt{n} - 2||\mu||$$

$$\geq (-c+1)\sqrt{n}$$

 $\begin{array}{ll} 643\\ 644\\ 645 \end{array} \text{ so that } \Omega_A \cap \Omega_B \subset \Omega_2 \text{ if, for instance, we choose} \\ c=1/2. \end{array}$

646 Since $\|y\|^2 = \|\mu\|^2 + 2\varepsilon^T \mu + \|\varepsilon\|^2$, Ω_2 can be rewritten

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$$\Omega_2 = \left\{ 2c\sqrt{n} - 2\varepsilon^T \mu = 2(n - \|\mu\|^2) - 2\varepsilon^T \mu < \|\varepsilon\|^2 - \|\mu\|^2 \right\}.$$

Hence the regret is bounded from below on $\Omega_A \cap \Omega_B$ as

$$(\|A_{\hat{k}}y - \mu\|^2 - \|A_1y - \mu\|^2) = (\|\varepsilon\|^2 - \|\mu\|^2)$$

$$\geq (2c\sqrt{n} - 2\varepsilon^T \mu)$$

$$\geq 2c\sqrt{n} = \sqrt{n}.$$

656 657 Here, $\sqrt{n} \asymp ||\mu|| = (R^*)^{1/2}$ up to an absolute multi-658 plicative constant, so that the claim is proved. \Box 659

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