# Appendix

# A. Proofs for Convergence under Gaussian Noise (Theorem 1)

#### A.1. Proof Overview

The main proof of Theorem 1 is contained in Appendix A.4.

Here, we outline the steps of our proof:

- 1. In Appendix A.2, we construct a coupling between (3) and (2) over a single step (i.e. for  $t \in [k\delta, (k+1)\delta]$ , for some k and  $\delta$ ).
- 2. Appendix A.3, we prove Lemma 1, which shows that under the coupling constructed in Step 1, a Lyapunov function  $f(x_T y_T)$  contracts exponentially with rate  $\lambda$ , plus a discretization error term. The function f is defined in Appendix E, and sandwiches  $||x_T y_T||_2$ . In Corollary 2, we apply the results of Lemma 1 recursively over multiple steps to give a bound on  $f(x_{k\delta} y_{k\delta})$  for all k, and for sufficiently small  $\delta$ .
- 3. Finally, in Appendix A.4, we prove Theorem 1 by applying the results of Corollary 2, together with the fact that f(z) upper bounds  $||z||_2$  up to a constant factor.

### A.2. A coupling construction

In this subsection, we will study the evolution of (3) and (2) over a small time interval. Specifically, we will study

$$dx_t = -\nabla U(x_t)dt + M(x_t)dB_t \tag{20}$$

$$dy_t = -\nabla U(y_0)dt + M(y_0)dB_t \tag{21}$$

One can verify that (20) is equivalent to (3), and (21) is equivalent to a single step of (2) (i.e. over an interval  $t \le \delta$ ).

We first give the explicit coupling between (20) and (21): ( A similar coupling in the continuous-time setting is first seen in (Gorham et al., 2016) in their proof of contraction of (3).)

Given arbitrary  $(x_0, y_0)$ , define  $(x_t, y_t)$  using the following coupled SDE:

$$x_{t} = x_{0} + \int_{0}^{t} -\nabla U(x_{s})ds + \int_{0}^{t} c_{m}dV_{s} + \int_{0}^{t} N(x_{s})dW_{s}$$

$$y_{t} = y_{0} + \int_{0}^{t} -\nabla U(y_{0})dt + \int_{0}^{t} c_{m}(I - 2\gamma_{s}\gamma_{s}^{T})dV_{s} + \int_{0}^{t} N(y_{0})dW_{s}$$
(22)

Where  $dV_t$  and  $dW_t$  are two independent standard Brownian motion, and

$$\gamma_t := \frac{x_t - y_t}{\|x_t - y\|_2} \cdot \mathbb{1}\left\{\|x_t - y_t\|_2 \in [2\epsilon, \mathcal{R}_q)\right\}$$
(23)

By Lemma 6, we show that (20) has the same distribution as  $x_t$  in (22), and (21) has the same distribution as  $y_t$  in (22). Thus, for any t, the process  $(x_t, y_t)$  defined by (22) is a valid coupling for (20) and (21).

#### A.3. One step contraction

**Lemma 1** Let f be as defined in Lemma 18 with parameters  $\epsilon$  satisfying  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ . Let  $x_t$  and  $y_t$  be as defined in (22). If we assume that  $\mathbb{E}\left[\|y_0\|_2^2\right] \leq 8\left(R^2 + \beta^2/m\right)$  and  $T \leq \min\left\{\frac{\epsilon^2}{\beta^2}, \frac{\epsilon}{6L\sqrt{R^2 + \beta^2/m}}\right\}$ , then  $\mathbb{E}\left[f(x_T - y_T)\right] \leq e^{-\lambda T}\mathbb{E}\left[f(x_0 - y_0)\right] + 3T(L + L_N^2)\epsilon$ 

**Remark 8** For ease of reference:  $m, L, L_R, R$  are from Assumption A,  $c_m, \beta$  are from Assumption B,  $\alpha_q, \mathcal{R}_q, L_N, \lambda$  are defined in (7).

### Proof of Lemma 1

For notational convenience, for the rest of this proof, let us define  $z_t := x_t - y_t$  and  $\nabla_t := \nabla U(x_t) - \nabla U(y_t)$ ,  $\Delta_t := \nabla U(y_0) - \nabla U(y_t) N_t := N(x_t) - N(y_t)$ .

It follows from (22) that

$$dz_t = -\nabla_t dt + \Delta_t dt + 2c_m \gamma_t \gamma_t^T dV_t + (N_t + N(y_t) - N(y_0))dW_t$$
(24)

Using Ito's Lemma, the dynamics of  $f(z_t)$  is given by

$$df(z_{t}) = \langle \nabla f(z_{t}), dz_{t} \rangle + 2c_{m}^{2} \operatorname{tr} \left( \nabla^{2} f(z_{t}) \left( \gamma_{t} \gamma_{t}^{T} \right) \right) dt + \frac{1}{2} \operatorname{tr} \left( \nabla^{2} f(z_{t}) \left( N_{t} + N(y_{t}) - N(y_{0}) \right)^{2} \right) dt$$

$$= \underbrace{- \left\langle \nabla f(z_{t}), \nabla_{t} \right\rangle}_{(1)} dt + \underbrace{\left\langle \nabla f(z_{t}), \Delta_{t} \right\rangle}_{(2)} dt + \underbrace{\left\langle \nabla f(z_{t}), 2c_{m} \gamma_{t} \gamma_{t}^{T} dV_{t} + \left( N_{t} + N(y_{t}) - N(y_{0}) \right) dW_{t} \right\rangle}_{(3)}$$

$$+ \underbrace{2c_{m}^{2} \operatorname{tr} \left( \nabla^{2} f(z_{t}) \left( \gamma_{t} \gamma_{t}^{T} \right) \right)}_{(4)} dt + \underbrace{\frac{1}{2} \operatorname{tr} \left( \nabla^{2} f(z_{t}) \left( N_{t} + N(y_{t}) - N(y_{0}) \right)^{2} \right)}_{(5)} dt$$

$$(25)$$

(3) goes to 0 when we take expectation, so we will focus on (1, 2, 4). We will consider 3 cases

Case 1:  $||z_t||_2 \le 2\epsilon$ From item 1(c) of Lemma 18,  $||\nabla f(z)||_2 \le 1$ . Using Assumption A.1,  $||\nabla_t|| \le L ||z_t||_2$ , so that  $\widehat{(1)} \le ||\nabla_t||_2 \le L ||z_t||_2 \le 2L\epsilon$ 

Also by Cauchy Schwarz,

$$(2) = \langle \nabla f(z_t), \Delta_t \rangle \le \|\Delta_t\|_2 \le L \|y_t - y_0\|_2$$

Since  $\gamma_t = 0$  in this case by definition in (23), (4) = 0.

Using Lemma 18.2.c.  $\left\|\nabla^2 f(z_t)\right\|_2 \leq \frac{2}{\epsilon}$ , so that

$$(5) \leq \frac{1}{\epsilon} \left( \operatorname{tr} \left( N_t^2 + N(y_t) - N(y_0) \right)^2 \right)$$
  
$$\leq \frac{2}{\epsilon} \left( \operatorname{tr} \left( N_t^2 \right) + \operatorname{tr} \left( \left( N(y_t) - N(y_0) \right)^2 \right) \right)$$
  
$$\leq \frac{2L_N^2}{\epsilon} \left( \|z_t\|_2^2 + \|y_t - y_0\|_2^2 \right)$$
  
$$\leq 4L_N^2 \epsilon + \frac{2L_N^2}{\epsilon} \|y_t - y_0\|_2^2$$

Where the second inequality is by Young's inequality, the third inequality is by item 2 of Lemma 16, the fourth inequality is by our assumption that  $||z_t||_2 \le 2\epsilon$ .

Summing these,

$$(1) + (2) + (4) + (5) \le 4(L + L_N^2)\epsilon + L||y_t - y_0||_2 + \frac{2L_N^2}{\epsilon}||y_t - y_0||_2^2$$

**Case 2:**  $||z_t||_2 \in (2\epsilon, \mathcal{R}_q)$ 

In this case,  $\gamma_t = \frac{z_t}{\|z_t\|_2}$ . Let q be as defined in (39) and g be as defined in Lemma 20. By items 1(b) and 2(b) of Lemma 18 and items 1(b) and 2(b) of Lemma 20,

$$\begin{aligned} \nabla f(z_t) &= q'(g(z_t)) \nabla g(z_t) \\ &= q'(g(z_t)) \frac{z_t}{\|z_t\|_2} \\ \nabla^2 f(z_t) &= q''(g(z_t)) \nabla g(z_t) \nabla g(z_t)^T + q'(g(z_t)) \nabla^2 g(z_t) \\ &= q''(g(z_t)) \frac{z_t z_t^T}{\|z_t\|_2^2} + q'(g(z_t)) \frac{1}{\|z_t\|_2} \left(I - \frac{z_t z_t^T}{\|z_t\|_2^2}\right) \end{aligned}$$

Once again, by Assumption A.3,

$$(1) \le q'(g(z_t)) \|\nabla_t\|_2 \le q'(g(z_t)) \cdot L_R \cdot \|z_t\|_2 \le L \cdot q'(g(z_t))g(z_t) + 2L\epsilon$$

Where the last inequality uses Lemma 20.4. We can also verify that

$$(2) \le L \|y_t - y_0\|_2$$

Using the expression for  $\nabla^2 f(z_t)$ ,

$$(4) = 2c_m^2 \operatorname{tr} \left( \nabla^2 f(z_t) \gamma_t \gamma_t^T \right) = 2c_m^2 \cdot q''(g(z_t))$$

Finally,

$$\begin{split} (\bar{\mathfrak{S}}) &= \frac{1}{2} \operatorname{tr} \left( \nabla^2 f(z_t) (N_t + N(y_t) - N(y_0))^2 \right) \\ &= \frac{1}{2} \operatorname{tr} \left( \left( q''(g(z_t)) \frac{z_t z_t^T}{\|z_t\|_2^2} + q'(g(z_t)) \frac{1}{\|z_t\|_2} \left( I - \frac{z_t z_t^T}{\|z_t\|_2^2} \right) \right) (N_t + N(y_t) - N(y_0))^2 \right) \\ &\leq \frac{1}{2} \operatorname{tr} \left( \left( q'(g(z_t)) \frac{1}{\|z_t\|_2} \left( I - \frac{z_t z_t^T}{\|z_t\|_2^2} \right) \right) (N_t + N(y_t) - N(y_0))^2 \right) \\ &\leq \frac{q'(g(z_t))}{\|z_t\|_2} \cdot \left( \operatorname{tr} \left( N_t^2 \right) + \operatorname{tr} \left( (N(y_t) - N(y_0))^2 \right) \right) \\ &\leq q'(g(z_t)) \cdot L_N^2 \|z_t\|_2 + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} \\ &\leq q'(g(z_t)) \cdot L_N^2 g(z_t) + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} + 2L_N^2 \epsilon \end{split}$$

The above uses multiples times the fact that  $0 \le q' \le 1$  and  $q'' \le 0$  (proven in items 3 and 4 of Lemma 21). The second inequality is by Young's inequality, the third inequality is by item 2 of Lemma 16, the fourth inequality uses item 4 of Lemma 20.

Summing these,

$$\begin{aligned} \widehat{1} + \widehat{2} + \widehat{4} + \widehat{5} &\leq \left(L_R + L_N^2\right) q'(g(z_t))g(z_t) + 2c_m^2 q''(g(z_t)) + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} + 2\left(L + L_N^2\right)\epsilon \\ &\leq -\frac{2c_m^2 \exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)}{32\mathcal{R}_q^2} q(g(z_t)) + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} + 2\left(L + L_N^2\right)\epsilon \\ &\leq -\lambda q(g(z_t)) + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} + 2(L + L_N^2)\epsilon \\ &= -\lambda f(z_t) + \frac{L_N^2 \|y_t - y_0\|_2^2}{2\epsilon} + 2(L + L_N^2)\epsilon + L\|y_t - y_0\|_2 \end{aligned}$$

Where the last inequality follows from Lemma 21.1. and the definition of  $\lambda$  in (7).

Case 3:  $||z_t||_2 \ge \mathcal{R}_q$ In this case,  $\gamma_t = 0$ . Similar to case 2,

$$\nabla f(z_t) = q'(g(z_t)) \frac{z_t}{\|z_t\|_2}$$

Thus by Assumption A.3,

$$(1) = \left\langle q'(g(z_t)) \frac{z_t}{\|z_t\|_2}, -\nabla_t \right\rangle$$
  
$$\leq -mq'(g(z_t)) \|z_t\|_2$$

Where the inequality is by Assumption A.3.

For identical reasons as in Case 1,  $(2) \leq L_R ||y_t - y_0||_2$ , and (4) = 0. Finally,

$$\begin{split} (\widehat{\mathbf{5}}) &= \frac{1}{2} \operatorname{tr} \left( \nabla^2 f(z_t) (N_t + N(y_t) - N(y_0))^2 \right) \\ &= \frac{1}{2} \operatorname{tr} \left( \left( q''(g(z_t)) \frac{z_t z_t^T}{\|z_t\|_2^2} + q'(g(z_t)) \frac{1}{\|z_t\|_2} \left( I - \frac{z_t z_t^T}{\|z_t\|_2^2} \right) \right) (N_t + N(y_t) - N(y_0))^2 \right) \\ &\leq \frac{1}{2} \operatorname{tr} \left( \left( q'(g(z_t)) \frac{1}{\|z_t\|_2} \left( I - \frac{z_t z_t^T}{\|z_t\|_2^2} \right) \right) (N_t + N(y_t) - N(y_0))^2 \right) \\ &\leq \frac{q'(g(z_t))}{\|z_t\|_2} \cdot \left( \operatorname{tr} (N_t^2) + \operatorname{tr} \left( (N(y_t) - N(y_0))^2 \right) \right) \end{split}$$

Where the first inequality is because  $q'' \le 0$  from item 4 of Lemma 21, the second inequality is by Young's inequality. (These steps are identical to Case 2). Continuing from above, and using item 2 and 3 of Lemma 16,

$$(5) \leq q'(g(z_t)) \cdot \left(\frac{8\beta^2 L_N}{c_m} + \frac{L_N^2 \|y_t - y_0\|_2^2}{\epsilon}\right) \\ \leq q'(g(z_t)) \cdot \left(\frac{m}{2} \|z_t\|_2\right) + q'(g(z_t)) \cdot \left(\frac{L_N^2 \|y_t - y_0\|_2^2}{\epsilon}\right)$$

Where the second inequality is by our definition of  $\mathcal{R}_q$  in the Lemma statement, which ensures that  $\frac{8\beta^2 L_N}{c_m} \leq \frac{m}{2}\mathcal{R}_q \leq \frac{m}{2}\|z_t\|_2$ .

Thus

$$\begin{split} &(1) + (2) + (4) + (5) \\ &\leq -mq'(g(z_t)) \|z_t\|_2 + L_R \|y_t - y_0\|_2 + \frac{m}{2}q'(g(z_t))\|z_t\|_2 + q'(g(z_t)) \cdot \left(\frac{L_N^2 \|y_t - y_0\|_2^2}{\epsilon}\right) \\ &\leq -\frac{m}{2}q'(g(z_t)) \|z_t\|_2 + \frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2 \\ &\leq -\lambda f(z_t) + \frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2 \end{split}$$

where the second inequality uses  $q' \le 1$  from item 3 of Lemma 21, the third inequality uses our definition of  $\lambda$  in (7). Combining the three cases, (25) can be upper bounded with probability 1:

$$df(z_t) \le -\lambda f(z_t) + \frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2 + \left\langle \nabla f(z_t), 2c_m \gamma_t \gamma_t^T dV_t + (N_t + N(y_t) - N(y_0)) dW_t \right\rangle$$

To simplify notation, let us define  $G_t \in \mathbb{R}^{1 \times 2d}$  as  $G_t := \left[\nabla f(z_t)^T 2c_m \gamma_t \gamma_t^T, \nabla f(z_t)^T (N_t + N(y_t) - N(y_0))\right]$ , and let  $A_t$  be a 2*d*-dimensional Brownian motion from concatenating  $A_t = \begin{bmatrix} V_t \\ W_t \end{bmatrix}$ . Thus

$$df(z_t) \le -\lambda f(z_t) dt + \left(\frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2\right) + G_t dA_t.$$

We will study the Lyapunov function

$$\mathcal{L}_t := f(z_t) - \int_0^t e^{-\lambda(t-s)} \left( \frac{L_N^2}{\epsilon} \|y_s - y_0\|_2^2 + L \|y_s - y_0\|_2 \right) ds - \int_0^t e^{-\lambda(t-s)} G_s dA_s.$$

By taking derivatives, we see that

$$\begin{aligned} d\mathcal{L}_t &\leq -\lambda f(z_t) dt + \left( \frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2 \right) dt + G_t dA_t \\ &+ \lambda \left( \int_0^t e^{-\lambda(t-s)} \left( \frac{L_N^2}{\epsilon} \|y_s - y_0\|_2^2 + L \|y_s - y_0\|_2 \right) ds \right) dt - \left( \frac{L_N^2}{\epsilon} \|y_t - y_0\|_2^2 + L \|y_t - y_0\|_2 \right) dt \\ &+ \lambda \left( \int_0^t e^{-\lambda(t-s)} G_s dA_s \right) dt - G_t dA_t \\ &= -\lambda \mathcal{L}_t dt \end{aligned}$$

We can then apply Gronwall's Lemma to  $\mathcal{L}_t$ , so that

$$\mathcal{L}_T \le e^{-\lambda T} \mathcal{L}_0,$$

which is equivalent to

$$f(z_T) - \int_0^T e^{-\lambda(T-s)} \left( \frac{L_N^2}{\epsilon} \|y_s - y_0\|_2^2 + L \|y_s - y_0\|_2 \right) ds - \int_0^T e^{-\lambda(t-s)} G_s dA_s \le e^{-\lambda T} f(z_0).$$

Observe that  $G_s$  is measurable wrt the natural filtration generated by  $A_s$ , so that  $\int_0^T e^{-\lambda(T-s)}G_s dA_s$  is a martingale. Thus taking expectations,

$$\mathbb{E}\left[f(z_T)\right] \le e^{-\lambda T} \mathbb{E}\left[f(z_0)\right] + \int_0^T \frac{L_N^2}{\epsilon} \mathbb{E}\left[\left\|y_s - y_0\right\|_2^2\right] + L \mathbb{E}\left[\left\|y_s - y_0\right\|_2\right] ds$$

By Lemma 11,  $\mathbb{E}\left[\|y_t - y_0\|_2^2\right] \le t^2 L^2 \mathbb{E}\left[\|y_0\|_2^2\right] + t\beta^2$ , so that

$$\int_{0}^{T} \frac{L_{N}^{2}}{\epsilon} \mathbb{E}\left[ \|y_{s} - y_{0}\|_{2}^{2} \right] ds \leq \frac{T^{3}L_{N}^{2}L^{2}}{\epsilon} \mathbb{E}\left[ \|y_{0}\|_{2}^{2} \right] + \frac{T^{2}L_{N}^{2}}{\epsilon}\beta^{2}$$
$$L\mathbb{E}\left[ \|y_{s} - y_{0}\|_{2} \right] \leq T^{2}L^{2}\sqrt{\mathbb{E}\left[ \|y_{0}\|_{2}^{2} \right]} + T^{3/2}L\beta$$

Furthermore, using our assumption in the Lemma statement that  $T \leq \min\left\{\frac{\epsilon^2}{\beta^2}, \frac{\epsilon}{6L\sqrt{R^2+\beta^2/m}}\right\}$  and  $\mathbb{E}\left[\|y_0\|_2^2\right] \leq 8(R^2+\beta^2/m)$ , we can verify that

$$\int_{0}^{T} \frac{L_{N}^{2}}{\epsilon} \mathbb{E}\left[\left\|y_{s} - y_{0}\right\|_{2}^{2}\right] ds \leq \frac{1}{4}TL_{N}^{2}\epsilon + TL_{N}^{2}\epsilon$$
$$L\mathbb{E}\left[\left\|y_{s} - y_{0}\right\|_{2}\right] \leq \frac{1}{2}TL\epsilon + TL\epsilon$$

Combining the above gives

$$\mathbb{E}\left[f(z_T)\right] \le e^{-\lambda T} \mathbb{E}\left[f(z_0)\right] + 3T \left(L + L_N^2\right) \epsilon$$

**Corollary 2** Let f be as defined in Lemma 18 with parameter  $\epsilon$  satisfying  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ .

Let  $\delta \leq \min\left\{\frac{\epsilon^2}{\beta^2}, \frac{\epsilon}{8L\sqrt{R^2+\beta^2/m}}\right\}$ , and let  $\bar{x}_t$  and  $\bar{y}_t$  have dynamics as defined in (3) and (2) respectively, and suppose that the initial conditions satisfy  $\mathbb{E}\left[\|\bar{x}_0\|_2^2\right] \leq R^2 + \beta^2/m$  and  $\mathbb{E}\left[\|\bar{y}_0\|_2^2\right] \leq R^2 + \beta^2/m$ . Then there exists a coupling between  $\bar{x}_t$  and  $\bar{y}_t$  such that

$$\mathbb{E}\left[f(\bar{x}_{i\delta} - \bar{y}_{i\delta})\right] \le e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_0 - \bar{y}_0)\right] + \frac{6}{\lambda} \left(L + L_N^2\right) \epsilon$$

# **Proof of Corollary 2**

From Lemma 7 and 8, our initial conditions imply that for all t,  $\mathbb{E}\left[\|\bar{x}_t\|_2^2\right] \leq 6\left(R^2 + \frac{\beta^2}{m}\right)$  and  $\mathbb{E}\left[\|\bar{y}_{k\delta}\|_2^2\right] \leq 8\left(R^2 + \frac{\beta^2}{m}\right)$ . Consider an arbitrary k, and for  $t \in [k\delta, (k+1)\delta)$ , define

$$x_t := \bar{x}_{k\delta+t}$$
 and  $y_t := \bar{y}_{k\delta+t}$ 

Under this definition,  $x_t$  and  $y_t$  have dynamics described in (20) and (21). Thus the coupling in (22), which describes a coupling between  $x_t$  and  $y_t$ , equivalently describes a coupling between  $\bar{x}_t$  and  $\bar{y}_t$  over  $t \in [k\delta, (k+1)\delta)$ .

We now apply Lemma 1. Given our assumed bound on  $\delta$  and our proven bounds on  $\mathbb{E}\left[\|\bar{x}_t\|_2^2\right]$  and  $\mathbb{E}\left[\|\bar{y}_t\|_2^2\right]$ ,

$$\mathbb{E}\left[f(\bar{x}_{(k+1)\delta} - \bar{y}_{(k+1)\delta})\right]$$
  
= $\mathbb{E}\left[f(x_{\delta} - y_{\delta})\right]$   
 $\leq e^{-\lambda\delta}\mathbb{E}\left[f(x_{0} - y_{0})\right] + 6\delta(L + L_{N}^{2})\epsilon$   
= $e^{-\lambda\delta}\mathbb{E}\left[f(\bar{x}_{k\delta} - \bar{y}_{k\delta})\right] + 6\delta(L + L_{N}^{2})\epsilon$ 

Applying the above recursively gives, for any *i* 

$$\mathbb{E}\left[f(\bar{x}_{i\delta} - \bar{y}_{i\delta})\right] \le e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_0 - \bar{y}_0)\right] + \frac{6}{\lambda} \left(L + L_N^2\right) \epsilon$$

For ease of reference, we re-state Theorem 1 below as Theorem 3 below. We make a minor notational change: using the letters  $\bar{x}_t$  and  $\bar{y}_t$  in Theorem 3, instead of the letters  $x_t$  and  $y_t$  in Theorem 1. This is to avoid some notation conflicts in the proof.

**Theorem 3 (Equivalent to Theorem 1)** Let  $\bar{x}_t$  and  $\bar{y}_t$  have dynamics as defined in (3) and (2) respectively, and suppose that the initial conditions satisfy  $\mathbb{E}\left[\|\bar{x}_0\|_2^2\right] \leq R^2 + \beta^2/m$  and  $\mathbb{E}\left[\|\bar{y}_0\|_2^2\right] \leq R^2 + \beta^2/m$ . Let  $\hat{\epsilon}$  be a target accuracy

satisfying 
$$\hat{\epsilon} \leq \left(\frac{16(L+L_N^2)}{\lambda}\right) \cdot \exp\left(7\alpha_q \mathcal{R}_q/3\right) \cdot \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$$
. Let  $\delta$  be a step size satisfying  

$$\delta \leq \min \begin{cases} \frac{\lambda^2 \hat{\epsilon}^2}{512\beta^2 \left(L^2 + L_N^4\right) \exp\left(\frac{14\alpha_q \mathcal{R}_q^2}{3}\right)} \\ \frac{2\lambda \hat{\epsilon}}{(L^2 + L_N^4) \exp\left(\frac{7\alpha_q \mathcal{R}_q^2}{3}\right) \sqrt{R^2 + \beta^2/m}} \end{cases}.$$

If we assume that  $\bar{x}_0 = \bar{y}_0$ , then there exists a coupling between  $\bar{x}_t$  and  $\bar{y}_t$  such that for any k,

$$\mathbb{E}\left[\left\|\bar{x}_{k\delta} - \bar{y}_{k\delta}\right\|_{2}\right] \le \hat{\epsilon}$$

Alternatively, if we assume  $k \geq \frac{3\alpha_q \mathcal{R}_q^2}{\delta} \log \frac{R^2 + \beta^2/m}{\hat{\epsilon}}$ , then

$$W_1(p^*, p_{k\delta}^y) \le 2\hat{\epsilon}$$

where  $p_t^y := \mathsf{Law}(\bar{y}_t)$ .

#### Proof of Theorem 3

Let  $\epsilon := \frac{\lambda}{16(L+L_N^2)} \exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right) \hat{\epsilon}$ . Let f be defined as in Lemma 18 with the parameter  $\epsilon$ .

$$\mathbb{E}\left[\|\bar{x}_{i\delta} - \bar{y}_{i\delta}\|_{2}\right] \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \mathbb{E}\left[f(\bar{x}_{i\delta} - \bar{y}_{i\delta})\right] + 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \epsilon \\ \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{y}_{0})\right] + \frac{6}{\lambda} \left(L + L_{N}^{2}\right) \epsilon\right) + 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \epsilon \\ \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{y}_{0})\right] + \frac{16\left(L + L_{N}^{2}\right)}{\lambda} \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \cdot \epsilon \tag{26}$$

$$= 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{y}_{0})\right] + \hat{\epsilon}$$

where the first inequality is by item 4 of Lemma 18, the second inequality is by Corollary 2 (notice that  $\delta$  satisfies the requirement on T in Theorem 1, for the given  $\epsilon$ ). The third inequality uses the fact that  $1 \le L/m \le \frac{(L+L_N^2)}{\lambda}$ .

The first claim follows from substituting  $\bar{x}_0 = \bar{y}_0$  into (26), so that the first term is 0, and using the definition of  $\epsilon$ , so that the second term is 0.

For the second claim, let  $\bar{x}_0 \sim p^*$ , the invariant distribution of (3). From Lemma 7, we know that  $\bar{x}_0$  satisfies the required initial conditions in this Lemma. Continuing from (26),

$$\mathbb{E}\left[\|x_{i\delta} - \bar{y}_{i\delta}\|_{2}\right]$$

$$\leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(2e^{-\lambda i\delta}\mathbb{E}\left[\|\bar{x}_{0}\|_{2}^{2} + \|\bar{y}_{0}\|_{2}^{2}\right] + \frac{6}{\lambda}\left(L + L_{N}^{2}\right)\epsilon\right) + \epsilon$$

$$\leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(2e^{-\lambda i\delta}\left(R^{2} + \beta^{2}/m\right)\right) + \frac{16}{\lambda}\exp\left(2\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)\left(L + L_{N}^{2}\right)\epsilon$$

$$= 4 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(e^{-\lambda i\delta}\left(R^{2} + \beta^{2}/m\right)\right) + \hat{\epsilon}$$

By our assumption that  $i \ge \frac{1}{\delta} \cdot 3\alpha_q \mathcal{R}_q^2 \log \frac{R^2 + \beta^2/m}{\hat{\epsilon}}$ , the first term is also bounded by  $\hat{\epsilon}$ , and this proves our second claim.

#### A.5. Simulating the SDE

One can verify that the SDE in (2) can be simulated (at discrete time intervals) as follows:

$$y_{(k+1)\delta} = y_{k\delta} - \delta \nabla U(y_{k\delta}) + \sqrt{\delta M(y_{k\delta})}\theta_k$$

Where  $\theta_k \sim \mathcal{N}(0, I)$ . This however requires access to  $M(y_{k,\delta})$ , which may be difficult to compute.

If for any y, one is able to draw samples from some distribution  $p_y$  such that

1.  $\mathbb{E}_{\xi \sim p_{y}}[\xi] = 0$ 

2. 
$$\mathbb{E}_{\xi \sim p_y} \left[ \xi \xi^T \right] = M(y)$$

3.  $\|\xi\|_2 \leq \beta$  almost surely, for some  $\beta$ .

then one might sample a noise that is  $\delta$  close to  $M(y_{k\delta})\theta_k$  through Theorem 5.

Specifically, if one draws n samples  $\xi_1 \dots \xi_n \stackrel{iid}{\sim} p_y$ , and let  $S_n := \frac{1}{\sqrt{n}} \sum_{i=1}^n \xi_i$ , Theorem 5 guarantees that  $W_2(S_n, M(y)\theta) \leq \frac{6\sqrt{d}\beta\sqrt{\log n}}{\sqrt{n}}$ . We remark that the proof of Theorem 1 can be modified to accommodate for this sampling error. The number of samples needed to achieve  $\epsilon$  accuracy will be on the order of  $n \cong O(\delta\epsilon)^{-2} = O(\epsilon^{-6})$ .

# B. Proofs for Convergence under Non-Gaussian Noise (Theorem 2)

#### **B.1. Proof Overview**

The main proof of Theorem 2 is contained in Appendix B.4.

Here, we outline the steps of our proof:

- 1. In Appendix B.2, we construct a coupling between (3) and (1) over an epoch which consists of an interval  $[k\delta, (k+n)\delta)$  for some k. The coupling in (B.2) consists of four processes  $(x_t, y_t, v_t, w_t)$ , where  $y_t$  and  $v_t$  are auxiliary processes used in defining the coupling. Notably, the process  $(x_t, y_t)$  has the same distribution over the epoch as (22).
- 2. In Appendix B.3, we prove Lemma 3 and Lemma 4, which, combined with Lemma 1 from Appendix A.3, show that under the coupling constructed in Step 1, a Lyapunov function  $f(x_T w_T)$  contracts exponentially with rate  $\lambda$ , plus a discretization error term. In Corollary 5, we apply the results of Lemma 1, Lemma 3 and Lemma 4 recursively over multiple steps to give a bound on  $f(x_{k\delta} w_{k\delta})$  for all k, and for sufficiently small  $\delta$ .
- 3. Finally, in Appendix B.4, we prove Theorem 2 by applying the results of Corollary 5, together with the fact that f(z) upper bounds  $||z||_2$  up to a constant.

# **B.2.** Constructing a Coupling

In this subsection, we construct a coupling between (1) and (3), given arbitrary initialization  $(x_0, w_0)$ . We will consider a finite time  $T = n\delta$ , which we will refer to as an *epoch*.

- 1. Let  $V_t$  and  $W_t$  be two independent Brownian motion.
- 2. Using  $V_t$  and  $W_t$ , define

$$x_t = x_0 + \int_0^t -\nabla U(x_s)ds + \int_0^t c_m dV_s + \int_0^t N(w_0)dW_s$$
(27)

3. Using the same  $V_t$  and  $W_t$  in (27), we will define  $y_t$  as

$$y_t = w_0 + \int_0^t -\nabla U(w_0)ds + \int_0^t c_m (I - 2\gamma_s \gamma_s^t) dV_s + \int_0^T N(x_s) dW_s$$
(28)

Where  $\gamma_t := \frac{x_t - y_t}{\|x_t - y_t\|_2} \cdot \mathbb{1}\{\|x_t - y_t\|_2 \in [2\epsilon, \mathcal{R}_q)\}$ . The coupling  $(x_t, y_t)$  defined in (27) and (28) is identical to the coupling in (22) (with  $y_0 = w_0$ ).

4. We now define a process  $v_{k\delta}$  for k = 0...n:

$$v_{k\delta} = w_0 + \sum_{i=0}^{k-1} -\delta \nabla U(w_0) + \sqrt{\delta} \sum_{i=0}^{k-1} \xi(w_0, \eta_i)$$
(29)

where marginally, the variables  $(\eta_0 \dots \eta_{n-1})$  are drawn *i.i.d* from the same distribution as in (1).

Notice that  $y_T - w_0 - T\nabla U(w_0) = \int_0^T c_m dB_t + \int_0^T N(w_0) dW_t$ , so that  $\mathsf{Law}(y_T - w_0 - T\nabla U(w_0)) = \mathcal{N}(0, TM(w_0)^2)$ . Notice also that  $v_T - w_0 - T\nabla U(w_0) = \sqrt{\delta} \sum_{i=0}^{n-1} \xi(w_0, \eta_i)$ . By Corollary 24,  $W_2(y_T - w_0 - T\nabla U(w_0)) = 6\sqrt{d\delta}\beta\sqrt{\log n}$ . Let the joint distribution between (29) and (28) be the one induced by the optimal coupling between  $y_T - w_0 - T\nabla U(w_0)$  and  $v_T - w_0 - T\nabla U(w_0)$ , so that

$$\sqrt{\mathbb{E}\left[\left\|y_{T} - v_{T}\right\|_{2}^{2}\right]} = \sqrt{\mathbb{E}\left[\left\|y_{T} - T\nabla U(w_{0}) - v_{T} + T\nabla U(w_{0})\right\|_{2}^{2}\right]} = W_{2}(y_{T} - w_{0} - T\nabla U(w_{0}), v_{T} - w_{0} - T\nabla U(w_{0})) \le 6\sqrt{d\delta}\beta\sqrt{\log n}$$
(30)

where the last inequality is by Corollary 24.

5. Given the sequence  $(\eta_0 \dots \eta_{n-1})$  from (29), we can define

$$w_{k\delta} = w_0 + \sum_{i=0}^{k-1} -\delta \nabla U(w_{i\delta}) + \sqrt{\delta} \sum_{i=0}^{k-1} \xi(w_{i\delta}, \eta_i)$$
(31)

specifically,  $(w_0...w_{n\delta})$  in (31) and  $(v_0...v_{n\delta})$  in (29) are coupled through the shared  $(\eta_0...\eta_{n-1})$  variables.

For convenience, we will let  $v_t := v_{i\delta}$  and  $w_t := w_{i\delta}$ , where *i* is the unique integer satisfying  $t \in [i\delta, (i+1)\delta)$ .

We can verify that, marginally, the process  $x_t$  in (27) has the same distribution as (3), using the proof as Lemma 6. It is also straightforward to verify that  $w_{k\delta}$ , as defined in (31), has the same marginal distribution as (1), due to the definition of  $\eta_i$  in (29).

## **B.3.** One Epoch Contraction

In Lemma 3, we prove a discretization error bound between  $f(x_T - y_T)$  and  $f(x_T - v_T)$ , for the coupling defined in (27), (28) and (29).

In Lemma 4, we prove a discretization error bound between  $f(x_T - v_T)$  and  $f(x_T - w_T)$ , for the coupling defined in (27), (29) and (31).

**Lemma 3** Let f be as defined in Lemma 18 with parameter  $\epsilon$  satisfying  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ . Let  $x_t$ ,  $y_t$  and  $v_t$  be as defined in (27), (28), (29). Let n be any integer and  $\delta$  be any step size, and let  $T := n\delta$ .

$$If \mathbb{E}\left[\|x_0\|_2^2\right] \le 8\left(R^2 + \beta^2/m\right), \mathbb{E}\left[\|y_0\|_2^2\right] \le 8\left(R^2 + \beta^2/m\right) \text{ and } T \le \min\left\{\frac{1}{16L}, \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}\right\} \text{ and}$$
$$\delta \le \min\left\{\frac{T\epsilon^2 L}{36d\beta^2 \log\left(\frac{36d\beta^2}{\epsilon^2 L}\right)}, \frac{T\epsilon^4 L^2}{2^{14}d\beta^4 \log\left(\frac{2^{14}d\beta^4}{\epsilon^4 L^2}\right)}\right\}$$

Then

$$\mathbb{E}\left[f(x_T - v_T)\right] - \mathbb{E}\left[f(x_T - y_T)\right] \le 4TL\epsilon$$

### Proof

By Taylor's Theorem,

$$\mathbb{E} \left[ f(x_{T} - v_{T}) \right] = \mathbb{E} \left[ f(x_{T} - y_{T}) + \langle \nabla f(x_{T} - y_{T}), y_{T} - v_{T} \rangle + \int_{0}^{1} \int_{0}^{s} \langle \nabla^{2} f(x_{T} - y_{T} + s(y_{T} - v_{T})), (y_{T} - v_{T})(y_{T} - v_{T})^{T} \rangle \, ds dt \right] \\ = \mathbb{E} \left[ f(x_{T} - y_{T}) + \underbrace{\langle \nabla f(x_{0} - y_{0}), y_{T} - v_{T} \rangle}_{(1)} + \underbrace{\langle \nabla f(x_{T} - y_{T}) - \nabla f(x_{0} - y_{0}), y_{T} - v_{T} \rangle}_{(2)} \right] \\ + \mathbb{E} \left[ \underbrace{\int_{0}^{1} \int_{0}^{s} \langle \nabla^{2} f(x_{T} - y_{T} + s(y_{T} - v_{T})), (y_{T} - v_{T})(y_{T} - v_{T})^{T} \rangle \, ds dt}_{(3)} \right]$$

We will bound each of the terms above separately.

$$\mathbb{E}\left[\left(\mathbf{1}\right)\right]$$

$$=\mathbb{E}\left[\left\langle\nabla f(x_{0}-y_{0}), y_{T}-v_{T}\right\rangle\right]$$

$$=\mathbb{E}\left[\left\langle\nabla f(x_{0}-y_{0}), n\delta\nabla U(y_{0})-n\delta\nabla U(v_{0})+\int_{0}^{T}-\nabla U(w_{0})dt+\int_{0}^{T}c_{m}dV_{t}+\int_{0}^{T}N(w_{0})dW_{t}+\sum_{i=0}^{n-1}\sqrt{\delta}\xi(v_{0},\eta_{i})\right\rangle\right]$$

$$=\mathbb{E}\left[\left\langle\nabla f(x_{0}-y_{0}), n\delta\nabla U(y_{0})-n\delta\nabla U(v_{0})\right\rangle\right]$$

$$=0$$

where the third equality is because  $\int_0^T dB_t$ ,  $\int_0^T dW_t$  and  $\sum_{k=1}^T \xi(v_0, \eta_i)$  have zero mean conditioned on the information at time 0, and the fourth equality is because  $y_0 = v_0$  by definition in (28) and (29).

$$\mathbb{E}\left[\left(\widehat{2}\right)\right]$$

$$=\mathbb{E}\left[\left\langle\nabla f(x_{T}-y_{T})-\nabla f(x_{0}-y_{0}),y_{T}-v_{T}\right\rangle\right]$$

$$\leq\sqrt{\mathbb{E}\left[\left\|\nabla f(x_{T}-y_{T})-\nabla f(x_{0}-y_{0})\right\|_{2}^{2}\right]}\sqrt{\mathbb{E}\left[\left\|y_{T}-v_{T}\right\|_{2}^{2}\right]}$$

$$\leq\frac{2}{\epsilon}\sqrt{2\mathbb{E}\left[\left\|x_{T}-x_{0}\right\|_{2}^{2}+\left\|y_{T}-y_{0}\right\|_{2}^{2}\right]}\sqrt{\mathbb{E}\left[\left\|y_{T}-v_{T}\right\|_{2}^{2}\right]}$$

$$\leq\frac{2}{\epsilon}\sqrt{(32T\beta^{2}+4T\beta^{2})}\cdot\left(6\sqrt{d\delta}\beta\log n\right)$$

$$\leq\frac{128}{\epsilon}\sqrt{T}\beta^{2}\cdot\left(\sqrt{d\delta}\log n\right)$$

Where the second inequality is by  $\|\nabla^2 f\|_2 \leq \frac{2}{\epsilon}$  from item 2(c) of Lemma 18 and Young's inequality. The third inequality is by Lemma 10 and Lemma 11 and (30).

Finally, we can bound

$$\mathbb{E}\left[\overline{\mathfrak{S}}\right]$$

$$\leq \int_{0}^{1} \int_{0}^{s} \mathbb{E}\left[\left\|\nabla^{2} f(x_{T} - y_{T} + s(y_{T} - v_{T}))\right\|_{2} \|y_{T} - v_{T}\|_{2}^{2}\right] ds dt$$

$$\leq \frac{2}{\epsilon} \mathbb{E}\left[\left\|y_{T} - v_{T}\right\|_{2}^{2}\right]$$

$$\leq \frac{72d\delta\beta^{2}\log^{2}n}{\epsilon}$$

Where the second inequality is by  $\|\nabla^2 f\|_2 \leq \frac{2}{\epsilon}$  from item 2(c) of Lemma 18, the third inequality is by (30). Summing these 3 terms,

$$\mathbb{E}\left[f(x_T - v_T) - f(x_T - y_T)\right]$$

$$\leq \frac{128}{\epsilon}\sqrt{T}\beta^2 \cdot \left(\sqrt{d\delta}\sqrt{\log n}\right) + \frac{36d\delta\beta^2\log n}{\epsilon}$$

$$= \frac{128}{\epsilon}\sqrt{T}\beta^2 \cdot \left(\sqrt{d\delta}\sqrt{\log \frac{T}{\delta}}\right) + \frac{36d\delta\beta^2\log \frac{T}{\delta}}{\epsilon}$$

Let us bound the first term. We apply Lemma 25 (with  $x = \frac{T}{\delta}$  and  $c = \frac{\epsilon^4}{2^{14}d\beta^4}$ ), which shows that

$$\frac{T}{\delta} \geq \frac{2^{14}d\beta^4}{\epsilon^4}\log\left(\frac{2^{14}d\beta^4}{\epsilon^4L^2}\right) \quad \Rightarrow \quad \frac{T}{\delta}\frac{1}{\log\frac{T}{\delta}} \geq \frac{2^{14}d\beta^4}{\epsilon^4L^2} \quad \Leftrightarrow \quad \frac{128}{\epsilon}\sqrt{T}\beta^2 \cdot \left(\sqrt{d\delta}\log\frac{T}{\delta}\right) \leq TL\epsilon$$

For the second term, we can again apply Lemma 25 ( $x = \frac{T}{\delta}$  and  $c = \frac{\epsilon^2 L}{36 d\beta^2}$ ), which shows that

$$\frac{T}{\delta} \ge \frac{36d\beta^2}{\epsilon^2 L} \log\left(\frac{36d\beta^2}{\epsilon^2 L}\right) \quad \Rightarrow \quad \frac{T}{\delta} \frac{1}{\log \frac{T}{\delta}} \ge \frac{36d\beta^2}{\epsilon^2 L} \quad \Rightarrow \quad \frac{36d\delta\beta^2 \log \frac{T}{\delta}}{\epsilon} \le TL\epsilon$$

The above imply that

$$\mathbb{E}\left[f(x_T - v_T) - f(x_T - y_T)\right] \le 2TL\epsilon$$

**Lemma 4** Let f be as defined in Lemma 18 with parameter  $\epsilon$  satisfying  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ . Let  $x_t$ ,  $v_t$  and  $w_t$  be as defined in (27), (29), (31). Let n be an integer and  $\delta$  be a step size, and let  $T := n\delta$ .

If we assume that  $\mathbb{E}\left[\|x_0\|_2^2\right]$ ,  $\mathbb{E}\left[\|v_0\|_2^2\right]$ , and  $\mathbb{E}\left[\|w_0\|_2^2\right]$  are each upper bounded by  $8(R^2 + \beta^2/m)$  and that  $T \leq \min\left\{\frac{1}{16L}, \frac{\epsilon}{32\sqrt{L\beta}}, \frac{\epsilon^2}{128\beta^2}, \frac{\epsilon^4L_N^2}{2^{14}\beta^2c_m^2}\right\}$ , then

$$\mathbb{E}\left[f(x_T - w_T)\right] - \mathbb{E}\left[f(x_T - v_T)\right] \le 4T(L + L_N^2)\epsilon$$

**Remark 9** For sufficiently small  $\epsilon$ , our assumption on T boils down to  $T = o(\epsilon^4)$ 

#### Proof

First, we can verify using Taylor's theorem that for any x, y,

$$f(y) = f(x) + \langle \nabla f(x), y - x \rangle + \int_0^1 \int_0^s \langle \nabla^2 f(x + s(y - x)), (y - x)(y - x)^T \rangle \, ds dt \tag{32}$$

$$\nabla f(y) = \nabla f(x) + \left\langle \nabla^2 f(x), y - x \right\rangle + \int_0^1 \int_0^s \left\langle \nabla^3 f(x + s(y - x)), (y - x)(y - x)^T \right\rangle ds dt$$
(33)

Thus

$$\begin{split} & \mathbb{E}\left[f(x_{T}-w_{T})\right] \\ = & \mathbb{E}\left[f(x_{T}-v_{T}) + \left\langle \nabla f(x_{T}-v_{T}), v_{T}-w_{T}\right\rangle + \int_{0}^{1} \int_{0}^{s} \left\langle \nabla^{2} f(x_{T}-v_{T}+s(v_{T}-w_{T})), (v_{T}-w_{T})(v_{T}-w_{T})^{T}\right\rangle ds dt\right] \\ = & \mathbb{E}\left[f(x_{T}-v_{T}) + \underbrace{\left\langle \nabla f(x_{0}-v_{0}), v_{T}-w_{T}\right\rangle}_{(1)} + \underbrace{\left\langle \nabla f(x_{T}-v_{T}) - \nabla f(x_{0}-v_{0}), v_{T}-w_{T}\right\rangle}_{(2)}\right] \\ & + \mathbb{E}\left[\underbrace{\int_{0}^{1} \int_{0}^{s} \left\langle \nabla^{2} f(x_{T}-v_{T}+s(v_{T}-w_{T})), (v_{T}-w_{T})(v_{T}-w_{T})^{T}\right\rangle ds dt}_{(3)}\right] \end{split}$$

Recall from (29) and (31) that

$$v_{n\delta} = w_0 + \sum_{i=0}^{n-1} \delta \nabla U(w_0) + \sqrt{\delta} \sum_{i=0}^{n-1} \xi(w_0, \eta_i)$$
$$w_{n\delta} = w_0 + \sum_{i=0}^{n-1} \delta \nabla U(w_{i\delta}) + \sqrt{\delta} \sum_{i=0}^{n-1} \xi(w_{i\delta}, \eta_i)$$

Note that conditioned on the randomness up to time 0,  $\mathbb{E}\left[\sum_{i=0}^{n-1} \xi(w_0, \eta_i)\right] = \mathbb{E}\left[\sum_{i=0}^{n-1} \xi(w_{i\delta}, \eta_i)\right] = 0$ , so that

$$\begin{split} & \mathbb{E}\left[\left(\mathbf{I}\right)\right] \\ = & \mathbb{E}\left[\left\langle \nabla f(x_0 - v_0), v_T - w_T\right\rangle\right] \\ = & \delta \mathbb{E}\left[\left\langle \nabla f(x_0 - v_0), \sum_{i=0}^{n-1} \nabla U(w_0) - \nabla U(w_{i\delta})\right\rangle\right] + \sqrt{\delta} \mathbb{E}\left[\left\langle \nabla f(x_0 - v_0), \sum_{i=0}^{n-1} \xi(w_0, \eta_i) - \sum_{i=0}^{n-1} \xi(w_{i\delta}, \eta_i)\right\rangle\right] \\ = & \delta \mathbb{E}\left[\left\langle \nabla f(x_0 - v_0), \sum_{i=0}^{n-1} \nabla U(w_0) - \nabla U(w_{i\delta})\right\rangle\right] \\ \leq & \delta \sum_{i=0}^{n-1} L \mathbb{E}\left[\|w_0 - w_{i\delta}\|_2\right] \\ \leq & TL\sqrt{32T\beta^2} \leq 8T^{3/2}L\beta \end{split}$$

where the third equality is because  $\xi(\cdot, \eta_i)$  has 0 mean conditioned on the randomness at time 0, and the second inequality is by Lemma 13.

Next,

$$\begin{split} & \mathbb{E}\left[\textcircled{2}\right] \\ =& \mathbb{E}\left[\left\langle \nabla f(x_T - v_T) - \nabla f(x_0 - v_0), v_T - w_T\right\rangle\right] \\ \leq & \mathbb{E}\left[\left\|\nabla f(x_T - v_T) - \nabla f(x_0 - v_0)\right\|_2 \|v_T - w_T\|\right] \\ \leq & \frac{4}{\epsilon} \sqrt{\mathbb{E}\left[\left\|x_T - x_0\right\|_2^2 + \|v_T - v_0\|_2^2\right]} \cdot \sqrt{\mathbb{E}\left[\left\|v_T - w_T\right\|_2^2\right]} \\ \leq & \frac{4}{\epsilon} \sqrt{16T\beta^2 + 2T\beta^2} \cdot \sqrt{32\left(T^2L^2 + TL_\xi^2\right)T\beta^2} \\ \leq & \frac{128}{\epsilon}T\beta^2\left(\sqrt{T}L_\xi + TL\right) \end{split}$$

where the second inequality is because  $\|\nabla^2 f\|_2 \leq \frac{2}{\epsilon}$  from item 2(c) of Lemma 18 and by Young's inequality. The third inequality is by Lemma 10, Lemma 12 and Lemma 14.

Finally,

$$\mathbb{E}\left[\widehat{\mathfrak{3}}\right]$$

$$=\mathbb{E}\left[\int_{0}^{1}\int_{0}^{s}\left\langle \nabla^{2}f(x_{T}-v_{T}+s(v_{T}-w_{T})),(v_{T}-w_{T})(v_{T}-w_{T})^{T}\right\rangle dsdt\right]$$

$$\leq\int_{0}^{1}\int_{0}^{s}\mathbb{E}\left[\left\|\nabla^{2}f(x_{T}-v_{T}+s(v_{T}-w_{T}))\right\|_{2}\left\|v_{T}-w_{T}\right\|_{2}^{2}\right] ds$$

$$\leq\frac{1}{\epsilon}\mathbb{E}\left[\left\|v_{T}-w_{T}\right\|_{2}^{2}\right]$$

$$\leq\frac{32}{\epsilon}\left(T^{2}L^{2}+TL_{\xi}^{2}\right)T\beta^{2}$$

wehere the second inequality is because  $\|\nabla^2 f\|_2 \leq \frac{2}{\epsilon}$  from item 2(c) of Lemma 18 and by Young's inequality. The third inequality is by Lemma 14.

Summing the above,

$$\mathbb{E}\left[f(x_T - w_T) - f(x_T - v_T)\right]$$
  
$$\leq 8T^{3/2}L\beta + \frac{128}{\epsilon}T\beta^2\left(\sqrt{T}L_{\xi} + TL\right) + \frac{32}{\epsilon}\left(T^2L^2 + TL_{\xi}^2\right)T\beta^2$$
  
$$\leq T^{3/2}\epsilon$$

where the last inequality is by our assumption on T, specifically,

$$\begin{split} T &\leq \frac{\epsilon^2}{128\beta^2} \Rightarrow T^{3/2}L\beta \leq TL\epsilon \\ T &\leq \frac{\epsilon^2}{128\beta^2} \Rightarrow \frac{128}{\epsilon}T^2L\beta^2 \leq TL\epsilon \\ T &\leq \frac{\epsilon}{32\sqrt{L}\beta} \Rightarrow \frac{32}{\epsilon}(T^3L^2\beta^2) \leq TL\epsilon \\ T &\leq \frac{\epsilon^4L_N^2}{2^{14}\beta^2c_m^2} \Rightarrow \frac{128}{\epsilon}T^{3/2}\beta^2L_{\xi} \leq TL_N^2\epsilon \\ T &\leq \frac{\epsilon^2}{128\beta^2} \Rightarrow T \leq \frac{\epsilon^2}{128c_m^2} \Rightarrow \frac{32}{\epsilon}T^2L_{\xi}^2\beta^2 \leq TL_N^2\epsilon \end{split}$$

where the last line uses the fact that  $\beta \geq c_m^2$ .

**Corollary 5** Let f be as defined in Lemma 18 with parameter  $\epsilon$  satisfying  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ . Let  $T = \min\left\{\frac{1}{16L}, \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}, \frac{\epsilon}{32\sqrt{L\beta}}, \frac{\epsilon^2}{128\beta^2}, \frac{\epsilon^4 L_N^2}{2^{14}\beta^2 c_m^2}\right\}$  and let  $\delta \leq \min\left\{\frac{T\epsilon^2 L}{36d\beta^2 \log\left(\frac{36d\beta^2}{\epsilon^2 L}\right)}, \frac{T\epsilon^4 L^2}{2^{14}d\beta^4 \log\left(\frac{2^{14}d\beta^4}{\epsilon^4 L^2}\right)}\right\}$ , assume additionally that  $n = T/\delta$  is an integer. Let  $\bar{x}_t$  and  $\bar{w}_t$  have dynamics as defined in (3) and (2) respectively, and suppose that the initial conditions satisfy  $\mathbb{E}\left[\|\bar{x}_0\|_2^2\right] \leq 1$ 

$$R^2 + \beta^2/m$$
 and  $\mathbb{E}\left[\|\bar{w}_0\|_2^2\right] \leq R^2 + \beta^2/m$ . Then there exists a coupling between  $\bar{x}_t$  and  $\bar{w}_t$  such that

$$\mathbb{E}\left[f(\bar{x}_{i\delta} - \bar{w}_{i\delta})\right] \le e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_0 - \bar{w}_0)\right] + \frac{6}{\lambda} \left(L + L_N^2\right) \epsilon$$

#### Proof

From Lemma 7 and 9, our initial conditions imply that for all t,  $\mathbb{E}\left[\|\bar{x}_t\|_2^2\right] \le 6\left(R^2 + \frac{\beta^2}{m}\right)$  and  $\mathbb{E}\left[\|\bar{w}_{k\delta}\|_2^2\right] \le 8\left(R^2 + \frac{\beta^2}{m}\right)$ . Consider an arbitrary k, and for  $t \in [0, T)$ , define

$$x_t := \bar{x}_{kT+t} \quad \text{and} \quad w_t := \bar{w}_{kT+t} \tag{34}$$

Notice that as described above,  $x_t$  and  $w_t$  have dynamics described in (3) and (1). Let  $x_t, w_t$  have joint distribution as described in (27) and (31), and let  $(y_t, v_t)$  be the processes defined in (28) and (29). Notice that the joint distribution between  $x_t$  and  $w_t$  equivalently describes a coupling between  $\bar{x}_t$  and  $\bar{w}_t$  over  $t \in [kT, (k+1)T)$ .

First, notice that the processes (27) and (28) have the same distribution as (22). We can thus apply Lemma 1:

$$\mathbb{E}\left[f(x_T - y_T)\right] \le e^{-\lambda T} \mathbb{E}\left[f(x_0 - y_0)\right] + 6T(L + L_N^2)\epsilon$$

By Lemma 3,

$$\mathbb{E}\left[f(x_T - v_T)\right] - \mathbb{E}\left[f(x_T - y_T)\right] \le 4TLe$$

By Lemma 4,

$$\mathbb{E}\left[f(x_T - w_T)\right] - \mathbb{E}\left[f(x_T - v_T)\right] \le 4T(L + L_N^2)\epsilon$$

Summing the above three equations,

$$\mathbb{E}\left[f(x_T - w_T)\right] \le e^{-\lambda\delta} \mathbb{E}\left[f(x_0 - w_0)\right] + 14T(L + L_N^2)$$

Where we use the fact that  $y_0 = w_0$  by construction in (28).

Recalling (34), this is equivalent to

$$\mathbb{E}\left[f(\bar{x}_{(k+1)T} - \bar{w}_{(k+1)T})\right] \le e^{-\lambda\delta} \mathbb{E}\left[f(\bar{x}_{kT} - \bar{w}_{kT})\right] + 14T(L + L_N^2)$$

Applying the above recursively gives, for any *i* 

$$\mathbb{E}\left[f(\bar{x}_{iT} - \bar{w}_{iT})\right] \le e^{-\lambda i T} \mathbb{E}\left[f(\bar{x}_0 - \bar{w}_0)\right] + \frac{14}{\lambda} \left(L + L_N^2\right) \epsilon$$

### B.4. Proof of Theorem 2

For ease of reference, we re-state Theorem 2 below as Theorem 4 below. We make a minor notational change: using the letters  $\bar{x}_t$  and  $\bar{y}_t$  in Theorem 4, instead of the letters  $x_t$  and  $y_t$  in Theorem 2. This is to avoid some notation conflicts in the proof.

**Theorem 4 (Equivalent to Theorem 2)** Let  $\bar{x}_t$  and  $w_t$  have dynamics as defined in (3) and (1) respectively, and suppose that the initial conditions satisfy  $\mathbb{E}\left[\|\bar{x}_0\|_2^2\right] \leq R^2 + \beta^2/m$  and  $\mathbb{E}\left[\|\bar{w}_0\|_2^2\right] \leq R^2 + \beta^2/m$ . Let  $\hat{\epsilon}$  be a target accuracy satisfying  $\hat{\epsilon} \leq \left(\frac{16(L+L_N^2)}{\lambda}\right) \cdot \exp(7\alpha_q \mathcal{R}_q/3) \cdot \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^{2}+1}$ . Let  $\epsilon := \frac{\lambda}{16(L+L_N^2)} \exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)\hat{\epsilon}$ . Let  $T := \min\left\{\frac{1}{16L}, \frac{\beta^2}{8L^2(R^2+\beta^2/m)}, \frac{\epsilon}{32\sqrt{L}\beta}, \frac{\epsilon^2}{128\beta^2}, \frac{\epsilon^4 L_N^2}{2^{14}\beta^2 c_m^2}\right\}$  and let  $\delta$  be a step size satisfying

$$\delta \le \min\left\{\frac{T\epsilon^2 L}{36d\beta^2 \log\left(\frac{36d\beta^2}{\epsilon^2 L}\right)}, \frac{T\epsilon^4 L^2}{2^{14} d\beta^4 \log\left(\frac{2^{14} d\beta^4}{\epsilon^4 L^2}\right)}\right\}$$

If we assume that  $\bar{x}_0 = \bar{w}_0$ , then there exists a coupling between  $\bar{x}_t$  and  $\bar{w}_t$  such that for any k,

$$\mathbb{E}\left[\|\bar{x}_{k\delta} - \bar{w}_{k\delta}\|_2\right] \le \hat{\epsilon}$$

Alternatively, if we assume that  $k \geq \frac{3\alpha_q \mathcal{R}_q^2}{\delta} \cdot \log \frac{R^2 + \beta^2/m}{\hat{\epsilon}}$ , then

$$W_1(p^*, p_{k\delta}^w) \le 2\hat{\epsilon},$$

where  $p_t^w := \mathsf{Law}(\bar{w}_t)$ .

## **Proof of Theorem 4**

Let f be defined as in Lemma 18 with parameter  $\epsilon$ .

$$\mathbb{E}\left[\|\bar{x}_{i\delta} - \bar{w}_{i\delta}\|_{2}\right] \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \mathbb{E}\left[f(\bar{x}_{i\delta} - \bar{w}_{i\delta})\right] + 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \epsilon \\ \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{w}_{0})\right] + \frac{6}{\lambda} \left(L + L_{N}^{2}\right) \epsilon\right) + 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \epsilon \\ \leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{w}_{0})\right] + \frac{16\left(L + L_{N}^{2}\right)}{\lambda} \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \cdot \epsilon \tag{35}$$

$$= 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) e^{-\lambda i\delta} \mathbb{E}\left[f(\bar{x}_{0} - \bar{w}_{0})\right] + \hat{\epsilon}$$

where the first inequality is by item 4 of Lemma 18, the second inequality is by Corollary 5 (notice that  $\delta$  satisfies the requirement on T in Theorem 1, for the given  $\epsilon$ ). The third inequality uses the fact that  $1 \le L/m \le \frac{(L+L_N^2)}{\lambda}$ .

The first claim follows from substituting  $\bar{x}_0 = \bar{w}_0$  into (35), so that the first term is 0, and using the definition of  $\epsilon$ , so that the second term is 0.

For the second claim, let  $\bar{x}_0 \sim p^*$ , the invariant distribution of (3). From Lemma 7, we know that  $\bar{x}_0$  satisfies the required initial conditions in this Lemma. Continuing from (35),

$$\mathbb{E}\left[\|\bar{x}_{i\delta} - \bar{w}_{i\delta}\|_{2}\right]$$

$$\leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(2e^{-\lambda i\delta}\mathbb{E}\left[\|\bar{x}_{0}\|_{2}^{2} + \|\bar{w}_{0}\|_{2}^{2}\right] + \frac{6}{\lambda}\left(L + L_{N}^{2}\right)\epsilon\right) + \epsilon$$

$$\leq 2 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right) \left(2e^{-\lambda i\delta}\left(R^{2} + \beta^{2}/m\right)\right) + \frac{16}{\lambda}\exp\left(2\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)\left(L + L_{N}^{2}\right)\epsilon$$

$$= 4 \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)\left(e^{-\lambda i\delta}\left(R^{2} + \beta^{2}/m\right)\right) + \hat{\epsilon}$$

By our assumption that  $i \ge \frac{1}{\delta} \cdot 3\alpha_q \mathcal{R}_q^2 \log \frac{R^2 + \beta^2/m}{\hat{\epsilon}}$ , the first term is also bounded by  $\hat{\epsilon}$ , and this proves our second claim.

# **C.** Coupling Properties

**Lemma 6** Consider the coupled  $(x_t, y_t)$  in (22). Let  $p_t$  denote the distribution of  $x_t$ , and  $q_t$  denote the distribution of  $y_t$ . Let  $p'_t$  and  $q'_t$  denote the distributions of (20) and (21).

If  $p_0 = p'_0$  and  $q_0 = q'_0$ , then  $p_t = p'_t$  and  $q_t = q'_t$  for all t.

### Proof

Consider the coupling in (22), reproduced below for ease of reference:

$$x_{t} = x_{0} + \int_{0}^{t} -\nabla U(x_{s})ds + \int_{0}^{t} c_{m}dV_{s} + \int_{0}^{t} N(x_{s})dW_{s}$$
$$y_{t} = y_{0} + \int_{0}^{t} -\nabla U(y_{0})dt + \int_{0}^{t} c_{m}(I - 2\gamma_{s}\gamma_{s}^{T})dV_{s} + \int_{0}^{t} N(y_{0})dW_{s}$$

Let us define the stochastic process  $A_t := \int_0^t M(x_s)^{-1} c_m dV_s + \int_0^t M(x_s)^{-1} N(x_s) dW_s$ . We can verify using Levy's characterization that  $A_t$  is a standard Brownian motion: first, since  $V_t$  and  $W_t$  are Brownian motions, and N(x) is differentiable with bounded derivatives, we know that  $A_t$  has continuous sample paths. We now verify that  $A_t^i A_t^j - \mathbb{1}\{i = j\}t$  is a martingale.

Notice that  $dA_t = c_m dV_t + M(x_s)^{-1} N(x_s) dW_s$ . Then

$$\begin{aligned} dA_t^i A_t^j = & dA_t^T \left( e_i e_j^T \right) A_t \\ = & A_t \left( e_i e_j^T \right) \left( c_m dV_t + M(x_s)^{-1} N(x_s) dW_s \right)^T + \left( c_m dV_t + M(x_s)^{-1} N(x_s) dW_s \right) \left( e_j e_i^T \right) a_t^T \\ & + \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \left( c_m^2 M(x_s)^{-2} + M(x_s)^{-1} N(x_s)^2 M(x_s)^{-1} \right) \right) dt \end{aligned}$$

where the second inequality is by Ito's Lemma applied to  $f(A_t) = A_t^T e_j e_j^T A_t$ . Taking expectations,

$$\begin{split} d\mathbb{E} \left[ A_t^i A_t^j \right] = & \mathbb{E} \left[ \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \left( c_m^2 M(x_s)^{-2} + M(x_s)^{-1} N(x_s) N(x_s)^T \left( M(x_s)^{-1} \right)^T \right) \right) \right] dt \\ = & \mathbb{E} \left[ \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \left( M(x_s)^{-1} \left( c_m^2 I + N(x_s)^2 \right) M(x_s)^{-1} \right) \right) \right] dt \\ = & \mathbb{E} \left[ \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \left( M(x_s)^{-1} \left( M(x_s)^2 \right) M(x_s)^{-1} \right) \right) \right] dt \\ = & \mathbb{E} \left[ \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \right) \right] dt \\ = & \mathbb{E} \left[ \frac{1}{2} \text{tr} \left( \left( e_i e_j^T + e_j e_i^T \right) \right) \right] dt \\ = & \mathbb{1} \left\{ i = j \right\} dt \end{split}$$

This verifies that  $A_t^i A_t^j - \mathbb{1} \{i = j\} t$  is a martingale, and hence by Levy's characterization,  $A_t$  is a standard Brownian motion. In turn, we verify that by definition of  $A_t$ ,

$$x_{t} = x_{0} + \int_{0}^{t} -\nabla U(x_{s})ds + \int_{0}^{t} c_{m}dV_{s} + \int_{0}^{t} N(x_{s})dW_{s}$$
  
=  $x_{0} + \int_{0}^{t} -\nabla U(x_{s})ds + \int_{0}^{t} M(x_{s})(M(x_{s})^{-1}(c_{m}dV_{s} + N(x_{s})dW_{s}))$   
=  $x_{0} + \int_{0}^{t} -\nabla U(x_{s})ds + \int_{0}^{t} M(x_{s})dA_{s}$ 

Since we showed that  $A_t$  is a standard Brownian motion, we verify that  $x_t$  as defined in (22) has the same distribution as (3). On the other hand, we can verify that  $A'_t := \int_0^T (I - 2\gamma_s \gamma_s^T) V_s$  is a standard Brownian motion by the reflection principle. Thus

$$\int_{0}^{t} c_m \left( I - 2\gamma_s \gamma_s^T \right) dV_s + \int_{0}^{t} N(y_0) dW_s \sim \mathcal{N}(0, \left( c_m^2 I + N(y_0)^2 \right)) = \mathcal{N}(0, M(y_0)^2)$$

where the equality is by definition of N in (6).

It follows immediately that  $y_t$  in (22) has the same distribution as  $y_t$  in (2).

#### C.1. Energy Bounds

**Lemma 7** Consider  $x_t$  as defined in (3). If  $x_0$  satisfies  $\mathbb{E}\left[\|x_0\|_2^2\right] \leq R^2 + \frac{\beta^2}{m}$ , then Then for all t,

$$\mathbb{E}\left[\|x_t\|_2^2\right] \le 6\left(R^2 + \frac{\beta^2}{m}\right)$$

We can also show that

$$\mathbb{E}_{p^*}\left[\left\|x\right\|_2^2\right] \le 4\left(R^2 + \frac{\beta^2}{m}\right)$$

### Proof

We consider the potential function  $a(x) = (||x||_2 - R)^2_+$  We verify that

$$\nabla a(x) = (\|x\|_2 - R)_+ \frac{x}{\|x\|_2}$$
$$\nabla^2 a(x) = \mathbb{1} \{\|x\|_2 \ge R\} \frac{xx^T}{\|x\|_2^2} + \frac{(\|x\|_2 - R)_+}{\|x\|_2} \left(I - \frac{xx^T}{\|x\|_2^2}\right)$$

# Observe that

- 1.  $\left\|\nabla^2 a(x)\right\|_2 \le 2\mathbb{1}\left\{\|x\|_2 \ge R\right\} \le 2$
- 2.  $\langle \nabla a(x), -\nabla U(x) \rangle \leq -ma(x)$ . This can be verified by considering 2 cases. If  $||x||_2 \leq R$ , then  $\nabla a(x) = 0$  and a(x) = 0. If  $||x||_2 \geq R$ , then by Assumption A,

$$\langle \nabla a(x), -\nabla U(x) \rangle \le -m(\|x\|_2 - R)_+ \|w\|_2 \le -m(\|x\|_2 - R)_+^2 = -m \cdot a(x)$$

3.  $a(x) \ge \frac{1}{2} \|x\|_2^2 - 2R^2$ . One can first verify that  $a(x) \ge (\|x\|_2 - R)^2 - R^2$ . Next, by Young's inequality,  $(\|x\|_2 - R)^2 = \|x\|_2^2 + R^2 - 2\|x\|_2^2 + R^2 - \frac{1}{2}\|x\|_2^2 - 2R^2 = \frac{1}{2}\|x\|_2^2 - R^2$ .

Therefore,

$$\begin{aligned} \frac{d}{dt} \mathbb{E}\left[a(x_t)\right] &= \mathbb{E}\left[\langle \nabla a(x_t), -\nabla U(x_t)dt \rangle\right] + \frac{1}{2} \mathbb{E}\left[\operatorname{tr}\left(M(x_t)^2 \nabla^2 a(x)\right)\right] \leq -m \mathbb{E}\left[a(x_t)\right] + \beta^2 \\ \Rightarrow \quad \frac{d}{dt} \left(\mathbb{E}\left[a(x_t)\right] - \frac{\beta^2}{m}\right) \leq -m \left(\mathbb{E}\left[a(x_t)\right] - \frac{\beta^2}{m}\right) \\ \Rightarrow \quad \frac{d}{dt} \left(\mathbb{E}\left[a(x_t)\right] - R^2 - \frac{\beta^2}{m}\right) \leq -m \left(\mathbb{E}\left[a(x_t)\right] - R^2 - \frac{\beta^2}{m}\right) \end{aligned}$$

Thus if  $\mathbb{E}\left[\|x_0\|_2^2\right] \leq R^2 + \frac{\beta^2}{m}$ , then  $\mathbb{E}\left[a(x_0)\right] \leq R^2 - \frac{\beta^2}{m}$ , then  $\left(\mathbb{E}\left[a(x_0)\right] - R^2 - \frac{\beta^2}{m}\right) \leq 0$ , and  $\left(\mathbb{E}\left[a(x_t)\right] - R^2 + \frac{\beta^2}{m}\right) \leq e^{-mt} \cdot 0 \leq 0$  for all t. This implies that, for all t,

$$\mathbb{E}\left[\|x_t\|_2^2\right] \le \mathbb{E}\left[2a(x_t) + 4R^2\right] \le 6\left(R^2 + \frac{\beta^2}{m}\right)$$

For our second claim that  $\mathbb{E}_{p^*}\left[\|x\|_2^2\right] \leq R^2 + \frac{\beta^2}{m}$ , we can use the fact that if  $x_0 \sim p^*$ , then  $\mathbb{E}\left[a(x_t)\right]$  does not change as  $p^*$  is invariant, so that

$$0 = \frac{d}{dt} \mathbb{E}\left[a(x_t)\right] \le -m\mathbb{E}\left[a(x_t)\right] + \beta^2$$

Thus

$$\mathbb{E}\left[a(x_t)\right] \le \frac{\beta^2}{m}$$

Again,

$$\mathbb{E}_{p^*}\left[\left\|x\right\|_2^2\right] = \mathbb{E}\left[\left\|x_t\right\|_2^2\right] \le 2\mathbb{E}\left[a(x_t)\right] + 4R^2 \le 4\left(R^2 + \frac{\beta^2}{m}\right)$$

**Lemma 8** Let the sequence  $y_{k\delta}$  be as defined in (1). Assuming that  $\delta \leq m/(16L^2)$  and  $\mathbb{E}\left[\|y_0\|_2^2\right] \leq 2\left(R^2 + \frac{\beta^2}{m}\right)$  Then for all k,

$$\mathbb{E}\left[\|y_{k\delta}\|_{2}^{2}\right] \leq 8\left(R^{2} + \frac{\beta^{2}}{m}\right)$$

Proof

Let  $a(w) := (||w||_2 - R)^2_+$ . We can verify that

$$\nabla a(w) = (\|w\|_2 - R)_+ \frac{w}{\|w\|_2}$$
  
$$\nabla^2 a(w) = \mathbb{1} \{\|w\|_2 \ge R\} \frac{ww^T}{\|w\|_2^2} + (\|w\|_2 - R)_+ \frac{1}{\|w\|_2} \left(I - \frac{ww^T}{\|w\|_2^2}\right)$$

Observe that

1.  $\|\nabla^2 a(w)\|_2 \le 2\mathbb{1}\{\|w\|_2 \ge R\} \le 2$ 2.  $\langle \nabla a(w), -\nabla U(w) \rangle \le -ma(w).$ 3.  $a(w) \ge \frac{1}{2} \|w\|_2^2 - 2R^2.$ 

Using Taylor's Theorem, and taking expectation of  $y_{(k+1)\delta}$  conditioned on  $y_{k\delta}$ ,

$$\mathbb{E}\left[a(y_{(k+1)\delta})\right] = \mathbb{E}\left[a(y_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(y_{k\delta}), y_{(k+1)\delta} - y_{k\delta} \right\rangle\right] \\ + \mathbb{E}\left[\int_{0}^{1} \int_{0}^{t} \left\langle \nabla^{2} a(y_{k\delta} + s(y_{(k+1)\delta} - y_{k\delta}), (y_{(k+1)\delta} - y_{k\delta})(y_{(k+1)\delta} - y_{k\delta})^{T} \right\rangle dtds\right] \\ \leq \mathbb{E}\left[a(y_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(y_{k\delta}), y_{(k+1)\delta} - y_{k\delta} \right\rangle\right] + \mathbb{E}\left[\left\|(y_{(k+1)\delta} - y_{k\delta})\right\|_{2}^{2} ds\right] \\ \leq \mathbb{E}\left[a(y_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(y_{k\delta}), -\delta \nabla U(y_{k\delta}) \right\rangle\right] + 2\delta^{2} \|\nabla U(y_{k\delta})\|_{2}^{2} + 2\delta \mathbb{E}\left[\operatorname{tr}\left(M(y_{k\delta})^{2}\right)\right] \\ \leq \mathbb{E}\left[a(y_{k\delta})\right] - m\delta \mathbb{E}\left[a(y_{k\delta})\right] + 2\delta^{2} \mathbb{E}\left[\left\|\nabla U(y_{k\delta})\right\|_{2}^{2}\right] + 2\delta \mathbb{E}\left[\operatorname{tr}\left(M(y_{k\delta})^{2}\right)\right] \\ \leq \mathbb{E}\left[a(y_{k\delta})\right] - m\delta \mathbb{E}\left[a(y_{k\delta})\right] + 2\delta^{2} L^{2} \mathbb{E}\left[\left\|y_{k\delta}\right\|_{2}^{2}\right] + 2\delta\beta^{2} \\ \leq \mathbb{E}\left[a(y_{k\delta})\right] - m\delta \mathbb{E}\left[a(y_{k\delta})\right] + 4\delta^{2} L^{2} \mathbb{E}\left[a(y_{k\delta})\right] + 8\delta^{2} L^{2} R^{2} + 2\delta\beta^{2} \\ \leq (1 - m\delta/2)\mathbb{E}\left[a(y_{k\delta})\right] + m\delta R^{2} + 2\delta\beta^{2}$$

Where the first inequality uses the upper bound on  $\|\nabla^2 a(y)\|_2$  above, the second inequality uses the fact that  $y_{(k+1)\delta} \sim \mathcal{N}(y_{k\delta} - \delta \nabla U(y_{k\delta}), \delta M(y_{k\delta})^2)$ , the third inequality uses claim 2. at the start of this proof, the fourth inequality uses item 2 of Assumption B. The fifth inequality uses claim 3. above, the sixth inequality uses our assumption that  $\delta \leq \frac{m}{16L^2}$ .

Taking expectation wrt  $y_{k\delta}$ ,

$$\mathbb{E}\left[a(y_{(k+1)\delta})\right] \le \mathbb{E}\left[a(y_k)\right] - m\delta\left(\mathbb{E}\left[a(y_{k\delta})\right] - 2R^2 + 2\beta^2/m\right)$$
  
$$\Rightarrow \qquad \mathbb{E}\left[a(y_{(k+1)\delta})\right] - (2R^2/2 + 2\beta^2/m) \le (1 - m\delta)\left(\mathbb{E}\left[a(y_{k\delta})\right] - (2R^2 + 2\beta^2/m\right)$$

Thus, if  $\mathbb{E}\left[\|y_0\|_2^2\right] \leq 2R^2 + 2\beta^2/m$ , then  $\mathbb{E}\left[a(y_0)\right] - \left(2R^2 + 2\beta^2/m\right) \leq 0$ , then  $\mathbb{E}\left[a(y_{k\delta})\right] - \left(2R^2 + 2\beta^2/m\right) \leq 0$  for all k, which implies that

$$\mathbb{E}\left[\left\|y_{k\delta}\right\|_{2}^{2}\right] \leq 2\mathbb{E}\left[a(y_{k\delta})\right] + 4R^{2} \leq 8\left(R^{2} + \beta^{2}/m\right)$$

for all k.

**Lemma 9** Let the sequence  $w_{k\delta}$  be as defined in (1). Assuming that  $\delta \leq m/(16L^2)$  and  $\mathbb{E}\left[\|w_0\|_2^2\right] \leq 2\left(R^2 + \frac{\beta^2}{m}\right)$  Then for all k,

$$\mathbb{E}\left[\|w_{k\delta}\|_{2}^{2}\right] \leq 8\left(R^{2} + \frac{\beta^{2}}{m}\right)$$

#### Proof

The proof is almost identical to that of Lemma 8. Let  $a(w) := (||w||_2 - R)^2_+$ . We can verify that

$$\nabla a(w) = (\|w\|_2 - R)_+ \frac{w}{\|w\|_2}$$
  
$$\nabla^2 a(y) = \mathbb{1} \{\|w\|_2 \ge R\} \frac{ww^T}{\|w\|_2^2} + (\|w\|_2 - R)_+ \frac{1}{\|w\|_2} \left(I - \frac{ww^T}{\|w\|_2^2}\right)$$

Observe that

$$\begin{split} &1. \ \left\|\nabla^2 a(w)\right\|_2 \leq 2\mathbbm{1}\left\{\|w\|_2 \geq R\right\} \leq 2\\ &2. \ \left\langle\nabla a(w), -\nabla U(w)\right\rangle \leq -ma(w). \end{split}$$

3. 
$$a(w) \ge \frac{1}{2} ||w||_2^2 - 2R^2$$
.

The proofs are identical to the proof at the start of Lemma 9, so we omit them here.

Using Taylor's Theorem, and taking expectation of  $w_{(k+1)\delta}$  conditioned on  $w_{k\delta}$ ,

$$\mathbb{E}\left[a(w_{(k+1)\delta})\right]$$

$$=\mathbb{E}\left[a(w_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(w_{k\delta}), w_{(k+1)\delta} - w_{k\delta} \right\rangle\right]$$

$$+ \mathbb{E}\left[\int_{0}^{1} \int_{0}^{t} \left\langle \nabla^{2} a(w_{k\delta} + s(w_{(k+1)\delta} - w_{k\delta}), (w_{(k+1)\delta} - w_{k\delta})(w_{(k+1)\delta} - w_{k\delta})^{T} \right\rangle dtds\right]$$

$$\leq \mathbb{E}\left[a(w_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(w_{k\delta}), w_{(k+1)\delta} - w_{k\delta} \right\rangle\right] + \mathbb{E}\left[\left\|(w_{(k+1)\delta} - w_{k\delta})\right\|_{2}^{2} ds\right]$$

$$\leq \mathbb{E}\left[a(w_{k\delta})\right] + \mathbb{E}\left[\left\langle \nabla a(w_{k\delta}), -\delta \nabla U(w_{k\delta}) \right\rangle\right] + 2\delta^{2} \|\nabla U(w_{k\delta})\|_{2}^{2} + 2\delta \mathbb{E}\left[\left\|\xi(w_{k\delta}, \eta_{k})\right\|_{2}^{2}\right]$$

$$\leq \mathbb{E}\left[a(w_{k\delta})\right] - m\delta \mathbb{E}\left[a(w_{k\delta})\right] + 2\delta^{2} \mathbb{E}\left[\left\|\nabla U(w_{k\delta})\right\|_{2}^{2}\right] + 2\delta \mathbb{E}\left[\left\|\xi(w_{k\delta}, \eta_{k})\right\|_{2}^{2}\right]$$

$$\leq \mathbb{E}\left[a(w_{k\delta})\right] - m\delta \mathbb{E}\left[a(w_{k\delta})\right] + 2\delta^{2} L^{2} \mathbb{E}\left[\left\|w_{k\delta}\right\|_{2}^{2}\right] + 2\delta\beta^{2}$$

$$\leq \mathbb{E}\left[a(w_{k\delta})\right] - m\delta \mathbb{E}\left[a(w_{k\delta})\right] + 2\delta^{2} L^{2} a(w_{k\delta}) + 2\delta^{2} L^{2} R^{2} + 2\delta\beta^{2}$$

$$\leq (1 - m\delta/2)a(w_{k\delta}) + m\delta R^{2} + 2\delta\beta^{2}$$

Where the first inequality uses the upper bound on  $\|\nabla^2 a(y)\|_2$  above, the second inequality uses the fact that  $w_{(k+1)\delta} = (y_{k\delta} - \delta \nabla U(y_{k\delta}) = \xi(w_{k\delta}, \eta_k))$ , and  $\mathbb{E}\left[\xi(w_{k\delta}, \eta_k)|w_{k\delta}\right] = 0$ , the third inequality uses claim 2. at the start of this proof, the fourth inequality uses item 2 of Assumption B. The fifth inequality uses claim 3. above, the sixth inequality uses our assumption that  $\delta \leq \frac{m}{16L^2}$ .

Taking expectation wrt  $w_{k\delta}$ ,

$$\mathbb{E}\left[a(w_{(k+1)\delta})\right] \leq \mathbb{E}\left[a(w_k)\right] - m\delta\left(\mathbb{E}\left[a(w_{k\delta})\right] - 2R^2 + 2\beta^2/m\right)$$
  
$$\Rightarrow \quad \mathbb{E}\left[a(w_{(k+1)\delta})\right] - (2R^2/2 + 2\beta^2/m) \leq (1 - m\delta)\left(\mathbb{E}\left[a(w_{k\delta})\right] - (2R^2 + 2\beta^2/m\right)$$

Thus, if  $\mathbb{E}\left[\|w_0\|_2^2\right] \leq 2R^2 + 2\beta^2/m$ , then  $\mathbb{E}\left[a(w_0)\right] - \left(2R^2 + 2\beta^2/m\right) \leq 0$ , then  $\mathbb{E}\left[a(w_{k\delta})\right] - \left(2R^2 + 2\beta^2/m\right) \leq 0$  for all k, which implies that

$$\mathbb{E}\left[\left\|w_{k\delta}\right\|_{2}^{2}\right] \leq 2\mathbb{E}\left[a(w_{k\delta})\right] + 4R^{2} \leq 8\left(R^{2} + \beta^{2}/m\right)$$

for all k.

### **C.2.** Divergence Bounds

**Lemma 10** Let  $x_t$  be as defined in (20) (or equivalently (22) or (27)), initialized at  $x_0$ . Then for any  $T \leq \frac{1}{16L}$ ,

$$\mathbb{E}\left[\|x_{T} - x_{0}\|_{2}^{2}\right] \leq 8\left(T\beta^{2} + T^{2}L^{2}\mathbb{E}\left[\|x_{0}\|_{2}^{2}\right]\right)$$

If we additionally assume that  $\mathbb{E}\left[\left\|x_0\right\|_2^2\right] \le 8\left(R^2 + \beta^2/m\right)$  and  $T \le \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}$ , then

$$\mathbb{E}\left[\left\|x_T - x_0\right\|_2^2\right] \le 16T\beta^2$$

Proof

_	-	

By Ito's Lemma,

$$\begin{aligned} \frac{d}{dt} \mathbb{E} \left[ \|x_t\|_2^2 \right] \\ =& 2\mathbb{E} \left[ \langle \nabla U(x_t), x_t - x_0 \rangle \right] + \mathbb{E} \left[ \operatorname{tr} \left( M(x_t)^2 \right) \right] \\ \leq& 2L\mathbb{E} \left[ \|x_t\|_2 \|x_t - x_0\|_2 \right] + \beta^2 \\ \leq& 2L\mathbb{E} \left[ \|x_t - x_0\|_2^2 \right] + 2L\mathbb{E} \left[ \|x_0\|_2 \|x_t - x_0\|_2 \right] + \beta^2 \\ \leq& 2L\mathbb{E} \left[ \|x_t - x_0\|_2^2 \right] + L^2 T\mathbb{E} \left[ \|x_0\|_2^2 \right] + \frac{1}{T} \mathbb{E} \left[ \|x_t - x_0\|_2^2 \right] + \beta^2 \\ \leq& \frac{2}{T} \mathbb{E} \left[ \|x_t - x_0\|_2^2 \right] + \left( L^2 T\mathbb{E} \left[ \|x_0\|_2^2 \right] + \beta^2 \right) \end{aligned}$$

where the first inequality is by item 1 of Assumption A and item 2 of Assumption B, the second inequality is by triangle inequality, the third inequality is by Young's inequality, the last inequality is by our assumption on T.

Applying Gronwall's inequality for  $t \in [0, T]$ ,

$$\left( \mathbb{E} \left[ \|x_t - x_0\|_2^2 \right] + L^2 T^2 \mathbb{E} \left[ \|x_0\|_2^2 \right] + T\beta^2 \right)$$
  
$$\leq e^2 \left( \mathbb{E} \left[ \|x_0 - x_0\| \right] + L^2 T^2 \mathbb{E} \left[ \|x_0\|_2^2 \right] + T\beta^2 \right)$$
  
$$\leq 8L^2 T^2 \mathbb{E} \left[ \|x_0\|_2^2 \right] + T\beta^2$$

This concludes our proof.

**Lemma 11** Let  $y_t$  be as defined in (21) (or equivalently (22) or (27)), initialized at  $y_0$ . Then for any T,

$$\mathbb{E}\left[\|y_T - y_0\|_2^2\right] \le T^2 L^2 \mathbb{E}\left[\|y_0\|_2^2\right] + T\beta^2$$
  
If we additionally assume that  $\mathbb{E}\left[\|y_0\|_2^2\right] \le 8(R^2 + \beta^2/m)$  and  $T \le \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}$ , then  
 $\mathbb{E}\left[\|y_T - y_0\|_2^2\right] \le 2T\beta^2$ 

#### Proof

Notice from the definition in (21) that  $y_T - y_0 \sim \mathcal{N}(-T\nabla U(y_0), TM(y_0)^2)$ , the conclusion immediately follows from where the inequality is by item 1 of Assumption A and item 2 of Assumption B, and the fact that

$$\operatorname{tr}(M(x)^{2}) = \operatorname{tr}(\mathbb{E}\left[\xi(x,\eta)\xi(x,\eta)^{T}\right]) = \mathbb{E}\left[\left\|\xi(x,\eta)\right\|_{2}^{2}\right]$$

**Lemma 12** Let  $v_t$  be as defined in (29), initialized at  $v_0$ . Then for any  $T = n\delta$ ,

$$\mathbb{E}\left[\|v_T - v_0\|_2^2\right] \le T^2 L^2 \mathbb{E}\left[\|v_0\|_2^2\right] + T\beta^2$$
  
If we additionally assume that  $\mathbb{E}\left[\|v_0\|_2^2\right] \le 8(R^2 + \beta^2/m)$  and  $T \le \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}$ , then  
 $\mathbb{E}\left[\|v_T - v_0\|_2^2\right] \le 2T\beta^2$ 

Proof

From (29),

$$v_T - v_0 = -T\nabla U(v_0) + \sqrt{\delta} \sum_{i=0}^{n-1} \xi(v_0, \eta_i)$$

Conditioned on the randomness up to time  $i, \mathbb{E} \left[ \xi(v_0, \eta_{i+1}) \right] = 0$ . Thus

$$\mathbb{E}\left[\left\|v_{T}-v_{0}\right\|_{2}^{2}\right]$$
$$=T^{2}\mathbb{E}\left[\left\|\nabla U(v_{0})\right\|_{2}^{2}\right]+\delta\sum_{i=0}^{n-1}\mathbb{E}\left[\left\|\xi(v_{0},\eta_{i})\right\|_{2}^{2}\right]$$
$$\leq T^{2}L^{2}\mathbb{E}\left[\left\|v_{0}\right\|_{2}^{2}\right]+T\beta^{2}$$

where the inequality is by item 1 of Assumption A and item 2 of Assumption B.

**Lemma 13** Let  $w_t$  be as defined in (31), initialized at  $w_0$ . Then for any  $T = n\delta$  such that  $T \leq \frac{1}{2L}$ ,

$$\mathbb{E}\left[\left\|w_{T}-w_{0}\right\|_{2}^{2}\right] \leq 16\left(T^{2}L^{2}\mathbb{E}\left[\left\|w_{0}\right\|_{2}^{2}\right]+T\beta^{2}\right)$$

If we additionally assume that  $\mathbb{E}\left[\|w_0\|_2^2\right] \leq 8(R^2 + \beta^2/m)$  and  $T \leq \frac{\beta^2}{8L^2(R^2 + \beta^2/m)}$ , then

$$\mathbb{E}\left[\left\|w_T - w_0\right\|_2^2\right] \le 32T\beta^2$$

Proof

$$\mathbb{E}\left[\left\|w_{(k+1)\delta} - w_{0}\right\|_{2}^{2}\right]$$
$$=\mathbb{E}\left[\left\|w_{k\delta} - \delta\nabla U(w_{k\delta}) + \sqrt{\delta}\xi(w_{k\delta}, \eta_{k}) - w_{0}\right\|_{2}^{2}\right]$$
$$=\mathbb{E}\left[\left\|w_{k\delta} - \delta\nabla U(w_{k\delta}) - w_{0}\right\|_{2}^{2}\right] + \delta\mathbb{E}\left[\left\|\xi(w_{k\delta}, \eta_{k})\right\|_{2}^{2}\right]$$
(36)

We can bound  $\delta \mathbb{E}\left[\|\xi(w_{k\delta},\eta_k)\|_2^2\right] \leq \delta \beta^2$  by item 2 of Assumption B.

$$\mathbb{E}\left[ \|w_{k\delta} - \delta \nabla U(w_{k\delta}) - w_0\|_2^2 \right] \\\leq \mathbb{E}\left[ (\|w_{k\delta} - w_0 - \delta (\nabla U(w_{k\delta}) - \nabla U(w_0))\|_2 + \delta \|\nabla U(w_0)\|_2)^2 \\\leq \left( 1 + \frac{1}{n} \right) \mathbb{E}\left[ \|w_{k\delta} - w_0 - \delta (\nabla U(w_{k\delta}) - \nabla U(w_0))\|_2^2 \right] \\+ (1 + n) \delta^2 \mathbb{E}\left[ \|\nabla U(w_0)\|_2^2 \right] \\\leq \left( 1 + \frac{1}{n} \right) (1 + \delta L)^2 \mathbb{E}\left[ \|w_{k\delta} - w_0\|_2^2 \right] + 2n \delta^2 L^2 \mathbb{E}\left[ \|w_0\|_2^2 \right] \\\leq e^{1/n + 2\delta L} \mathbb{E}\left[ \|w_{k\delta} - w_0\|_2^2 \right] + 2n \delta^2 L^2 \mathbb{E}\left[ \|w_0\|_2^2 \right]$$

where the first inequality is by triangle inequality, the second inequality is by Young's inequality, the third inequality is by item 1 of Assumption A.

Inserting the above into (36) gives

$$\mathbb{E}\left[\left\|w_{(k+1)\delta} - w_{0}\right\|_{2}^{2}\right] \leq e^{1/n + 2\delta L} \mathbb{E}\left[\left\|w_{k\delta} - w_{0}\right\|_{2}^{2}\right] + 2n\delta^{2}L^{2} \mathbb{E}\left[\left\|w_{0}\right\|_{2}^{2}\right] + \delta\beta^{2}$$

Applying the above recursively for k = 1...n, we see that

$$\mathbb{E}\left[\left\|w_{n\delta} - w_{0}\right\|_{2}^{2}\right]$$

$$\leq \sum_{k=0}^{n-1} e^{(n-k)\cdot(1/n+2\delta L)} \cdot \left(2n\delta^{2}L^{2}\mathbb{E}\left[\left\|w_{0}\right\|_{2}^{2}\right] + \delta\beta^{2}\right)$$

$$\leq 16\left(n^{2}\delta^{2}L^{2}\mathbb{E}\left[\left\|w_{0}\right\|_{2}^{2}\right] + n\delta\beta^{2}\right)$$

$$= 16\left(T^{2}L^{2}\mathbb{E}\left[\left\|w_{0}\right\|_{2}^{2}\right] + T\beta^{2}\right)$$

# C.3. Discretization Bounds

**Lemma 14** Let  $v_{k\delta}$  and  $w_{k\delta}$  be as defined in (29) and (31). Then for any  $\delta$ , n, such that  $T := n\delta \leq \frac{1}{16L}$ ,

$$\mathbb{E}\left[\|v_{T} - w_{T}\|_{2}^{2}\right] \leq 8\left(2T^{2}L^{2}\left(T^{2}L^{2}\mathbb{E}\left[\|v_{0}\|_{2}^{2}\right] + T\beta^{2}\right) + TL_{\xi}^{2}\left(16\left(T^{2}L^{2}\mathbb{E}\left[\|w_{0}\|_{2}^{2}\right] + T\beta^{2}\right)\right)\right)$$
  
If we additionally assume that  $\mathbb{E}\left[\|v_{0}\|_{2}^{2}\right] \leq 8\left(R^{2} + \beta^{2}/m\right)$ ,  $\mathbb{E}\left[\|w_{0}\|_{2}^{2}\right] \leq 8\left(R^{2} + \beta^{2}/m\right)$  and  $T \leq \frac{\beta^{2}}{8L^{2}(R^{2} + \beta^{2}/m)}$ , then  
 $\mathbb{E}\left[\|v_{T} - w_{T}\|_{2}^{2}\right] \leq 32\left(T^{2}L^{2} + TL_{\xi}^{2}\right)T\beta^{2}$ 

### Proof

Using the fact that conditioned on the randomness up to step k,  $\mathbb{E}[\xi(v_0, \eta_{k+1}) - \xi(w_{k\delta}, \eta_{k+1})] = 0$ , we can show that for any  $k \leq n$ ,

$$\mathbb{E}\left[\left\|v_{(k+1)\delta} - w_{(k+1)\delta}\right\|_{2}^{2}\right]$$

$$=\mathbb{E}\left[\left\|v_{k\delta} - \delta\nabla U(v_{0}) - w_{k\delta} + \delta\nabla U(w_{k\delta}) + \sqrt{\delta}\xi(w_{0},\eta_{k}) - \sqrt{\delta}\xi(w_{k\delta},\eta_{k})\right\|_{2}^{2}\right]$$

$$=\mathbb{E}\left[\left\|v_{k\delta} - \delta\nabla U(v_{0}) - w_{k\delta} + \delta\nabla U(w_{k\delta})\right\|_{2}^{2}\right] + \delta\mathbb{E}\left[\left\|\xi(w_{0},\eta_{k}) - \xi(w_{k\delta},\eta_{k})\right\|_{2}^{2}\right]$$
(37)

where the first inequality is by (Assumption on smoothness of U and xi).

Using (smoothness of xi), and Lemma 12, we can bound

$$\delta \mathbb{E} \left[ \left\| \xi(w_0, \eta_k) - \xi(w_{k\delta}, \eta_k) \right\|_2^2 \right]$$
  
$$\leq \delta L_{\xi}^2 \mathbb{E} \left[ \left\| w_{k\delta} - w_0 \right\|_2^2 \right]$$
  
$$\leq \delta L_{\xi}^2 \left( 16 \left( T^2 L^2 \mathbb{E} \left[ \left\| w_0 \right\|_2^2 \right] + T\beta^2 \right) \right)$$

We can also bound

$$\mathbb{E}\left[\left\|v_{k\delta} - \delta\nabla U(v_0) - w_{k\delta} + \delta\nabla U(w_{k\delta})\right\|_2^2\right]$$

$$\leq \left(1 + \frac{1}{n}\right) \mathbb{E}\left[\left\|v_{k\delta} - \delta\nabla U(v_{k\delta}) - w_{k\delta} + \delta\nabla U(w_{k\delta})\right\|_2^2\right] + (1 + n)\delta^2 \mathbb{E}\left[\left\|\nabla U(v_{k\delta}) - \nabla U(v_0)\right\|_2^2\right]$$

$$\leq \left(1 + \frac{1}{n}\right) (1 + \delta L)^2 \mathbb{E}\left[\left\|v_{k\delta} - w_{k\delta}\right\|_2^2\right] + 2n\delta^2 L^2 \mathbb{E}\left[\left\|v_{k\delta} - v_0\right\|_2^2\right]$$

$$\leq e^{1/n + 2\delta L} E \|v_{k\delta} - w_{k\delta}\|_2^2 + 2n\delta^2 L^2 \mathbb{E}\left[\left\|v_{k\delta} - v_0\right\|_2^2\right]$$

$$\leq e^{1/n + 2\delta L} E \|v_{k\delta} - w_{k\delta}\|_2^2 + 2n\delta^2 L^2 \left(T^2 L^2 \mathbb{E}\left[\left\|v_0\right\|_2^2\right] + T\beta^2\right)$$

where the first inequality is by Young's inequality and the second inequality is by item 1 of Assumption A, the fourth inequality uses Lemma 12.

Substituting the above two equation blocks into (37), and applying recursively for k = 0...n - 1 gives

$$\begin{split} & \mathbb{E}\left[\|v_{T} - w_{T}\|_{2}^{2}\right] \\ = & \mathbb{E}\left[\|v_{n\delta} - w_{n\delta}\|_{2}^{2}\right] \\ \leq & e^{1+2n\delta L} \left(2n^{2}\delta^{2}L^{2} \left(T^{2}L^{2}\mathbb{E}\left[\|v_{0}\|_{2}^{2}\right] + T\beta^{2}\right) + n\delta L_{\xi}^{2} \left(16 \left(T^{2}L^{2}\mathbb{E}\left[\|w_{0}\|_{2}^{2}\right] + T\beta^{2}\right)\right)\right) \\ \leq & 8 \left(2T^{2}L^{2} \left(T^{2}L^{2}\mathbb{E}\left[\|v_{0}\|_{2}^{2}\right] + T\beta^{2}\right) + TL_{\xi}^{2} \left(16 \left(T^{2}L^{2}\mathbb{E}\left[\|w_{0}\|_{2}^{2}\right] + T\beta^{2}\right)\right)\right) \end{split}$$

the last inequality is by noting that  $T = n\delta \leq \frac{1}{4L}$ .

# **D.** Regularity of M and N

Lemma 15

1. 
$$tr(M(x)^2) \leq \beta^2$$
  
2.  $tr((M(x)^2 - M(y)^2)^2) \leq 16\beta^2 L_{\xi}^2 ||x - y||_2^2$   
3.  $tr((M(x)^2 - M(y)^2)^2) \leq 32\beta^3 L_{\xi} ||x - y||_2$ 

### Proof

In this proof, we will use the fact that  $\xi(\cdot, \eta)$  is  $L_{\xi}$ -Lipschitz from Assumption B.

The first property is easy to see:

$$\operatorname{tr}(M(x)^{2}) = \operatorname{tr}(\mathbb{E}_{\eta} \left[\xi(x,\eta)\xi(x,\eta)^{T}\right]) = \mathbb{E}_{\eta} \left[\operatorname{tr}(\xi(x,\eta)\xi(x,\eta)^{T})\right] = \mathbb{E}_{\eta} \left[\left\|\xi(x,\eta)\right\|_{2}^{2}\right] < \beta^{2}$$

We now prove the second and third claims. Consider a fixed x and fixed y, let  $u_{\eta} := \xi(x, \eta), v_{\eta} := \xi(y, \eta)$ . Then

$$\operatorname{tr}\left(\left(M(x)^{2}-M(y)^{2}\right)^{2}\right)$$

$$= \operatorname{tr}\left(\left(\mathbb{E}_{\eta}\left[u_{\eta}u_{\eta}^{T}-v_{\eta}v_{\eta}^{T}\right]\right)^{2}\right)$$

$$= \operatorname{tr}\left(\mathbb{E}_{\eta,\eta'}\left[\left(u_{\eta}u_{\eta}^{T}-v_{\eta}v_{\eta}^{T}\right)\left(u_{\eta'}u_{\eta'}^{T}-v_{\eta'}v_{\eta'}^{T}\right)\right]\right)$$

$$= \mathbb{E}_{\eta,\eta'}\left[\operatorname{tr}\left(\left(u_{\eta}u_{\eta}^{T}-v_{\eta}v_{\eta}^{T}\right)\left(u_{\eta'}u_{\eta'}^{T}-v_{\eta'}v_{\eta'}^{T}\right)\right)\right]$$

For any fixed  $\eta$  and  $\eta'$ , let's further simplify notation by letting u, u', v, v' denote  $u_{\eta}, u_{\eta'}, v_{\eta}, v_{\eta'}$ . Thus

$$\begin{aligned} & \operatorname{tr}((uu^{T} - vv^{T})(u'u'^{T} - v'v'^{T})) \\ = & \operatorname{tr}(((u - v)v^{T} + v(u - v)^{T} + (u - v)(u - v)^{T})((u' - v')v'^{T} + v'(u' - v')^{T} + (u' - v')(u' - v')^{T})) \\ = & \operatorname{tr}((u - v)v^{T}(u' - v')v'^{T}) + \operatorname{tr}((u - v)v^{T}v'(u' - v')^{T}) + \operatorname{tr}((u - v)v^{T}(u' - v')(u' - v')^{T})) \\ & \quad + \operatorname{tr}(v(u - v)^{T}(u' - v')v'^{T}) + \operatorname{tr}(v(u - v)^{T}v'(u' - v')^{T}) + \operatorname{tr}(v(u - v)^{T}(u' - v')(u' - v')^{T})) \\ & \quad + \operatorname{tr}((u - v)(u - v)^{T}(u' - v')v'^{T}) + \operatorname{tr}((u - v)(u - v)^{T}v'(u' - v')^{T})) \\ & \quad + \operatorname{tr}((u - v)(u - v)^{T}(u' - v')(u' - v')^{T}) \\ & \quad + \operatorname{tr}(u - v)(u - v)^{T}(u' - v')(u' - v')^{T}) \\ & \quad \leq \min\left\{16\beta^{2}L_{\xi}^{2}\|x - y\|_{2}^{2}, 32\beta^{3}L_{\xi}\|x - y\|_{2}\right\} \end{aligned}$$

Where the last inequality uses Assumption B.2 and B.3; in particular,  $||v||_2 \le \beta$  and  $||u - v||_2 \le \min \{2\beta, L_{\xi} ||x - y||_2\}$ . This proves 2. and 3. of the Lemma statement.

**Lemma 16** Let N(x) be as defined in (6) and  $L_N$  be as defined in (7). Then

1. 
$$tr(N(x)^2) \leq \beta^2$$
  
2.  $tr((N(x) - N(y))^2) \leq L_N^2 ||x - y||_2^2$   
3.  $tr((N(x) - N(y))^2) \leq \frac{8\beta^2}{c_m} \cdot L_N ||x - y||_2$ 

#### Proof of Lemma 16

The first inequality holds because  $N(x)^2 := M(x)^2 - c_m^2 I$ , and then applying Lemma 15.1, and the fact that  $\operatorname{tr}(M(x)^2 - c_m^2 I) \leq \operatorname{tr}(M(x)^2)$  by Assumption B.4.

The second inequality is a immediate consequence of Lemma 17, Lemma 15.2, and the fact that  $\lambda_{min}(N(x)^2) = \lambda_{min}(M(x)^2 - c_m^2) \ge c_m^2$  by Assumption B.4.

The proof for the third inequality is similar to the second inequality, and follows from Lemma 15 and Lemma 17.

Lemma 17 (Simplified version of Lemma 1 from (Eldan et al., 2018)) Let A, B be positive definite matrices. Then

$$tr\left(\left(\sqrt{A}-\sqrt{B}\right)^2\right) \le tr\left((A-B)^2A^{-1}\right)$$

# **E.** Defining f and related inequalities

In this section, we define the Lyapunov function f which is central to the proof of our main results. Here, we give an overview of the various functions defined in this section:

- 1.  $g(z) : \mathbb{R}^d \to \mathbb{R}^+$ : A smoothed version of  $||z||_2$ , with bounded derivatives up to third order.
- 2.  $q(r) : \mathbb{R}^+ \to \mathbb{R}^+$ : A concave potential function, similar to the one defined in (Eberle, 2016), which has bounded derivatives up to third order everywhere except at r = 0.
- 3.  $f(z) = q(g(z)) : \mathbb{R}^d \to \mathbb{R}^+$ , a concave function which upper and lower bounds  $||z||_2$  within a constant factor, has bounded derivatives up to third order everywhere.

**Lemma 18 (Properties of** f) Let  $\epsilon$  satisfy  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ . We define the function

$$f(z) := q(g(z))$$

Where q is as defined in (39) Appendix E.1, and g is as defined in Lemma 20 (with parameter  $\epsilon$ ). Then

1. (a) 
$$\nabla f(z) = q'(g(z)) \cdot \nabla g(z)$$
  
(b) For  $||z||_2 \ge 2\epsilon$ ,  $\nabla f(z) = q'(g(z)) \frac{z}{||z||_2}$   
(c) For all  $z$ ,  $||\nabla f(z)||_2 \le 1$ .

- 2. (a)  $\nabla^2 f(z) = q''(g(z))\nabla g(z)\nabla g(z)^T + q'(g(z))\nabla^2 g(z)$ 
  - (b) For  $r \ge 2\epsilon$ ,  $\nabla^2 f(z) = q''(g(z)) \frac{zz^T}{\|z\|_2^2} + q'(g(z)) \frac{1}{\|z\|_2} \left(I \frac{zz^T}{\|z\|_2^2}\right)$
  - (c) For all z,  $\left\| \nabla^2 f(z) \right\|_2 \leq \frac{2}{\epsilon}$
  - (d) For all  $z, v, v^T \nabla^2 f(z) v \leq \frac{q'(g(z))}{\|z\|_2}$

3. For any 
$$z$$
,  $\left\|\nabla^{3}f(z)\right\|_{2} \leq \frac{9}{\epsilon^{2}}$   
4. For any  $z$ ,  $f(z) \in \left[\frac{1}{2}\exp\left(-\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)g(\|z\|_{2}), g(\|z\|_{2})\right] \in \left[\frac{1}{2}\exp\left(-\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)(\|z\|_{2}-2\epsilon), \|z\|_{2}\right]$ 

# Proof of Lemma 18

- 1. (a) chain rule
  - (b) Use definition of  $\nabla g(z)$  from Lemma 20.
  - (c) By definition,  $\nabla f(z) = q'(g(z))\nabla g(z)$ . From Lemma 21,  $|q'(g(z))| \le 1$ . By definition,  $\nabla g(z) = h'(||z||_2) \frac{z}{||z||_2}$ . Our conclusion follows from  $h' \le 1$  using item 2 of Lemma 19.
- 2. (a) chain rule
  - (b) by item 2 b) of Lemma 20
  - (c) by item 1 c) and item 2 d) of Lemma 20, and item 3 and item 4 of Lemma 21, and our assumption that  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q + \mathcal{R}_q^2 + 1}$ .
  - (d) by item 4 of Lemma 21), and items 2 c) and 2 d) of Lemma 20, and our expression for  $\nabla^2 f(z)$  established in item 2 a).
- 3. It can be verified that

$$\nabla^3 f(z) = q^{\prime\prime\prime}(g(z)) \cdot \nabla g(z)^{\bigotimes 3} + q^{\prime\prime}(g(z)) \nabla g(z) \bigotimes \nabla^2 g(z) + q^{\prime\prime}(g(z)) \nabla^2 g(z) \bigotimes \nabla g(z)$$
$$+ q^{\prime\prime}(g(z)) \nabla g(z) \bigotimes \nabla^2 g(z) + q^{\prime}(g(z)) \nabla^3 g(z)$$

Thus

$$\begin{split} \left\| \nabla^3 f(z) \right\|_2 &\leq |q'''(g(z))| \| \nabla g(z) \|_2^3 + 3q''(g(z)) \| \nabla g(z) \|_2 \left\| \nabla^2 g(z) \right\|_2 + q'(g(z)) \left\| \nabla^3 g(z) \right\| \\ &\leq 5 \left( \alpha_q + \frac{1}{\mathcal{R}_q^2} \right) \left( \alpha_q \mathcal{R}_q^2 + 1 \right) + 3 \left( \frac{5 \alpha_q \mathcal{R}_q}{4} + \frac{4}{\mathcal{R}_q} \right) \cdot \frac{1}{\epsilon} + \frac{1}{\epsilon^2} \\ &\leq \frac{9}{\epsilon^2} \end{split}$$

Where the first inequality uses Lemma 21 and Lemma 20, and the second inequality assumes that  $\epsilon \leq \frac{\mathcal{R}_q}{\alpha_q \mathcal{R}_q^2 + 1}$ 4.

$$f(z) \in \left[\frac{1}{2}\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)g(\|z\|_2), g(\|z\|_2)\right] \in \left[\frac{1}{2}\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)(\|z\|_2 - 2\epsilon), \|z\|_2\right]$$

The first containment is by Lemma 21.2.:  $\frac{1}{2} \exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right) \cdot g(z) \leq q(g(z)) \leq g(z)$ . The second containment is by Lemma 20.4:  $g(\|z\|_2) \in [\|z\|_2 - 2\epsilon, \|z\|_2]$ .

**Lemma 19 (Properties of** h) *Given a parameter*  $\epsilon$ , *define* 

$$h(r) := \begin{cases} \frac{r^3}{6\epsilon^2}, & \text{for } r \in [0,\epsilon] \\ \frac{\epsilon}{6} + \frac{r-\epsilon}{2} + \frac{(r-\epsilon)^2}{2\epsilon} - \frac{(r-\epsilon)^3}{6\epsilon^2}, & \text{for } r \in [\epsilon, 2\epsilon] \\ r, & \text{for } r \ge 2\epsilon \end{cases}$$

1. The derivatives of h are as follows:

$$h'(r) = \begin{cases} \frac{r^2}{2\epsilon^2}, & \text{for } r \in [0, \epsilon] \\ \frac{1}{2} + \frac{r-\epsilon}{\epsilon} - \frac{(r-\epsilon)^2}{2\epsilon^2}, & \text{for } r \in [\epsilon, 2\epsilon] \\ 1, & \text{for } r \ge 2\epsilon \end{cases}$$
$$h''(r) = \begin{cases} \frac{r}{\epsilon^2}, & \text{for } r \in [0, \epsilon] \\ \frac{1}{\epsilon} - \frac{r-\epsilon}{\epsilon^2}, & \text{for } r \in [\epsilon, 2\epsilon] \\ 0, & \text{for } r \ge 2\epsilon \end{cases}$$
$$h'''(r) = \begin{cases} \frac{1}{\epsilon^2}, & \text{for } r \in [0, \epsilon] \\ -\frac{1}{\epsilon^2}, & \text{for } r \in [\epsilon, 2\epsilon] \\ 0, & \text{for } r \ge 2\epsilon \end{cases}$$

- 2. (a) h' is positive, motonically increasing. (b) h'(0) = 0, h'(r) = 1 for  $r \ge \epsilon$ (c)  $\frac{h'(r)}{r} \le \min\left\{\frac{1}{\epsilon}, \frac{1}{r}\right\}$  for all r
- 3. (a) h''(r) is positive
- (b) h''(r) = 0 for r = 0 and  $r \ge 2\epsilon$ (c)  $h''(r) \le \frac{1}{\epsilon}$ (d)  $\frac{h''(r)}{r} \le \frac{1}{\epsilon^2}$ 4.  $|h'''(r)| \le \frac{1}{\epsilon^2}$ 5.  $r - 2\epsilon < h(r) < r$

# Proof of Lemma 19

The claims can all be verified with simple algebra.

**Lemma 20 (Properties of** g) Given a parameter  $\epsilon$ , let us define

$$g(z) := h(||z||_2)$$

Where h is as defined in Lemma 19 (using parameter  $\epsilon$ ). Then

1. (a)  $\nabla g(z) = h'(||z||_2) \frac{z}{||z||_2}$ (b) For  $||z||_2 \ge 2\epsilon$ ,  $\nabla g(z) = \frac{z}{||z||_2}$ . (c) For any  $||z||_2$ ,  $||\nabla g(z)||_2 \le 1$ 2. (a)  $\nabla^2 g(z) = h''(||z||_2) \frac{zz^T}{||z||_2^2} + h'(||z||_2) \frac{1}{||z||_2} \left(I - \frac{zz^T}{||z||_2^2}\right)$ (b) For  $||z||_2 \ge 2\epsilon$ ,  $\nabla^2 g(z) = \frac{1}{||z||_2} \left(I - \frac{zz^T}{||z||_2^2}\right)$ . (c) For  $||z||_2 \ge 2\epsilon$ ,  $||\nabla^2 g(z)||_2 = \frac{1}{||z||_2}$ (d) For all z,  $||\nabla^2 g(z)||_2 \le \frac{1}{\epsilon}$ 3.  $||\nabla^3 g(z)||_2 \le \frac{5}{\epsilon^2}$ 4.  $||z||_2 - 2\epsilon \le g(z) \le ||z||_2$ .

# Proof of Lemma 20

All the properties can be verified with algebra. We provide a proof for 3. since it is a bit involved.

Let us define the functions  $\kappa^1(z) = \nabla(\|z\|_2), \kappa^2(z) = \nabla^2(\|z\|_2), \kappa^3(z) = \nabla^3(\|z\|_2)$ . Specifically,

$$\begin{split} \kappa^{1}(z) &= \frac{z}{\|z\|_{2}} \\ \kappa^{2}(z) &= \frac{1}{\|z\|_{2}} \left( I - \frac{zz^{T}}{\|z\|_{2}^{2}} \right) \\ \kappa^{3}(z) &= -\frac{1}{\|z\|_{2}^{2}} \frac{z}{\|z\|_{2}} \bigotimes \left( I - \frac{zz^{T}}{\|z\|_{2}^{2}} \right) + \frac{1}{\|z\|_{2}} \left( \frac{z}{\|z\|_{2}} \bigotimes \kappa^{2}(z) + \kappa^{2}(z) \bigotimes \frac{z}{\|z\|_{2}} \right) \end{split}$$

It can be verified that

$$\begin{split} \left\|\kappa^{2}(z)\right\|_{2} = & \frac{1}{\|z\|_{2}} \\ \left\|\kappa^{3}(z)\right\|_{2} = & \frac{1}{\|z\|_{2}^{2}} \end{split}$$

It can be verified that  $\nabla^2 g(z)$  has the following form:

$$\nabla^3 g(z) = h'''(\|z\|_2) \left(\kappa^1(z)\right)^{\bigotimes 3} + h''(\|z\|_2)\kappa^1(z) \bigotimes \kappa^2(z) + h''(\|z\|_2)\kappa^2(z) \bigotimes \kappa^1(z) \\ + h'(\|z\|_2)\kappa^3(z) + h''(\|z\|_2)\kappa^1(z) \bigotimes \kappa^2(z)$$

Thus

$$\left\|\nabla^3 g(z)\right\|_2 \le |h^{\prime\prime\prime}(\|z\|_2)| + 3\frac{h^{\prime\prime}(\|z\|_2)}{\|z\|_2} + \frac{h^{\prime}(\|z\|_2)}{\|z\|_2^2} \le \frac{5}{\epsilon^2}$$

Where we use properties of h from Lemma 19.

The last claim follows immediately from Lemma 19.4.

### E.1. Defining q

In this section, we define the function q that is used in Lemma 18. Our construction is a slight modification to the original construction in (Eberle, 2011).

Let  $\alpha_q$  and  $\mathcal{R}_q$  be as defined in (7). We begin by defining auxiliary functions  $\psi(r)$ ,  $\Psi(r)$  and  $\nu(r)$ , all from  $\mathbb{R}^+$  to  $\mathbb{R}$ :

$$\psi(r) := e^{-\alpha_q \tau(r)}, \qquad \Psi(r) := \int_0^r \psi(s) ds, \qquad \nu(r) := 1 - \frac{1}{2} \frac{\int_0^r \frac{\mu(s)\Psi(s)}{\psi(s)} ds}{\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)} ds}, \qquad (38)$$

Where  $\tau(r)$  and  $\mu(r)$  are as defined in Lemma 22 and Lemma 23 with  $\mathcal{R} = \mathcal{R}_q$ .

Finally we define q as

$$q(r) := \int_0^r \psi(s)\nu(s)ds.$$
(39)

We now state some useful properties of the distance function q.

Lemma 21 The function q defined in (39) has the following properties.

 $\begin{aligned} I. \ \ For \ all \ r &\leq \mathcal{R}_q, \ q''(r) + \alpha_q q'(r) \cdot r \leq -\frac{\exp\left(-\frac{\tau \alpha_q \mathcal{R}_q^2}{3}\right)}{32\mathcal{R}_q^2}q(r) \\ 2. \ \ For \ all \ r, \ \frac{\exp\left(-\frac{\tau \alpha_q \mathcal{R}_q^2}{3}\right)}{2} \cdot r \leq q(r) \leq r \\ 3. \ \ For \ all \ r, \ \frac{\exp\left(-\frac{\tau \alpha_q \mathcal{R}_q^2}{3}\right)}{2} \leq q'(r) \leq 1 \\ 4. \ \ For \ all \ r, \ q''(r) \leq 0 \ and \ |q''(r)| \leq \left(\frac{5\alpha_q \mathcal{R}_q}{4} + \frac{4}{\mathcal{R}_q}\right) \\ 5. \ \ For \ all \ r, \ |q'''(r)| \leq 5\alpha_q + 2\alpha_q \left(\alpha_q \mathcal{R}_q^2 + 1\right) + \frac{2(\alpha_q \mathcal{R}_q^2 + 1)}{\mathcal{R}_q^2} \end{aligned}$ 

### Proof of Lemma 21

Proof of 1. It can be verified that

$$\begin{split} \psi'(r) &= \psi(r)(-\alpha_q \tau'(r))\\ \psi''(r) &= \psi(r) \left( \left( \alpha_q \tau'(r) \right)^2 + \alpha_q \tau''(r) \right)\\ \nu'(r) &= -\frac{1}{2} \frac{\frac{\mu(r)\Psi(r)}{\psi(r)}}{\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)} ds} \end{split}$$

For  $r\in [0,\mathcal{R}_q], \tau'(r)=r,$  so that  $\psi'(r)=\psi(r)(-\alpha_q r).$  Thus

$$\begin{aligned} q'(r) &= \psi(r)\nu(r) \\ q''(r) &= \psi'(r)\nu(r) + \psi(r)\nu'(r) \\ &= \psi(r)\nu(r)(-\alpha_q r) + \psi(r)\nu'(r) \\ &= -\alpha_q r\nu'(r) + \psi(r)\nu'(r) \\ q''(r) &+ \alpha_q rq'(r) = \psi(r)\nu'(r) \\ &= -\frac{1}{2}\frac{\mu(r)\Psi(r)}{\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)}ds} \\ &= -\frac{1}{2}\frac{\Psi(r)}{\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)}ds} \end{aligned}$$

Where the last equality is by definition of  $\mu(r)$  in Lemma 23 and the fact that  $r \leq \mathcal{R}_q$ .

We can upper bound

$$\int_{0}^{4\mathcal{R}_{q}} \frac{\mu(s)\Psi(s)}{\psi(s)} ds \leq \int_{0}^{4\mathcal{R}_{q}} \frac{\Psi(s)}{\psi(s)} ds \leq \frac{\int_{0}^{4\mathcal{R}_{q}} s ds}{\psi(4\mathcal{R}_{q})} = \frac{16\mathcal{R}_{q}^{2}}{\psi(4\mathcal{R}_{q})} \leq 16\mathcal{R}_{q}^{2} \cdot \exp\left(\frac{7\alpha_{q}\mathcal{R}_{q}^{2}}{3}\right)$$

Where the first inequality is by Lemma 23, the second inequality is by the fact that  $\psi(s)$  is monotonically decreasing, the third inequality is by Lemma 22.

Thus

$$q''(r) + \alpha_q r q'(r) \leq -\frac{1}{2} \left( \frac{\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)}{16 \mathcal{R}_q^2} \right) \Psi(r)$$
$$\leq -\frac{\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)}{32 \mathcal{R}_q^2} q(r)$$

Where the last inequality is by  $\Psi(r) \ge q(r)$ .

**Proof of 2.** Notice first that  $\nu(r) \geq \frac{1}{2}$  for all r. Thus

$$\begin{split} q(r) &:= \int_0^r \psi(s)\nu(s)ds \\ &\geq & \frac{1}{2} \int_0^r \psi(s)ds \\ &\geq & \frac{\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)}{2} \cdot r \end{split}$$

Where the last inequality is by Lemma 22.

**Proof of 3.** By definition of f,  $q'(r) = \psi(r)\nu(r)$ , and

$$\frac{\exp\left(-\frac{7\alpha_q \mathcal{R}_q^2}{3}\right)}{2} \le \psi(r)\nu(r) \le 1$$

Where we use Lemma 22 and the fact that  $\nu(r) \in [1/2, 1]$ 

**Proof of 4.** Recall that

$$q''(r) = \psi'(r)\nu(r) + \psi(r)\nu'(r)$$

That  $q^{\prime\prime} \leq 0$  can immediately be verified from the definitions of  $\psi$  and  $\nu.$ 

Thus

$$|q''(r)| \leq |\psi'(r)\nu(r)| + |\psi(r)\nu'(r)|$$
$$\leq \alpha_q \tau'(r) + |\psi(r)\nu'(r)|$$

From Lemma 22, we can upper bound  $\tau'(r) \leq \frac{5\mathcal{R}_q}{4}$ . In addition,  $\Psi(r) = \int_0^r \psi(s) \geq r\psi(r)$ , so that

$$\frac{\Psi(r)}{\psi(r)} \ge r \tag{40}$$

(Recall again that  $\psi(s)$  is monotonically decreasing). Thus  $\Psi(r)/r \ge r$  for all r. In addition, using the fact that  $\psi(r) \le 1$ ,

$$\Psi(r) = \int_0^r \psi(s) ds \le r \tag{41}$$

Combining the previous expressions,

$$\begin{split} |\psi(r)\nu'(r)| &= \left|\frac{1}{2}\frac{\mu(r)\Psi(r)}{\int_{0}^{4\mathcal{R}_{q}}\frac{\mu(s)\Psi(s)}{\psi(s)}ds}\right| \\ &\leq \left|\frac{1}{2}\frac{\mu(r)r}{\int_{0}^{\mathcal{R}_{q}}\frac{\Psi(s)}{\psi(s)}ds}\right| \\ &\leq \left|\frac{1}{2}\frac{4\mathcal{R}_{q}}{\int_{0}^{\mathcal{R}_{q}}sds}\right| \\ &\leq \frac{4}{\mathcal{R}_{q}} \end{split}$$

Where the first inequality are by definition of  $\mu(r)$  and (41), and the second inequality is by (40) and the fact that  $\mu(r) = 0$  for  $r \ge 4\mathcal{R}_q$ . Combining with our bound on  $\psi'(r)\nu(r)$  gives the desired bound.

# Proof of 5.

$$q'''(r) = \psi''(r)\nu(r) + 2\psi'(r)\nu'(r) + \psi(r)\nu''(r)$$

We first bound the middle term:

$$\begin{aligned} |\psi'(r)\nu'r)| &= |\psi(r)(\alpha_q\tau'(r))\nu'r)| \\ &\leq \alpha_q |\tau'(r)||\psi(r)\nu'r)| \\ &\leq \frac{5\alpha_q \mathcal{R}_q}{4} \cdot \frac{4}{\mathcal{R}_q} \\ &\leq 5\alpha_q \end{aligned}$$

Where the second last line follows form Lemma 22 and our proof of 4.. Next,

$$\psi''(r) = \psi(r) \left( \alpha_q^2 \tau'(r)^2 - \alpha_q \tau''(r) \right)$$

Thus applying Lemma 22.1 and Lemma 22.3,

$$|\psi''(r)\nu(r)| \le 2\alpha_q^2 \mathcal{R}_q^2 + \alpha_q$$

Finally,

$$\nu^{\prime\prime}(r) = \frac{1}{2\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)}ds} \cdot \frac{d}{dr}\mu(r)\Psi(r)/\psi(r)$$

Expanding the numerator,

$$\frac{d}{dr}\frac{\mu(r)\Psi(r)}{\psi(r)} = \mu'(r)\frac{\Psi(r)}{\psi(r)} + \mu(r) - \mu(r)\frac{\Psi(r)\psi'(r)}{\psi(r)^2}$$
$$= \mu'(r)\frac{\Psi(r)}{\psi(r)} + \mu(r) + \mu(r)\frac{\Psi(r)\psi(r)\alpha_q\tau'(r)}{\psi(r)^2}$$

Thus

$$\psi(r)\nu''(r) = \frac{1}{2\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)}ds} \cdot (\mu'(r)\Psi(r) + \mu(r)\psi(r) + \mu(r)\Psi(r)\alpha_q\tau'(r))$$

Using the same argument as from the proof of 4., we can bound

$$\frac{1}{2\int_0^{4\mathcal{R}_q} \frac{\mu(s)\Psi(s)}{\psi(s)}ds} \leq \frac{1}{2\int_0^{\mathcal{R}_q} sds} \leq \frac{1}{\mathcal{R}_q^2}$$

Finally, from Lemma 23,  $|\mu'(r)| \leq \frac{\pi}{6\mathcal{R}_q},$  so

$$\begin{aligned} |\psi(r)\nu''(r)| &\leq \frac{\pi/6 + 1 + 5\alpha_q \mathcal{R}_q^2/4}{\mathcal{R}_q^2} \\ &\leq \frac{2(\alpha_q \mathcal{R}_q^2 + 1)}{\mathcal{R}_q^2} \end{aligned}$$

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**Lemma 22** Let  $\tau(r): [0,\infty) \to \mathbb{R}$  be defined as

$$\tau(r) = \begin{cases} \frac{r^2}{2}, & \text{for } r \leq \mathcal{R} \\ \frac{\mathcal{R}^2}{2} + \mathcal{R}(r - \mathcal{R}) + \frac{(r - \mathcal{R})^2}{2} - \frac{(r - \mathcal{R})^3}{3\mathcal{R}}, & \text{for } r \in [\mathcal{R}, 2\mathcal{R}] \\ \frac{5\mathcal{R}^2}{3} + \mathcal{R}(r - 2\mathcal{R}) - \frac{(r - 2\mathcal{R})^2}{2} + \frac{(r - 2\mathcal{R})^3}{12\mathcal{R}}, & \text{for } r \in [2\mathcal{R}, 4\mathcal{R}] \\ \frac{7\mathcal{R}^2}{3}, & \text{for } r \geq 4\mathcal{R} \end{cases}$$

Then

1.  $\tau'(r) \in [0, \frac{5\mathcal{R}}{4}]$ , with maxima at  $r = \frac{3\mathcal{R}}{2}$ .  $\tau'(r) = 0$  for  $r \in \{0\} \bigcup [4\mathcal{R}, \infty)$ 

2. As a consequence of 1,  $\tau(r)$  is monotonically increasing

3.  $\tau''(r) \in [-1,1]$ 

# Proof of Lemma 22

We provide the derivatives of  $\tau$  below. The claims in the Lemma can then be immediately verified.

$$\tau'(r) = \begin{cases} r, & \text{for } r \leq \mathcal{R} \\ \mathcal{R} + (r - \mathcal{R}) - \frac{(r - \mathcal{R})^2}{\mathcal{R}}, & \text{for } r \in [\mathcal{R}, 2\mathcal{R}] \\ \mathcal{R} - (r - 2\mathcal{R}) + \frac{(r - 2\mathcal{R})^2}{4\mathcal{R}}, & \text{for } r \in [2\mathcal{R}, 4\mathcal{R}] \\ 0, & \text{for } r \geq 4\mathcal{R} \end{cases}$$

$$\tau''(r) = \begin{cases} 1, & \text{for } r \leq \mathcal{R} \\ 1 - \frac{2(r-\mathcal{R})}{\mathcal{R}}, & \text{for } r \in [\mathcal{R}, 2\mathcal{R}] \\ -1 + \frac{r-2\mathcal{R}}{2\mathcal{R}}, & \text{for } r \in [2\mathcal{R}, 4\mathcal{R}] \\ 0, & \text{for } r \geq 4\mathcal{R} \end{cases}$$

Lemma 23 Let

$$\mu(r) := \begin{cases} 1, & \text{for } r \leq \mathcal{R} \\ \frac{1}{2} + \frac{1}{2} \cos\left(\frac{\pi(r-\mathcal{R})}{3\mathcal{R}}\right), & \text{for } r \in [\mathcal{R}, 4\mathcal{R}] \\ 0, & \text{for } r \geq 4\mathcal{R} \end{cases}$$

Then

$$\mu'(r) := \begin{cases} 0, & \text{for } r \leq \mathcal{R} \\ -\frac{\pi}{6\mathcal{R}} \sin\left(\frac{\pi(r-\mathcal{R})}{\mathcal{R}}\right), & \text{for } r \in [\mathcal{R}, 4\mathcal{R}] \\ 0, & \text{for } r \geq 4\mathcal{R} \end{cases}$$

Furthermore,  $\mu'(r) \in \left[-\frac{\pi}{6\mathcal{R}}, 0\right]$ 

This Lemma can be easily verified by algebra.

# **F. Miscellaneous**

The following Theorem, taken from (Eldan et al., 2018), establishes a quantitative CLT.

**Theorem 5** Let  $X_1...X_n$  be random vectors with mean 0, covariance  $\Sigma$ , and  $||X_i|| \leq \beta$  almost surely for each *i*. Let  $S_n = \frac{1}{\sqrt{n}} \sum_{i=1}^n X_i$ , and let *Z* be a Gaussian with covariance  $\Sigma$ , then

$$W_2(S_n, Z) \le \frac{6\sqrt{d\beta}\sqrt{\log n}}{\sqrt{n}}$$

**Corollary 24** Let  $X_1...X_n$  be random vectors with mean 0, covariance  $\Sigma$ , and  $||X_i|| \leq \beta$  almost surely for each *i*. let *Y* be a Gaussian with covariance  $n\Sigma$ . Then

$$W_2\left(\sum_i X_i, Y\right) \le 6\sqrt{d}\beta\sqrt{\log n}$$

This is simply taking the result of Theorem 5 and scaling the inequality by  $\sqrt{n}$  on both sides.

The following Lemma is taken from (Cheng et al., 2019) and included here for completeness.

**Lemma 25** For any c > 0,  $x > 3 \max \left\{ \frac{1}{c} \log \frac{1}{c}, 0 \right\}$ , the inequality

$$\frac{1}{c}\log(x) \le x$$

holds.

Proof

We will consider two cases:

**Case 1**: If  $c \geq \frac{1}{e}$ , then the inequality

$$\log(x) \le cx$$

is true for all x.

Case 2:  $c \leq \frac{1}{e}$ .

In this case, we consider the Lambert W function, defined as the inverse of  $f(x) = xe^x$ . We will particularly pay attention to  $W_{-1}$  which is the lower branch of W. (See Wikipedia for a description of W and  $W_{-1}$ ).

We can lower bound  $W_{-1}(-c)$  using Theorem 1 from (Chatzigeorgiou, 2013):

$$\begin{aligned} \forall u > 0, \quad W_{-1}(-e^{-u-1}) > -u - \sqrt{2u} - 1 \\ \text{equivalently} \quad \forall c \in (0, 1/e), \quad -W_{-1}(-c) < \log\left(\frac{1}{c}\right) + 1 + \sqrt{2\left(\log\left(\frac{1}{c}\right) - 1\right)} - 1 \\ &= \log\left(\frac{1}{c}\right) + \sqrt{2\left(\log\left(\frac{1}{c}\right) - 1\right)} \\ &\leq 3\log\frac{1}{c} \end{aligned}$$

Thus by our assumption,

$$x \ge 3 \cdot \frac{1}{c} \log\left(\frac{1}{c}\right)$$
$$\Rightarrow x \ge \frac{1}{c} (-W_{-1}(-c))$$

then  $W_{-1}(-c)$  is defined, so

$$x \ge \frac{1}{c} \max \left\{ -W_{-1}(-c), 1 \right\}$$
$$\Rightarrow (-cx)e^{-cx} \ge -c$$
$$\Rightarrow xe^{-cx} \le 1$$
$$\Rightarrow \log(x) \le cx$$

The first implication is justified as follows:  $W_{-1}^{-1}: [-\frac{1}{\epsilon}, \infty) \to (-\infty, -1)$  is monotonically decreasing. Thus its inverse  $W_{-1}^{-1}(y) = ye^y$ , defined over the domain  $(-\infty, -1)$  is also monotonically decreasing. By our assumption,  $-cx \leq -3 \log \frac{1}{c} \leq -3$ , thus  $-cx \in (-\infty, -1]$ , thus applying  $W_{-1}^{-1}$  to both sides gives us the first implication.

# **G. Experiment Details**

In this section, we provide additional details of our experiments. In particular, we explain the CNN architecture that we use in our experiments. Denote a convolutional layer with p input filters and q output filters by conv(p,q), a fully connected layer with q outputs by fully\_connect(q), and a max pooling operation with stride 2 as pool2. Let  $ReLU(x) = max\{x, 0\}$ . Then the CNN architecture in our paper is the following:

$$\begin{aligned} \mathsf{conv}(3,32) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{conv}(32,64) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{pool2} \Rightarrow \mathsf{conv}(64,128) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{conv}(128,128) \\ \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{pool2} \Rightarrow \mathsf{conv}(128,256) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{conv}(256,256) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{pool2} \Rightarrow \mathsf{fully\_connect}(1024) \\ \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{fully\_connect}(512) \Rightarrow \mathsf{ReLU} \Rightarrow \mathsf{fully\_connect}(10). \end{aligned}$$