## Appendices to "Spectral Frank-Wolfe Algorithm: Strict Complementarity and Linear Convergence"

## A. Uniqueness assumption

Here we discuss how to adapt our results to multiple solution setting. First of all, if there are multiple solution, the strict complementarity condition means that there is a primal optimal solution $X_{\star}$ such that

$$
\operatorname{rank}\left(X_{\star}\right)+\operatorname{rank}\left(Z_{\star}\right)=n
$$

Thus we should set $r_{\star}$ to be the maximal rank among all primal solutions. Denote the set of primal optimal solution of Problem (1) as $\mathcal{X}_{\star}$. Quadratic growth in this situation is understood as

$$
f(X)-f\left(X_{\star}\right) \geq \gamma_{X_{\star} \in \mathcal{X}_{\star}}\left\|X-X_{\star}\right\|_{\mathrm{F}}=: \operatorname{dist}\left(X, \mathcal{X}_{\star}\right)
$$

for any $X \succeq 0$ and $\operatorname{tr}(X)=1$. Now due to strict complementarity, we still have $r_{\star}=k_{\star}$ (dual solution $Z_{\star}$ is unique as shown in the next section). Theorem 3 can be now be proved in the exactly same way by considering the nearest $X_{\star} \in \mathcal{X}_{\star}$ to $X_{t}$ without the uniqueness assumption. To prove Theorem 6, the argument follows exactly as the main proof by considering the nearest $X_{\star} \in \mathcal{X}_{\star}$ to $X$, and replacing Lemma 6 by Lemma 7. In this case, the parameter $\gamma$ of quadratic growth is $\gamma=\min \left\{\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{4+8 \frac{\sigma_{\max }^{2}(\mathcal{A})}{\mu^{2}}}, \frac{\alpha \mu^{2}}{8}\right\}$ where $\mu:=\sup \left\{a \geq 0 \mid a \cdot \operatorname{dist}\left(X, \mathcal{X}_{\star}\right) \leq\|\tilde{\mathcal{A}}(X)-b\|_{2}\right.$ for all $\left.X \in \mathcal{C}_{r_{\star}}\left(Z_{\star}\right)\right\}$ and is indeed positive using Lemma 7.

## B. Lemmas for Section 2

Lemma 1. The dual solution $\left(Z_{\star}, s_{\star}\right)$ of Problem (1) is unique even if the primal solution is not unique.

Proof. We first show that for any primal solution $X_{\star}$, its gradient $\nabla f\left(X_{\star}\right)$ is the same. Using $\beta$-smoothness of $f$ (the constant $\beta$ can be taken to be $\|\mathcal{A}\|_{\text {op }}^{2} L_{g}$ ), we have for any optimal $X_{\star}$ and $X_{\star}^{\prime}$

$$
\begin{align*}
& \left\langle X_{\star}-X_{\star}^{\prime}, \nabla f\left(X_{\star}\right)-\nabla f\left(X_{\star}^{\prime}\right)\right\rangle \\
\geq & \frac{1}{\beta}\left\|\nabla f\left(X_{\star}\right)-\nabla f\left(X_{\star}^{\prime}\right)\right\|_{\mathrm{F}}^{2} . \tag{1}
\end{align*}
$$

Since $X_{\star}$ and $X_{\star}^{\prime}$ are optimal solution, we have the following two inequalities using the optimality

$$
\begin{align*}
& \left\langle X_{\star}-X_{\star}^{\prime}, \nabla f\left(X_{\star}\right)\right\rangle \leq 0  \tag{2}\\
& \left\langle X_{\star}^{\prime}-X_{\star}, \nabla f\left(X_{\star}^{\prime}\right)\right\rangle \leq 0 \tag{3}
\end{align*}
$$

Combining the inequalities (1), (2), and (3), we have

$$
\begin{equation*}
\left\|\nabla f\left(X_{\star}\right)-\nabla f\left(X_{\star}^{\prime}\right)\right\|_{\mathrm{F}} \leq 0 \Longrightarrow f\left(X_{\star}\right)=f\left(X_{\star}^{\prime}\right) \tag{4}
\end{equation*}
$$

This shows that $\nabla f\left(X_{\star}\right)$ is unique. Now for any $Z_{\star}, s_{\star}$ and $Z_{\star}^{\prime}$, $s_{\star}^{\prime}$ satisfying the KKT condition, we have

$$
\begin{align*}
\nabla f\left(X_{\star}\right)+C & =Z_{\star}+s_{\star} I \\
& =Z_{\star}^{\prime}+s_{\star}^{\prime} I  \tag{5}\\
\Longrightarrow & Z_{\star}-Z_{\star}^{\prime}=\left(s_{\star}^{\prime}-s_{\star}\right) I
\end{align*}
$$

Now using complementarity in step $(a)$ and feasibility of $X_{\star}$ in step $(b)$ :

$$
\begin{align*}
& 0 \stackrel{(a)}{=}\left\langle Z_{\star}-Z_{\star}^{\prime}, X_{\star}\right\rangle=\left(s_{\star}^{\prime}-s_{\star}\right)\left\langle I, X_{\star}\right\rangle \\
& \stackrel{(b)}{=}\left(s_{\star}^{\prime}-s_{\star}\right)  \tag{6}\\
\Rightarrow & s_{\star}=s_{\star}^{\prime}, \quad \text { and } \quad Z_{\star}=Z_{\star}^{\prime} .
\end{align*}
$$

Hence the dual solution $Z_{\star}$ and $s_{\star}$ is unique.
Lemma 2. For almost all C, the strict complementarity condition holds for (1).
Proof. Let us first define indicator function: for any given $D \subset \mathbb{R}^{n}$, we define

$$
\chi_{C}(x)= \begin{cases}0, & x \in D \\ +\infty, & x \notin D\end{cases}
$$

Also denote the relative interior of a set $D$ as relint $(D)$. We utilize the result in Drusvyatskiy \& Lewis (2011, Corollary 3.5), that for almost all $C$, we have

$$
\begin{align*}
-C \in & \operatorname{relint}(\partial(g(\mathcal{A} X) \\
& \left.\left.+\chi_{\{\operatorname{tr}(X)=1\}}(X)+\chi_{\{X \succeq 0\}}(X)\right)\left(X_{\star}\right)\right) \\
\stackrel{(a)}{=} & \operatorname{relint}\left(\mathcal{A}^{*}(\nabla g)\left(\mathcal{A} X_{\star}\right)+\{s I \mid s \in \mathbb{R}\}\right. \\
& \left.+\left\{-Z \mid Z \succeq 0, \text { range }(Z) \subset \text { nullspace }\left(X_{\star}\right)\right\}\right)  \tag{7}\\
\stackrel{(b)}{=} & \mathcal{A}^{*}(\nabla g)\left(\mathcal{A} X_{\star}\right)+C+\{s I \mid s \in \mathbb{R}\} \\
& +\left\{-Z \mid Z \succeq 0, \text { range }(Z)=\operatorname{nullspace}\left(X_{\star}\right)\right\}
\end{align*}
$$

Here we use the sum rule in step $(a)$ as $\frac{1}{n} I$ is in $\{X \mid \operatorname{tr}(X)=1\}$ and the interior of $\{X \mid X \succeq 0\}$. In step (b), we use the sum rule of relative interior. Hence, there is some $s_{\star}$ and $Z_{\star}$ such that

$$
\begin{align*}
& \operatorname{range}\left(Z_{\star}\right)=\operatorname{nullspace}\left(X_{\star}\right) \\
\Longrightarrow & \left\langle Z_{\star}, X_{\star}\right\rangle=0, \quad \text { and }  \tag{8}\\
& \operatorname{rank}\left(Z_{\star}\right)+\operatorname{rank}\left(X_{\star}\right)=n
\end{align*}
$$

and

$$
\mathcal{A}^{*}(\nabla g)\left(\mathcal{A} X_{\star}\right)+C=Z_{\star}+s_{\star} I
$$

We thus conclude $\left(Z_{\star}, s_{\star}\right)$ satisfies the KKT condition (3), and strict complementarity holds.

## C. SpecFW: minimizing an upper bound of $f\left(\eta X_{t}+V S V^{\top}\right)$.

When the function $f$ is not fully known or gradient might be hard to query, we may consider the following subproblem instead: solve

$$
\begin{align*}
\text { minimize } & g\left(\mathcal{A} X_{t}\right) \\
& +\left\langle\mathcal{A}\left(\eta X_{t}+V S V^{\top}\right)-\mathcal{A} X_{t},(\nabla g)\left(\mathcal{A} X_{t}\right)\right\rangle \\
& +\frac{L_{g}}{2}\left\|\mathcal{A}\left(\eta X_{t}+V S V^{\top}\right)-\mathcal{A} X_{t}\right\|_{2}^{2}  \tag{9}\\
& +\left\langle C, \eta X_{t}+V S V^{\top}\right\rangle \\
\text { subject to } & \eta+\operatorname{tr}(S)=1, S \succeq 0, \text { and } \eta \geq 0
\end{align*}
$$

with decision variable $S$ and $\eta$. Then set $X_{t+1}=\eta X_{t}+V S V^{\top}$ for the optimal $\eta$ and $S$.
The above formulation enjoys the advantage of efficient computation in terms of time when $m$ is small and the linear map $\mathcal{A}$ and $\langle C, \cdot\rangle$ are easy to apply to low rank matrices. One may also save $\mathcal{A} X_{t}$ during the process to avoid forming $X_{t}$ and sketching $X_{t}$ using idea from Tropp et al. (2017) for storage purpose.

One could also consider solving

$$
\begin{array}{ll}
\operatorname{minimize} & f\left(X_{t}\right) \\
& +\left\langle\eta X_{t}+V S V^{\top}-X_{t}, \nabla f\left(X_{t}\right)\right\rangle \\
& +\frac{L_{f}}{2}\left\|X_{t}-\left(\eta X_{t}+V S V^{\top}\right)\right\|_{\mathrm{F}}  \tag{10}\\
\text { subject to } & \eta+\operatorname{tr}(S)=1, S \succeq 0, \text { and } \eta \geq 0
\end{array}
$$

Then set $X_{t+1}=\eta X_{t}+V S V^{\top}$ for the optimal $\eta$ and $S$. Here $L_{f}$ is the Lipschitz constant of $\nabla f$. This method requires to store $X_{t}$ in each iteration though.

## D. Combination with matrix sketching idea in Tropp et al. (2017)

When $m$ is on the order $n$, we can employ the matrix sketching idea developed in Tropp et al. (2017) and Yurtsever et al. (2017) to achieve storage reduction. We note that if we store $\mathcal{A}\left(X_{t}\right)=z_{t}$ and $c_{t}=\left\langle C, X_{t}\right\rangle$ at each iteration, then we have no problem in doing the small-scale SDP (10), as $f\left(\eta X_{t}+V S V^{\top}\right)=g\left(\eta\left(\mathcal{A} X_{t}\right)+\mathcal{A}\left(V S V^{\top}\right)\right)+\eta\left\langle C, X_{t}\right\rangle+\left\langle C, V S V^{\top}\right\rangle$. If $\mathcal{A}$ and inner product with $C$ can be applied to low rank matrices efficiently, then updating $z_{t}$ and $c_{t}$ is not hard due to linearity of our updating scheme $X_{t+1}=\eta X_{t}+V S V^{\top}$.
Now we explain how to omit storing the iterate $X_{t}$. First, we draw two matrices with independent standard normal entries

$$
\begin{gathered}
\Psi \in \mathbb{R}^{n \times k} \quad \text { with } \quad k=2 r+1 \\
\Phi \in \mathbb{R}^{l \times n} \quad \text { with } \quad l=4 r+3
\end{gathered}
$$

Here $r$ is chosen by the user. It either represents the estimate of the true rank of the primal solution or the user's computational budget in dealing with larges matrices.
We use $Y_{t}^{C}$ and $Y_{t}^{R}$ to capture the column space and the row space of $X_{t}$ :

$$
\begin{equation*}
Y_{t}^{C}=X_{t} \Psi \in \mathbb{R}^{n \times k}, \quad Y_{t}^{R}=\Phi X_{t} \in \mathbb{R}^{l \times n} \tag{11}
\end{equation*}
$$

Hence we initially have $Y_{0}^{C}=0$ and $Y_{0}^{R}=0$. Notice that SpecFW does not observe matrix $X_{t}$ directly. Rather, it observes a stream of rank $k$ updates

$$
X_{t+1}=V S V^{\top}+\eta X_{t}
$$

where $V \in \mathbb{R}^{n} \times k$ and $S \in \mathbb{S}^{k}$.
In this setting, $Y_{t+1}^{C}$ and $Y_{t+1}^{R}$ can be directly computed as

$$
\begin{gather*}
Y_{t+1}^{C}=V S\left(V^{\top} \Psi\right)+\eta Y_{t}^{C} \in \mathbb{R}^{n \times k}  \tag{12}\\
Y_{t+1}^{R}=(\Psi V) S V^{\top}+\eta Y_{t}^{R} \in \mathbb{R}^{l \times n} \tag{13}
\end{gather*}
$$

This observation allows us to form the sketch $Y_{t}^{C}$ and $Y_{t}^{R}$ from the stream of updates.
We then reconstruct $X_{t}$ and get the reconstructed matrix $\hat{X}_{t}$ by

$$
\begin{equation*}
Y_{t}^{C}=Q_{t} R_{t}, \quad B_{t}=\left(\Phi Q_{t}\right)^{\dagger} Y_{t}^{R}, \quad \hat{X}_{t}=Q_{t}\left[B_{t}\right]_{r} \tag{14}
\end{equation*}
$$

where $Q_{t} R_{t}$ is the $Q R$ factorization of $Y_{t}^{C}$ and $[\cdot]_{r}$ returns the best rank $r$ approximation in Frobenius norm. Specifically, the best rank $r$ approximation of a matrix $Z$ is $U \Sigma V^{*}$, where $U$ and $V$ are right and left singular vectors corresponding to the $r$ largest singular values of $Z$ and $\Sigma$ is a diagonal matrix with $r$ largest singular values of $Z$. In actual implementation, we may only produce the factors $(Q U, \Sigma, V)$ defining $\hat{X}_{T}$ in the end instead of reconstructing $\hat{X}_{t}$ in every iteration. We refer the reader to Tropp et al. (2017, Theorem 5.1) for the theoretical guarantees on the reconstruction matrix $\hat{X}_{t}$.
Hence we can avoid the forming a new iteratre procedure in SpecFW. We remark that the reconstructed matrix $\hat{X}_{t}$ is not necessarily positive semidefinite. However, this suffices for the purpose of finding a matrices close to $X_{t}$. More sophisticated procedure is available for producing a positive semidefinite approximation of $X_{t}$ (Tropp et al., 2017, Section 7.3).

## E. Proofs for Section 3

We first give the detailed calculation of the derivation for (12).

Continuation of proof of Theorem 3. We need to choose $\xi \in[0,1]$ so that $1-\xi+\frac{\xi^{2} \beta}{\gamma}$ is minimized while keeping $\xi^{2} \beta-\frac{\xi \lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6} \leq 0$. For $\xi^{2} \beta-\frac{\xi \lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6} \leq 0$, we need $\xi \leq \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta}$. The function $q(\xi)=1-\xi+\frac{\xi^{2} \beta}{\gamma}$ is decreasing for $\xi \leq \frac{\gamma}{2 \beta}$ and increasing for $\xi \geq \frac{\gamma}{2 \beta}$. If $\frac{\gamma}{2 \beta} \leq \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta}$, then we can pick $\xi=\frac{\gamma}{2 \beta}$, and $q(\xi)=1-\frac{\gamma}{4 \beta}$. If $\frac{\gamma}{2 \beta} \geq \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta} \Longrightarrow \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{\gamma} \leq 3$, then we can pick $\xi=\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta}$, and $q(\xi)=1-\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta}+\frac{\lambda_{n-r_{\star}}^{2}\left(Z_{\star}\right)}{36 \gamma \beta}=$ $1+\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \beta}\left(\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{6 \gamma}-1\right) \leq 1-\frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{12 \beta}$.

We shall prove Lemma 5 in this section. We restate Lemma 5 in a self-contained way.
Lemma 3. Suppose $Y \in \mathbb{S}^{n}$ with eigenvalues $\lambda_{1}(Y) \geq \cdots \geq \lambda_{n}(Y)$, and $\lambda_{n-r}(Y)-\lambda_{n-r+1}(Y) \geq \delta$. Here $\lambda_{i}(\cdot)$ denote the operator of taking the $i$-th largest eigenvalue. Also let $v_{1}, \ldots, v_{n}$ be the corresponding orthornomal eigenvectors. Denote the eigenspace corresponding to the last reigenvalus of $Y$ as $\mathcal{V}_{Y, r}$ and the corresponding orthorgonal projection $P_{Y, r}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ which is also a matrix in $\mathbb{R}^{n \times n}$. Let $V_{Y, r} \in \mathbb{R}^{n \times r}$ formed by the last $r$ many eigenvectors $v_{n-r+1}, \ldots v_{n}$ which represents the eigensapce $\mathcal{V}_{Y, r}$. Define $\mathcal{C}_{r}(Y)=\left\{V_{Y, r} S V_{Y, r}^{\top} \mid S \succeq 0, \operatorname{tr}(S)=1\right\}$. Then for any $X \in \mathbb{S}^{n}$ with $\operatorname{tr}(X)=1, X \succeq 0$, there is some $W \in \mathcal{C}_{r}(Y)$ such that

$$
\langle X-W, Y\rangle \geq \frac{\delta}{2}\|X-W\|_{F}^{2}
$$

Remark 4. We note that as long as range $(V)=\operatorname{range}\left(V_{Y, r}\right)$ for some matrix $V \in \mathbb{R}^{n \times r}$ with orthonormal columns, the set $\mathcal{C}_{r}(Y)$ is the same as $\left\{V S V^{\top} \mid S \succeq 0, \operatorname{tr}(S)=1\right\}$.

Proof of Lemma 5. We first decompose $X$ by

$$
X=\underbrace{\left(X-P_{Y, r} X P_{Y, r}\right)}_{X_{1}}+\underbrace{P_{Y, r} X P_{Y, r}}_{=: X_{2}}
$$

Note that $P_{Y, r}=P_{Y, r}^{\top}$, so $X_{2}=P_{Y, r} X P_{Y, r}$ is still symmetric. Let $1-\epsilon=\operatorname{tr}\left(P_{Y, r} X P_{Y, r}\right)$. Since $\operatorname{tr}(X)=1$, we have $\epsilon=\operatorname{tr}\left(X-P_{Y, r} X P_{Y, r}\right)$. We have $\epsilon \in[0,1]$ as $\operatorname{tr}\left(P_{Y, r} X P_{Y, r}\right)=\left\langle X, P_{Y, r} P_{Y, r}\right\rangle \stackrel{(a)}{\leq}\left\|P_{Y, r}\right\|_{\mathrm{op}} \operatorname{tr}(X) \leq 1$ where step $(a)$ is due to Hölder's inequality.
Consider the eigenvalue decomposition of $X_{2}=V_{2} \Lambda_{2} V_{2}^{\top}$, where $V_{2} \in \mathbb{R}^{n \times r}$ and $\Lambda_{2} \in \mathbb{S}^{r}$ with all diagonal nonnegative. Here the column space of $V_{2}$ satisfies range $\left(V_{2}\right)=\mathcal{V}_{Y, r}$.
Because $P_{Y, r} X P_{Y, r}=X_{2}$ is a member in $\mathcal{C}_{r}(Y)$, we know there is an $W \in \mathcal{C}_{r}(Y)$ such that $W=V_{2} \Lambda_{W} V_{2}^{\top}$ where $\Lambda_{W} \in \mathbb{S}^{r}$ has nonegative diagonal with $\operatorname{tr}\left(\Lambda_{W}\right)=1$ and the difference matrix $\Delta=\Lambda_{W}-\Lambda_{2}$ has nonnegative entries. We also have $\operatorname{tr}(\Delta)=\epsilon$, as the trace of both $\Lambda_{W}$ and $X$ are one.
With such choice of $W$, let us now analyze $\langle X-W, Y\rangle$ :

$$
\begin{align*}
\langle X-W, Y\rangle & =\underbrace{\left\langle X_{1}, Y\right\rangle+\left\langle X_{2}-W, Y\right\rangle}_{R_{1}} \\
& =\underbrace{\left\langle X-P_{Y, r} X P_{Y, r}, \sum_{i=1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle}_{R_{2}}  \tag{15}\\
& -\underbrace{\left\langle V_{2} \Delta V_{2}^{\top}, \sum_{i=1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle} .
\end{align*}
$$

The first term $R_{1}=\left\langle X-P_{Y, r} X P_{Y, r}, \sum_{i=1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle$ satifies

$$
\begin{aligned}
& \left\langle X-P_{Y, r} X P_{Y, r}, \sum_{i=1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle \\
\stackrel{(a)}{=} & \sum_{i=1}^{n} \lambda_{i}(Y) v_{i}^{\top} X v_{i}-\sum_{i=n-r+1}^{n} \lambda_{i}(Y) v_{i}^{\top} X v_{i} \\
= & \sum_{i=1}^{n-r} \lambda_{i}(Y) v_{i}^{\top} X v_{i} \\
\stackrel{(b)}{\geq} & \left(\lambda_{n-r+1}(Y)+\delta\right) \sum_{i=1}^{n-r} v_{i}^{\top} X v_{i} .
\end{aligned}
$$

Here in step ( $a$ ) we uses the fact that $P_{Y, r} v_{i}=v_{i}$ for $i=n-r+1, \ldots n$ and is zero for other $v_{i}$. In step (b), we use the assumption that $\lambda_{n-r}-\lambda_{n-r+1} \geq \delta$ and each $v_{i}^{\top} X v_{i} \geq 0$ as $X \succeq 0$. We note that $\sum_{i=1}^{n-r} v_{i}^{\top} X v_{i}$ satifies

$$
\begin{aligned}
& \sum_{i=1}^{n-r} v_{i}^{\top} X v_{i}= \operatorname{tr}\left(X\left(\sum_{i=1}^{n-r} v_{i} v_{i}^{\top}\right)\right) \stackrel{(a)}{=} \operatorname{tr}\left(X\left(I-P_{Y, r}\right)\right) \\
& \stackrel{(b)}{=} \operatorname{tr}(X)-\operatorname{tr}\left(P_{Y, r} X P_{Y, r}\right)=\epsilon
\end{aligned}
$$

Here step (a) uses the $P_{Y, r}=V_{Y, r} V_{Y, r}^{\top}$ and we use $P_{Y, r}^{2}=P_{Y, r}$ and cyclic property of trace in step $(b)$.
Now let us analyze the second term $R_{2}$ :

$$
\begin{aligned}
R_{2} & =\left\langle V_{2} \Delta V_{2}^{\top}, \sum_{i=1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle \\
& \stackrel{(a)}{=}\left\langle V_{2} \Delta V_{2}^{\top}, \sum_{i=n-r+1}^{n} \lambda_{i}(Y) v_{i} v_{i}^{\top}\right\rangle
\end{aligned}
$$

Here we use the fact that $V_{2}^{\top} v_{i}=0$ for all $v_{i}, i=1, \ldots n-r$. Since $V_{Y, r}$ and $V_{2}$ are both orthonormal representation of $\mathcal{V}_{Y, r}$, we know there is an orthonormal matrix $O \in \mathbb{R}^{r \times r}$ such that $V_{Y, r}=V_{2} O$. Define the linear operator diag : $\mathbb{S}^{n} \rightarrow \mathbb{R}^{n}$ , which takes the diagonal of a matrix. Let $\Lambda_{Y, r}=\operatorname{diag}^{*}\left(\lambda_{n-r+1}(Y), \ldots, \lambda_{n}(Y)\right)$, we see $R_{2}$ further equals to

$$
\begin{aligned}
R_{2} & =\operatorname{tr}\left(V_{2} \Delta V_{2}^{\top} V_{2} O \Lambda_{Y, r} O^{\top} V_{2}^{\top}\right) \\
& \stackrel{(a)}{=} \operatorname{tr}\left(\Delta O \Lambda_{Y, r} O^{\top}\right) \\
& \stackrel{(b)}{\leq} \epsilon \lambda_{n-r+1}(Y)
\end{aligned}
$$

Here we use the cyclic property in step $(a)$ and the step $(b)$ is an easy consequence of $\Delta$ has nonnegative diagonal and Von Neumann's trace inequality: for symmetric matrices $A, B \in \mathbb{S}^{r},\langle A, B\rangle \leq \sum_{i=1}^{r} \lambda_{i}(A) \lambda_{i}(B)$. Combining pieces, we find that

$$
\langle X-W, Y\rangle \geq\left(\lambda_{n-r+1}(Y)+\delta\right) \epsilon-\epsilon \lambda_{n-r+1}(Y)=\delta \epsilon
$$

Now we turn to analyzing the term $\|X-W\|_{\mathrm{F}}^{2}$. Using $\left\langle X_{1}, X_{2}\right\rangle=0,\left\langle X_{1}, W\right\rangle=0$, we find that

$$
\|X-W\|_{\mathrm{F}}^{2}=\left\|X_{1}\right\|_{\mathrm{F}}^{2}+\left\|X_{2}-W\right\|_{\mathrm{F}}^{2}
$$

The second term $\left\|X_{2}-W\right\|_{\mathrm{F}}^{2}$ satisfies

$$
\left\|X_{2}-W\right\|_{\mathrm{F}}=\left\|V_{2} \Delta V_{2}^{\top}\right\|_{\mathrm{F}}^{2}=\sum_{i=1}^{r} \Delta_{i i}^{2} \leq\left(\sum_{i=1}^{r} \Delta_{i i}\right)^{2}=\epsilon^{2}
$$

If we write $X$ in terms of the coordinates given by $V_{2}$ and its orthogonal compliment say $V_{1}$, then in this new coordinate $V=\left[V_{1}, V_{2}\right]:$

$$
V^{\top} X V=\left[\begin{array}{cc}
A & B \\
B & V_{2}^{\top} X_{2} V_{2}
\end{array}\right], \quad \text { and } \quad V^{\top} X_{1} V=\left[\begin{array}{cc}
A & B \\
B & 0
\end{array}\right]
$$

Then $\operatorname{tr}\left(X_{1}\right)=\operatorname{tr}(A)$. Lemma 5 implies that

$$
\|B\|_{\mathrm{F}}^{2} \leq \operatorname{tr}\left(X_{2}\right) \operatorname{tr}(A)=\epsilon(1-\epsilon)=\epsilon-\epsilon^{2}
$$

Hence $\left\|X_{1}\right\|_{\mathrm{F}}^{2}=\|A\|_{\mathrm{F}}^{2}+2\|B\|_{\mathrm{F}}^{2} \leq(\operatorname{tr}(A))^{2}+2 \epsilon-2 \epsilon^{2}=-\epsilon^{2}+2 \epsilon$. Combining pieces and $\epsilon \in[0,1]$, we find that

$$
\begin{aligned}
\|X-W\|_{\mathrm{F}}^{2} \leq 2 \epsilon=\frac{2}{\delta} \delta \epsilon & \leq \frac{2}{\delta}\langle X-W, Y\rangle \\
\Longrightarrow\langle X-W, Y\rangle & \geq \frac{\delta}{2}\|X-W\|_{\mathrm{F}}^{2}
\end{aligned}
$$

Lemma 5. Suppose $Y=\left[\begin{array}{cc}A & B \\ B^{\top} & D\end{array}\right] \succeq 0$. Then $\|A\|_{o p} \operatorname{tr}(D) \geq\left\|B B^{\top}\right\|_{*}=\operatorname{tr}\left(B B^{\top}\right)=\|B\|_{F}^{2}$.

Proof. For any $\epsilon>0$, denote $A_{\epsilon}=A+\varepsilon I$ and $Y_{\epsilon}=\left[\begin{array}{ll}A_{\epsilon} & B \\ B^{*} & D\end{array}\right]$. We know $Y_{\epsilon}$ is psd, as is its Schur complement $D-B^{\top} A_{\epsilon}^{-1} B \succeq 0$ with trace $\operatorname{tr}(D)-\operatorname{tr}\left(A_{\epsilon}^{-1} B B^{\top}\right) \geq 0$.
Von Neumann's lemma for $A_{\epsilon}, B B^{\top} \succeq 0$ shows $\operatorname{tr}\left(A_{\epsilon}^{-1} B B^{*}\right) \geq \frac{1}{\left\|A_{\epsilon}\right\|_{\mathrm{op}}}\left\|B B^{\top}\right\|_{*}$. Use this with the previous inequality to see $\operatorname{tr}(D) \geq \frac{1}{\left\|A_{\epsilon}\right\|_{\text {op }}}\left\|B B^{\top}\right\|_{*}$. Multiply by $\left\|A_{\epsilon}\right\|_{\text {op }}$ and let $\varepsilon \rightarrow 0$ to complete the proof.

## F. Lemmas for Section 4

We first give a self-contained proof for the second case of Theorem 6.

Proof of second case of Theorem 6. For any feasible $X$ and the optimal solution $X_{\star}$, we have

$$
\begin{aligned}
f(X)-f\left(X_{\star}\right) & \stackrel{(a)}{\geq}\left\langle\nabla f\left(X_{\star}\right), X-X_{\star}\right\rangle \\
& \stackrel{(b)}{=}\left\langle Z_{\star}+s_{\star} I, X-X_{\star}\right\rangle \\
& \stackrel{(c)}{=}\left\langle Z_{\star}, X-X_{\star}\right\rangle
\end{aligned}
$$

Here step $(a)$ is due to the convexity of $f$. For step (b), we uses the first order condition of KKT condition (3). The step ( $c$ ) is due to feasibility of $X$ and $X_{\star}$.
Since $Z_{\star}$ has rank $n-1$, using strict complementarity, we reach that any optimal solution $X_{\star}$ has rank 1 with range $\left(X_{\star}\right)=$ nullspace $\left(Z_{\star}\right)$. Thus any optimal solution $X_{\star}$ is of the form $X_{\star}=\xi v v^{\top}$, v is the non-zero unit vector in the null space of $Z_{\star}$, and $\xi$ is a nonnegative scaler. Since $X_{\star}$ has to be feasible, the constraint $\operatorname{tr}\left(X_{\star}\right)=1$ implies that $\xi=1$ and hence the solution $X_{\star}$ is unique. The same argument implies that the set $\mathcal{C}_{1}\left(Z_{\star}\right)=\left\{X_{\star}\right\}$. Hence using Lemma 5 and $\lambda_{n}\left(Z_{\star}\right)=0$, we see that

$$
f(X)-f\left(X_{\star}\right) \geq\left\langle Z_{\star}, X-X_{\star}\right\rangle \geq \frac{\lambda_{n-1}\left(Z_{\star}\right)}{2}\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2}
$$

Next, we establish the lemma that is core to the proof of Theorem 6 under the assumption of uniqueness.

Lemma 6. Suppose the following system admits a unique solution $X_{\star}$ with rank $r_{\star}$ :

$$
\begin{equation*}
\left\langle Z_{\star}, X_{\star}\right\rangle=0, \mathcal{A} X=b, \quad \text { and } \quad X \succeq 0, \tag{16}
\end{equation*}
$$

for a $Z_{\star} \succeq 0$ such that $\operatorname{rank}\left(Z_{\star}\right)+\operatorname{rank}\left(X_{\star}\right)=n$, a linear map $\mathcal{A}: \mathbb{S}^{n} \rightarrow \mathbb{R}^{m}$, and a vector $b \in \mathbb{R}^{m}$. Furthur suppose that $\mathcal{A} X=b \Longrightarrow \operatorname{tr}(X)=1$. Then for any $X \succeq 0$ with $\operatorname{tr}(X)=1$, we have

$$
\begin{align*}
\left\|X-X_{\star}\right\|_{F}^{2} \leq(4 & \left.+8 \frac{\sigma_{\max }(\mathcal{A})}{\sigma_{\min }\left(\mathcal{A}_{V}\right)}\right) \frac{\left\langle Z_{\star}, X\right\rangle}{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}  \tag{17}\\
& +\frac{4}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\|\mathcal{A}(X)-b\|_{2}^{2}
\end{align*}
$$

Proof. Let $V \in \mathbb{R}^{n \times r_{\star}}$ be a matrix with orthonormal columns correpsonding to the eigenspace $\mathcal{V}$ of $X_{\star}$ of positive eigenvalues. Then $X_{\star}$ can be written as $X_{\star}=V S_{\star} V^{\top}$ for some $S_{\star} \in \mathbb{S}^{r_{\star}}$ such that $S_{\star} \succ 0$. We claim that the linear map $\mathcal{A}_{V}$ defined as follows is injective:

$$
\begin{aligned}
\mathcal{A}_{V} & : \mathbb{S}^{r_{\star}} \rightarrow \mathbb{R}^{m} \\
& S \mapsto \mathcal{A}\left(V S V^{\top}\right)
\end{aligned}
$$

Suppose not, then there is some nonzero $S_{0} \in \mathbb{S}^{r_{\star}}$ such that $\mathcal{A}_{V}\left(S_{0}\right)=0$. Then $V\left(\alpha S_{0}+S_{\star}\right) V^{\top}$ also satisfies the system (16) for all small enough $\alpha$. Hence we see that for any $S \in \mathbb{S}^{r}$

$$
\begin{align*}
\left\|V S V^{\top}-X_{\star}\right\|_{\mathrm{F}} & \leq \frac{1}{\sigma_{\min }\left(\mathcal{A}_{V}\right)}\left\|\mathcal{A}\left(V S V^{\top}\right)-\mathcal{A}\left(X_{\star}\right)\right\|_{2}  \tag{18}\\
& =\frac{1}{\sigma_{\min }\left(\mathcal{A}_{V}\right)}\left\|\mathcal{A}\left(V S V^{\top}\right)-b\right\|_{2}
\end{align*}
$$

Here $\sigma_{\min }\left(\mathcal{A}_{V}\right)=\min _{\|S\|_{\mathrm{F}}=1}\left\|\mathcal{A}_{V}(S)\right\|_{2}>0$.
Using strict complementarity on $Z_{\star}$ and $X_{\star}$, we know $V$ is also a representation of the null space of the $Z_{\star}$. Using Lemma 5, we know there is some $W=V S V^{\top} \in \mathcal{C}_{r_{\star}}\left(Z_{\star}\right)$ such that

$$
\begin{equation*}
\left\langle X, Z_{\star}\right\rangle \stackrel{(a)}{=}\left\langle X-W, Z_{\star}\right\rangle \geq \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{2}\|X-W\|_{\mathrm{F}}^{2} \tag{19}
\end{equation*}
$$

where step $(a)$ is because $\lambda_{n-r_{\star}+1}\left(Z_{\star}\right)=\cdots=\lambda_{n}\left(Z_{\star}\right)=0$. We note if $r_{\star}=1$, then $\mathcal{C}_{r}\left(Z_{\star}\right)$ has $X_{\star}$ as its only element, as $\operatorname{tr}(X)=1$ and we are done.
We can bound $\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2}$ by

$$
\begin{align*}
\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2} & \stackrel{(a)}{\leq} 2\|X-W\|_{\mathrm{F}}^{2}+2\left\|W-X_{\star}\right\|_{\mathrm{F}}^{2}  \tag{20}\\
& \stackrel{(b)}{\leq} 2\|X-W\|_{\mathrm{F}}^{2}+\frac{2}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\|\mathcal{A}(W)-b\|_{2}^{2}
\end{align*}
$$

Here we use triangle inequality and basic inequality $(a+c)^{2} \leq 2 a^{2}+2 c^{2}$ for any real $a, c$ in step $(a)$. In step (b), we use (18).

We can further bound the term $\|\mathcal{A}(W)-b\|_{2}$ by

$$
\begin{align*}
\|\mathcal{A}(W)-b\|_{2} & =\|\mathcal{A}(W-X)+\mathcal{A}(X)-b\|_{2}  \tag{21}\\
& \leq\|\mathcal{A}(W-X)\|_{2}+\|\mathcal{A}(X)-b\|_{2}
\end{align*}
$$

Now combining (20), (21) and $(a+c)^{2} \leq 2 a^{2}+2 c^{2}$ for any $a, c \in \mathbb{R}$ in the following step $(a)$, we see

$$
\begin{aligned}
\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2} & \stackrel{(a)}{\leq} 2\|X-W\|_{\mathrm{F}}^{2}+\frac{4\|\mathcal{A}(W-X)\|_{2}^{2}}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)} \\
& +\frac{4}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\|\mathcal{A}(X)-b\|_{2}^{2} \\
& \leq\left(2+4 \frac{\sigma_{\max }^{2}(\mathcal{A})}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\right)\|X-W\|_{\mathrm{F}}^{2} \\
& +\frac{4}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\|\mathcal{A}(X)-b\|_{2}^{2}
\end{aligned}
$$

Finally using (19) to bound $\|X-W\|_{\mathrm{F}}$, we reached the inequality we want to prove:

$$
\begin{aligned}
\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2} & \leq\left(4+8 \frac{\sigma_{\max }^{2}(\mathcal{A})}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\right) \frac{\left\langle Z_{\star}, X\right\rangle}{\lambda_{n-r_{\star}}\left(Z_{\star}\right)} \\
& +\frac{4}{\sigma_{\min }^{2}\left(\mathcal{A}_{V}\right)}\|\mathcal{A}(X)-b\|_{2}^{2}
\end{aligned}
$$

We now establish a lemma to handle the general case that the solution might not be unique. For a convex closed set $\mathcal{X}_{\star}$, we define the distance to for an arbitrary $X \in \mathbb{S}^{n}$ to it as

$$
\operatorname{dist}\left(X, \mathcal{X}_{\star}\right):=\inf _{X_{\star} \in \mathcal{X}_{\star}}\left\|X-X_{\star}\right\|_{\mathrm{F}}
$$

Lemma 7. Denote the solution set of the following system as $\mathcal{X}_{\star}$ :

$$
\begin{equation*}
\left\langle Z_{\star}, X_{\star}\right\rangle=0, \mathcal{A} X=b, \quad \text { and } \quad X \succeq 0 \tag{22}
\end{equation*}
$$

for a $Z_{\star} \succeq 0$, a linear map $\mathcal{A}: \mathbb{S}^{n} \rightarrow \mathbb{R}^{m}$, and a vector $b \in \mathbb{R}^{m}$. Suppose the system (16) admits a solution $X_{\star}^{0}$ with $\operatorname{rank} r_{\star}^{0} \geq 1$ such that $\operatorname{rank}\left(Z_{\star}\right)+\operatorname{rank}\left(X_{\star}^{0}\right)=n$. Further suppose that $\mathcal{A} X=b \Longrightarrow \operatorname{tr}(X)=1$. Then the constant $\mu:=\sup \left\{a \geq 0 \mid a \cdot \operatorname{dist}\left(X, \mathcal{X}_{\star}\right) \leq\|\mathcal{A}(X)-b\|_{2}\right.$ for all $\left.X \in \mathcal{C}_{r_{\star}}\left(Z_{\star}\right)\right\}$ is positive, and for any $X \succeq 0$ with $\operatorname{tr}(X)=1$, we have

$$
\begin{array}{r}
\operatorname{dist}\left(X, \mathcal{X}_{\star}\right)^{2} \leq\left(4+8 \frac{\sigma_{\max }(\mathcal{A})}{\mu}\right) \frac{\left\langle Z_{\star}, X\right\rangle}{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}  \tag{23}\\
+\frac{4}{\mu^{2}}\|\mathcal{A}(X)-b\|_{2}^{2}
\end{array}
$$

Proof. Let $V \in \mathbb{R}^{n \times r_{\star}}$ be a matrix with orthonormal columns corresponding to the eigenspace $\mathcal{V}$ of $r_{\star}$ zero eigenvalues. Consider the linear map $\mathcal{A}_{V}$ :

$$
\begin{aligned}
\mathcal{A}_{V} & : \mathbb{S}^{r_{\star}} \rightarrow \mathbb{R}^{m} \\
& S \mapsto \mathcal{A}\left(V S V^{\top}\right)
\end{aligned}
$$

The key replacement of multiple solution setting is to establish an inequality similar to (18), which depicts the injectivity of $\mathcal{A}_{V}$ for unique solution setting.
Define the solution set $\mathcal{S} \subset \mathbb{S}^{r_{\star}}$ of the following system:

$$
\begin{equation*}
\mathcal{A}_{V}(S)=b, \quad S \succeq 0 \tag{24}
\end{equation*}
$$

Note that any $S \in \mathcal{S}$ satisfies that $V S V^{\top} \in \mathcal{X}_{\star}$. Conversely, for any $X_{\star} \in \mathcal{X}_{\star}$, it can be written as $X_{\star}=V S_{\star} V^{\top}$ for some $S_{\star} \in \mathbb{S}^{r_{\star}}$ such that $S_{\star} \succeq 0$ and $\mathcal{A}_{V}\left(S_{\star}\right)=b$. Hence we have $\mathcal{X}_{\star}=\left\{X \mid X=V S V^{\top}, S \in \mathcal{S}\right\}$.

Now if we take the $X_{\star}^{0} \in \mathcal{X}_{\star}$ such that $\operatorname{rank}\left(Z_{\star}\right)+\operatorname{rank}\left(X_{\star}^{0}\right)=n$, then $X_{\star}^{0}=V S_{\star}^{0} V^{\top}$ for some $S_{\star}^{0} \in \mathbb{S}^{r_{\star}}$ such that $S_{\star}^{0} \succ 0$. This means the system (24) satisfies the condition in Corollary 3 in (Bauschke et al., 1999). By applying this corollary to (24), we know there is a $\mu>0$ such that for all $S \succeq 0$ and $\operatorname{tr}(S)=1$,

$$
\begin{equation*}
\operatorname{dist}(S, \mathcal{S}) \leq \frac{1}{\mu}\left\|\mathcal{A}_{V} S-b\right\|_{2} \tag{25}
\end{equation*}
$$

Translating the inequality to the space $\mathcal{L}=\left\{X \in \mathbb{S} \mid X=V S V^{\top}\right.$ for some $\left.S \in \mathbb{S}^{r_{\star}}\right\}$, we have for all $X \succeq 0, \operatorname{tr}(X)=1$, and $X \in \mathcal{L}$, i.e., $X \in \mathcal{C}_{r_{\star}}\left(Z_{\star}\right)$ :

$$
\begin{equation*}
\operatorname{dist}\left(X, \mathcal{X}_{\star}\right) \leq \frac{1}{\mu}\|\mathcal{A}(X)-b\|_{2} \tag{26}
\end{equation*}
$$

This is our replacement of (18) in Lemma 6.
Following the proof of Lemma 6, we know there is some $W=V S V^{\top} \in \mathcal{C}_{r_{\star}}\left(Z_{\star}\right)$ such that

$$
\begin{equation*}
\left\langle X, Z_{\star}\right\rangle=\left\langle X-W, Z_{\star}\right\rangle \geq \frac{\lambda_{n-r_{\star}}\left(Z_{\star}\right)}{2}\|X-W\|_{\mathrm{F}}^{2} \tag{27}
\end{equation*}
$$

To bound $\operatorname{dist}\left(X, \mathcal{X}_{\star}\right)$, we pick an $X_{\star} \in \mathcal{X}_{\star}$ such that it is nearest to $W$ (mote $\mathcal{X}_{\star}$ is compact as $\mathcal{A}(X)=b$ implies $\operatorname{tr}(X)=1)$. Then we have

$$
\begin{align*}
\operatorname{dist}\left(X, \mathcal{X}_{\star}\right)^{2} & \leq\left\|X-X_{\star}\right\|_{\mathrm{F}}^{2}  \tag{28}\\
& \stackrel{(a)}{\leq} 2\|X-W\|_{\mathrm{F}}^{2}+2\left\|W-X_{\star}\right\|_{\mathrm{F}}^{2}  \tag{29}\\
& \stackrel{(b)}{\leq} 2\|X-W\|_{\mathrm{F}}^{2}+\frac{2}{\mu^{2}}\|\mathcal{A}(W)-b\|_{2}^{2}
\end{align*}
$$

Here we use triangle inequality and basic inequality $(a+c)^{2} \leq 2 a^{2}+2 c^{2}$ for any real $a, c$ in step $(a)$. In step (b), we use (18). The rest of the proof is exactly the same as those in Lemma 6.

The following Lemma establishes the linear convergence of G-BlockFW under quadratic growth condition.
Lemma 8. Suppose $f$ of Problem (1) is $\beta$ smooth and Problem (1) satisfies quadratic growth with parameter $\gamma$. If $\eta=\frac{\gamma}{\beta}$ and $k \geq r_{\star}=\operatorname{rank}\left(X_{\star}\right)$, where $X_{\star}$ is an optimal solution of Problem (1), then the generalized Block $F W 2$ converges linearly:

$$
h_{t+1} \leq\left(1-\frac{\gamma}{2 \beta}\right) h_{t}
$$

where $h_{t}=f\left(X_{t}\right)-f\left(X_{\star}\right)$ for each $t$.
Proof. Denote $\hat{Y}=V \operatorname{diag}(\Lambda) V^{\top}$. The Lipschitz smoothness of $f$ shows that

$$
\begin{equation*}
f\left(X_{t+1}\right) \leq f\left(X_{t}\right)+\eta\left\langle\hat{Y}-X_{t}, \nabla f\left(X_{t}\right)\right\rangle+\frac{\eta^{2} \beta}{2}\left\|\hat{Y}-X_{t}\right\|_{\mathrm{F}}^{2} \tag{30}
\end{equation*}
$$

Using a similar argument as Allen-Zhu et al. (2017, Lemma 3.1), we have

$$
\hat{Y}=\arg \min _{Y \in \mathcal{S}_{n}, \operatorname{rank}(Y) \leq r_{\star}} \eta\left\langle\hat{Y}-X_{t}, \nabla f\left(X_{t}\right)\right\rangle+\frac{\eta^{2} \beta}{2}\left\|\hat{Y}-X_{t}\right\|_{\mathrm{F}}^{2}
$$

Hence, we can replace $\hat{Y}$ in (30) by $X_{\star}$ in the following step (a),

$$
\begin{align*}
f\left(X_{t+1}\right) & \stackrel{(a)}{\leq} f\left(X_{t}\right)+\eta\left\langle X_{\star}-X_{t}, \nabla f\left(X_{t}\right)\right\rangle+\frac{\eta^{2} \beta}{2}\left\|X_{\star}-X_{t}\right\|_{\mathrm{F}}^{2}  \tag{31}\\
& \stackrel{(b)}{\leq} f\left(X_{t}\right)-\eta\left(f\left(X_{t}\right)-f\left(X_{\star}\right)+\frac{\eta^{2} \beta}{2 \gamma}\left(f\left(X_{t}\right)-f\left(X_{\star}\right)\right)\right.
\end{align*}
$$

where step $(b)$ is due to the qudratic growth of Problem (1). Now subtract both sides by $f\left(X_{\star}\right)$, and let $h_{t}=f\left(X_{t}\right)-f\left(X_{\star}\right)$ for each $t$, we find that

$$
h_{t+1} \leq\left(1-\eta+\frac{\eta^{2} \beta}{2 \gamma}\right) h_{t}
$$

Our choice $\eta=\frac{\gamma}{\beta}$ set $\left(1-\eta+\frac{\eta^{2} \beta}{2 \gamma}\right)=1-\frac{\gamma}{2 \beta}$ which is what we desired.

## G. Additional Numerics

We include extra numerics for $n=100,200,400$ in Figure 1, 2 . As can be seen, SpecFW in these cases are a bit slower than G-BlockFW when $\tau=0.5$ and $c=0.5$. SpecFW is as good as FW when $k$ is miss specified.

What if $\nabla f\left(X_{\star}\right)=0$ ? Here we also discuss an interesting situation that $c=0$, and $\tau=1$, then we see $X_{\star}=U_{\natural} U_{\natural}^{\top}$ is an optimal solution and gradient in this case is 0 . Such situation means strict complementarity fails and the small perturbation to $\tau$ will result in a higher-rank solution, meaning the convex relaxation (20) is ill-posed for the purpose of low-rank matrix recovery [Lemma 2](Garber, 2019). Indeed, this is where SpecFW is not advantageous comparing to G-BlockFW as shown in Figure 3. $\tau=1$ and $c=0$.

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Figure 1. Comparison of algorithms under $\tau=\frac{1}{2}$ and noise level $c=0.5$.


Figure 2. Comparison of algorithms under $\tau=\frac{1}{2}$, noise level $c=0.5$, and $k=2<r_{\star}$.


Figure 3. Comparison of algorithms under $\tau=1$, noise level $c=0$, and $k=4>r_{\star}$.

