## A. Proofs for convergence of variational inference

We study convergence of  $\Lambda_n$  to  $\Lambda^*$  in terms of the KL divergence from p(z) to  $q(z|\Lambda_n)$ . Before proving the convergence rates for (stochastic) variational inference, we first derive a useful bound for the KL divergence, which will be used frequently in the proofs to follow.

**Lemma 3.** The KL divergence between two normal distributions p(z) and  $q(z|\Lambda_n)$  is upper bounded by their difference in the Frobenius norm:

$$\operatorname{KL}(p(z) \| q(z|\Lambda_n)) \\ \leq \frac{1}{2} \| (\Lambda^*)^{-1} \|_2 \cdot \| (\Lambda_n)^{-1} \|_2 \cdot \| \Lambda^* - \Lambda_n \|_F^2.$$

Proof of Lemma 3

$$\operatorname{KL}(p(z) \| q(z|\Lambda_n)) = \frac{1}{2} \left( -\log \frac{|\Lambda_n|}{|\Lambda^*|} + \operatorname{tr}((\Lambda^*)^{-1}\Lambda_n) - d \right)$$
$$= \frac{1}{2} \left( -\log \left| (\Lambda^*)^{-1}\Lambda_n \right| + \operatorname{tr}\left( (\Lambda^*)^{-1}\Lambda_n - I \right) \right)$$

Since

$$\log \left| \left( \Lambda^* \right)^{-1} \Lambda_n \right| \ge \operatorname{tr} \left( I - \Lambda_n^{-1} \Lambda^* \right),$$
  
KL  $(p(z) || q(z | \Lambda_n))$ 

$$\leq \frac{1}{2} \operatorname{tr} \left( (\Lambda^*)^{-1} \Lambda_n + \Lambda_n^{-1} \Lambda^* - 2I \right)$$
  
=  $\frac{1}{2} \operatorname{tr} \left( \left( (\Lambda^*)^{-1} (\Lambda_n - \Lambda^*) \right) + (\Lambda_n^{-1} (\Lambda^* - \Lambda_n)) \right)$   
=  $\frac{1}{2} \operatorname{tr} \left( \left( \Lambda_n^{-1} - (\Lambda^*)^{-1} \right) (\Lambda^* - \Lambda_n) \right)$   
 $\leq \frac{1}{2} \left\| \Lambda_n^{-1} - (\Lambda^*)^{-1} \right\|_F \cdot \left\| \Lambda^* - \Lambda_n \right\|_F$   
 $\leq \frac{1}{2} \left\| (\Lambda^*)^{-1} \right\|_2 \cdot \left\| (\Lambda_n)^{-1} \right\|_2 \cdot \left\| \Lambda^* - \Lambda_n \right\|_F^2.$ 

A.1. Proof for "Open-Box" VI Convergence

**Proof of Lemma** 1 The update rule in equation 13 can be explicitly expressed as:

$$\Lambda_n = \Lambda_{n-1} - h_{n-1} g(\Lambda_{n-1})$$
$$= \Lambda_{n-1} - \frac{h_{n-1}}{2} (\Lambda_{n-1} - \Lambda^*)$$

When we take a constant step size  $h_k = h = \frac{1}{2}$ , we can obtain that

$$\Lambda_n = \left(\frac{1}{2}\right)^n \Lambda_0 + \left(1 - \left(\frac{1}{2}\right)^n\right) \Lambda^*.$$

Therefore,

$$\|\Lambda_n - \Lambda^*\|_F = \left(\frac{1}{2}\right)^n \|\Lambda_0 - \Lambda^*\|_F$$

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Using the result of Lemma 3, we can obtian that

$$KL(p(z) ||q(z|\Lambda_n)) \leq \frac{1}{2} || (\Lambda^*)^{-1} ||_2 \cdot || (\Lambda_n)^{-1} ||_2 \cdot ||\Lambda^* - \Lambda_n||_F^2 .$$

By Weyl's theorem, we know that the distance from any eigenvalue of  $\Lambda_n$  to the closest eigenvalue of  $\Lambda^*$  is upper bounded by  $\|\Lambda_n - \Lambda^*\|_2 \leq \|\Lambda_n - \Lambda^*\|_F$ . Therefore,  $\sigma_{\min}(\Lambda_n) \geq \sigma_{\min}(\Lambda^*) - (\frac{1}{2})^n \|\Lambda_0 - \Lambda^*\|_F$ , resulting in the upper bound for the spectral norm of  $\Lambda_n$  that

$$\| (\Lambda_n)^{-1} \|_2 \le \frac{1}{\sigma_{\min}(\Lambda^*) - (\frac{1}{2})^n \|\Lambda_0 - \Lambda^*\|_F}$$

Therefore, for any

$$n \ge \log_2 \frac{2}{\sigma_{\min}(\Lambda^*)} \frac{\|\Lambda_0 - \Lambda^*\|_F}{\epsilon}$$

 $\operatorname{KL}(p(z) || q(z | \Lambda_n)) \leq \epsilon$ , for any  $\epsilon \leq 1$ .

## A.2. Proofs for "Black-Box" VI Convergence

**Proof of Theorem 1** We obtain the convergence bound in  $\|\Lambda^* - \Lambda_n\|_F^2$  and then incur Lemma 3 to finish the proof.

**Lemma 4.** For the stochastic preconditioned gradient descent algorithm described in equation 15 if we take a step size of  $h = \frac{\tilde{\epsilon}}{4\sigma_{\max}^2(\Lambda^*)d\delta^2}$ , we can obtain that when

$$n \ge \frac{4\sigma_{\max}^2(\Lambda^*)d\delta^2}{\nu\tilde{\epsilon}}\log\frac{2\left\|\Lambda_0 - \Lambda^*\right\|_F^2}{\nu\tilde{\epsilon}}$$

$$\|\Lambda_n - \Lambda^*\|_F^2 \leq \tilde{\epsilon}$$
, with probability  $1 - \nu$ .

Then by Weyl's theorem, we know that the distance from any eigenvalue of  $\Lambda_n$  to the closest eigenvalue of  $\Lambda^*$  is upper bounded by  $\|\Lambda_n - \Lambda^*\|_2 \le \|\Lambda_n - \Lambda^*\|_F$ . Therefore,  $\sigma_{\min}(\Lambda_n) \ge \sigma_{\min}(\Lambda^*) - \sqrt{\tilde{\epsilon}}$ , resulting in the upper bound for the spectral norm of  $\Lambda_n$  that

$$\|\left(\Lambda_n\right)^{-1}\|_2 \le \frac{1}{\sigma_{\min}(\Lambda^*) - \sqrt{\tilde{\epsilon}}}.$$
(20)

Applying equation 20 to Lemma 3, we upper bound the KL divergence by  $\tilde{\epsilon}$ :

$$\operatorname{KL}\left(p(z)\|q(z|\Lambda_n)\right) \leq \frac{1}{2\sigma_{\min}(\Lambda^*)} \frac{\tilde{\epsilon}}{\sigma_{\min}(\Lambda^*) - \sqrt{\tilde{\epsilon}}}.$$

Choosing  $\tilde{\epsilon} = \frac{\sigma_{\min}^2(\Lambda^*)}{2}\epsilon$  completes the proof that after

$$n \ge 8 \frac{\sigma_{\max}^2(\Lambda^*)\delta^2}{\nu \sigma_{\min}^2(\Lambda^*)} \frac{d}{\epsilon} \cdot \log \frac{4 \|\Lambda_0 - \Lambda^*\|_F^2}{\nu \sigma_{\min}^2(\Lambda^*)\epsilon} = \widetilde{\mathcal{O}}\left(\frac{\sigma_{\max}^2(\Lambda^*)\delta^2}{\sigma_{\min}^2(\Lambda^*)} \frac{d}{\epsilon}\right).$$

number of iterations,  $\operatorname{KL}(p(z) || q(z | \Lambda_n)) \leq \epsilon$ .

**Proof of Lemma** 4 We first prove the convergence in  $\mathbb{E} \|\Lambda_n - \Lambda^*\|_F^2$  then invoke the Chebychev inequality for the high probability statement.

Since we assumed in equation 14 that  $\mathbb{E}[\Delta(\Lambda; \mathcal{D}_n)] = 0$ , and that  $\mathbb{E}\|\Delta(\Lambda; \mathcal{D}_n)\|_F^2 \leq \sigma_{\max}^2(\Lambda^*)d\delta^2$ , for any n,

$$\begin{split} \mathbb{E} \|\Lambda_{n} - \Lambda^{*}\|_{F}^{F} \\ &= \mathbb{E} \|\Lambda_{n-1} - \Lambda^{*} - h_{n-1}\hat{g}(\Lambda)\|_{F}^{2} \\ &= \mathbb{E} \left\| \left( 1 - \frac{h_{n-1}}{2} \right) (\Lambda_{n-1} - \Lambda^{*}) + h_{n-1}\Delta(\Lambda_{n-1};\mathcal{D}_{n-1}) \right\|_{F}^{2} \\ &= \left( 1 - \frac{h_{n-1}}{2} \right)^{2} \mathbb{E} \|\Lambda_{n-1} - \Lambda^{*}\|_{F}^{2} + 2h_{n-1} \left( 1 - \frac{h_{n-1}}{2} \right) \mathbb{E} \langle \Lambda_{n-1} - \Lambda^{*}, \Delta(\Lambda_{n-1};\mathcal{D}_{n-1}) \rangle_{F} + h_{n-1}^{2} \mathbb{E} \|\Delta(\Lambda_{n-1};\mathcal{D}_{n-1})\|_{F}^{2} \\ &= \left( 1 - \frac{h_{n-1}}{2} \right)^{2} \mathbb{E} \|\Lambda_{n-1} - \Lambda^{*}\|_{F}^{2} + h_{n-1}^{2} \mathbb{E} \|\Delta(\Lambda_{n-1};\mathcal{D}_{n-1})\|_{F}^{2} \\ &\leq \left( 1 - \frac{h_{n-1}}{2} \right) \mathbb{E} \|\Lambda_{n-1} - \Lambda^{*}\|_{F}^{2} + h_{n-1}^{2} \mathbb{E} \|\Delta(\Lambda_{n-1};\mathcal{D}_{n-1})\|_{F}^{2} \\ &\leq \prod_{i=0}^{n-1} \left( 1 - \frac{h_{i}}{2} \right) \mathbb{E} \|\Lambda_{0} - \Lambda^{*}\|_{F}^{2} + \sum_{j=0}^{n-1} h_{j}^{2} \left( \prod_{i=j+1}^{n-1} \left( 1 - \frac{h_{i}}{2} \right) \right) \mathbb{E} \|\Delta(\Lambda_{j-1};\mathcal{D}_{j-1})\|_{F}^{2} \\ &\leq \prod_{i=0}^{n-1} \left( 1 - \frac{h_{i}}{2} \right) \mathbb{E} \|\Lambda_{0} - \Lambda^{*}\|_{F}^{2} + \sum_{j=0}^{n-1} h_{j}^{2} \prod_{i=j+1}^{n-1} \left( 1 - \frac{h_{i}}{2} \right) \sigma_{\max}^{2} (\Lambda^{*}) d\delta^{2}. \end{split}$$

When we take a constant step size,  $h_k = h$ , the above expression simplifies to:

$$\mathbb{E}\|\Lambda_n - \Lambda^*\|_F^2 \leq \left(1 - \frac{h_i}{2}\right)^n \mathbb{E}\|\Lambda_0 - \Lambda^*\|_F^2 + 2h\left(\left(1 - \frac{h_i}{2}\right) - \left(1 - \frac{h_i}{2}\right)^n\right)\sigma_{\max}^2(\Lambda^*)d\delta^2 \\
\leq \left(1 - \frac{h_i}{2}\right)^n \mathbb{E}\|\Lambda_0 - \Lambda^*\|_F^2 + 2h\sigma_{\max}^2(\Lambda^*)d\delta^2.$$
(21)

We then invoke the following Chebyshev inequality to obtain the high probability statement:

$$\mathbb{P}\left(\|\Lambda_n - \Lambda^*\|_F^2 \ge \tilde{\epsilon}\right) \le \frac{1}{\tilde{\epsilon}} \mathbb{E}\|\Lambda_n - \Lambda^*\|_F^2$$

For  $\|\Lambda_n - \Lambda^*\|_F^2 \leq \tilde{\epsilon}$  to hold with  $1 - \nu$  probability, we need  $\|\Lambda_n - \Lambda^*\|_F^2 \leq \nu \tilde{\epsilon}$ . Choosing  $h = \frac{\nu \tilde{\epsilon}}{4\sigma_{\max}^2(\Lambda^*)d\delta^2}$ , we arrive at our conclusion that  $\|\Lambda_n - \Lambda^*\|_F^2 \leq \tilde{\epsilon}$  with probability  $1 - \nu$ , when

$$n \geq \frac{4\sigma_{\max}^2(\Lambda^*)d\delta^2}{\nu\tilde{\epsilon}}\log\frac{2\left\|\Lambda_0 - \Lambda^*\right\|_F^2}{\nu\tilde{\epsilon}},$$

where the log factor can be shaved off by employing a decreasing step size.

**Tightness of the bounds** We now demonstrate that the convergence upper bound in Theorem 1 is tight up to a logarithmic factor. We first prove that the Frobenius norm bound in Lemma 4 instead of a spectral norm bound, is indeed necessary to guarantee the convergence in KL divergence.

To this end, we examine an example of the posterior with the precision matrix  $\Lambda^* = \frac{1}{4}I$ . If the initial distribution has the precision matrix  $\Lambda_0 = I$ , then  $\|\Lambda_0 - \Lambda^*\|_2 = \frac{3}{4}$ . However,

$$\operatorname{KL}(p(z) \| q(z|\Lambda_0)) = \frac{1}{2} \left( -\log \frac{|\Lambda_0|}{|\Lambda^*|} + \operatorname{tr}((\Lambda^*)^{-1}\Lambda_0) - d \right) \ge d,$$

which can be arbitrarily large as dimension d increases.

We then use the same posterior of  $\Lambda^* = \frac{1}{4}I$  and take an initial value  $\Lambda_0$  so that  $\|\Lambda_0 - \Lambda^*\|_F^2$  scales inclusively between  $\Omega(1)$  and  $\mathcal{O}(d)$ . Under this mild condition, we demonstrate that the number of iterations, n, required for  $\|\Lambda_0 - \Lambda^*\|_F^2$  to decrease to  $\|\Lambda_n - \Lambda^*\|_F^2 \leq \frac{1}{2}\|\Lambda_0 - \Lambda^*\|_F^2$  is  $n = \Omega(d)$ .

We first demonstrate that  $\mathbb{E} \|\Delta(\Lambda; \mathcal{D}_n)\|_F^2 = \Omega(d)$  for minibatch size  $|\mathcal{D}_n| = \mathcal{O}(d)$ . From Section 4.3 we know that

$$\begin{split} \mathbb{E} \|\Delta(\Lambda; \mathcal{D}_n)\|_F^2 \\ &= \frac{1}{|\mathcal{D}_n|} \mathbb{E}_{z \sim q} \left[ \|v\left(\Lambda; z\right) - \mathbb{E}_{\hat{z} \sim q} \left[v\left(\Lambda; \hat{z}\right)\right] \|_F^2 \right] \\ &= \frac{1}{2|\mathcal{D}_n|} \left( \operatorname{tr}(\Lambda - \Lambda^*) \right)^2 - \frac{1}{4|\mathcal{D}_n|} \|\Lambda - \Lambda^*\|_F^2 \\ &+ \frac{1}{|\mathcal{D}_n|} \left( \frac{1}{8} \left\| I - \Lambda^* \Lambda^{-1} \right\|_F^2 + \frac{1}{16} \left( \operatorname{KL} \left( q(z|\Lambda) \| p(z) \right) \right)^2 \right) \cdot \left( \left( \operatorname{tr}(\Lambda) \right)^2 + \operatorname{tr} \left(\Lambda^2\right) \right) . \end{split}$$

Since

$$\|\Lambda - \Lambda^*\|_F \le \|\Lambda\|_2 \cdot \|I - \Lambda^{-1}\Lambda^*\|_F,$$

we employ Weyl's theorem and obtain that

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$$\|I - \Lambda^{-1} \Lambda^*\|_F \ge \frac{\|\Lambda - \Lambda^*\|_F}{\sigma_{\max}(\Lambda)}$$
$$\ge \frac{\|\Lambda - \Lambda^*\|_F}{\sigma_{\max}(\Lambda^*) + \|\Lambda - \Lambda^*\|_F} = \Omega(1).$$

Therefore,  $\mathbb{E}\|\Delta(\Lambda; \mathcal{D}_n)\|_F^2 = \Omega(1)$  for  $|\mathcal{D}_n| = \mathcal{O}(d)$  and for  $\|\Lambda - \Lambda^*\|_F^2 = \Omega(1/d)$  and  $\|\Lambda - \Lambda^*\|_F^2 = \mathcal{O}(d)$ .

We then analyze number of steps n required for  $\|\Lambda_n - \Lambda^*\|_F^2 \leq \frac{1}{2}\|\Lambda_0 - \Lambda^*\|_F^2$ . In the update rule of equation 15,

$$\Lambda_n = \Lambda_{n-1} - h_{n-1}\hat{g}(\Lambda_{n-1}) = \Lambda_{n-1} - \frac{h_{n-1}}{2}(\Lambda_{n-1} - \Lambda^*) + h_{n-1}\Delta(\Lambda_{n-1}; \mathcal{D}_{n-1}).$$

Hence

$$\Lambda_{n} - \Lambda^{*} = \left(1 - \frac{h_{n-1}}{2}\right) (\Lambda_{n-1} - \Lambda^{*}) + h_{n-1}\Delta(\Lambda_{n-1}; \mathcal{D}_{n-1}) \\ = \prod_{i=0}^{n-1} \left(1 - \frac{h_{i}}{2}\right) (\Lambda_{0} - \Lambda^{*}) + \sum_{j=0}^{n-1} h_{j} \prod_{i=j+1}^{n-1} \left(1 - \frac{h_{i}}{2}\right) \Delta(\Lambda_{j}; \mathcal{D}_{j}).$$

Since  $\mathcal{D}_n$  are sampled in an i.i.d. fashion and that  $\mathbb{E}[\Delta(\Lambda; \mathcal{D}_n)] = 0$  from assumption 14.

$$\mathbb{E}\|\Lambda_n - \Lambda^*\|_F^2 = \prod_{i=0}^{n-1} \left(1 - \frac{h_i}{2}\right)^2 \mathbb{E}\|\Lambda_0 - \Lambda^*\|_F^2 + \sum_{j=0}^{n-1} h_j^2 \prod_{i=j+1}^{n-1} \left(1 - \frac{h_i}{2}\right)^2 \mathbb{E}\|\Delta(\Lambda_j; \mathcal{D}_j)\|_F^2.$$

Since  $\mathbb{E} \|\Delta(\Lambda; \mathcal{D}_n)\|_F^2 = \Omega(d)$ , to have that  $\|\Lambda_n - \Lambda^*\|_F^2 \le \frac{1}{2} \|\Lambda_0 - \Lambda^*\|_F^2$  with a constant probability, we must require

$$\sum_{j=0}^{n-1} h_j^2 \prod_{i=j+1}^{n-1} \left( 1 - \frac{h_i}{2} \right)^2 = \mathcal{O}\left( \frac{1}{d} \right),$$

which implies that  $h_j = \mathcal{O}\left(\frac{1}{d}\right), \forall j = 0, \dots, n-1$ . On the other hand, to achieve  $\|\Lambda_n - \Lambda^*\|_F \leq \frac{1}{2}\|\Lambda_0 - \Lambda^*\|_F$ , we also need

$$\prod_{i=0}^{n-1} \left( 1 - \frac{h_i}{2} \right) \|\Lambda_0 - \Lambda^*\|_F \le \frac{1}{2} \|\Lambda_0 - \Lambda^*\|_F,$$

which implies that

$$\sum_{i=0}^{n-1} h_i \ge \sum_{i=0}^{n-1} \left( \left( 1 - \frac{h_i}{2} \right)^{-1} - 1 \right)$$
$$\ge \sum_{i=0}^{n-1} \log \left( \left( 1 - \frac{h_i}{2} \right)^{-1} \right)$$
$$\ge \log \frac{\|\Lambda_0 - \Lambda^*\|_F}{\|\Lambda_n - \Lambda^*\|_F} = \log(2).$$

Since  $h_j = \mathcal{O}\left(\frac{1}{d}\right), \forall j$ , we need  $n = \Omega(d)$  for convergence.

## B. Proofs for convergence of Langevin algorithm

**Proof of Lemma 1** Before proving Lemma 1, we first make the assumptions explicit. We are interested in generating samples from  $p(\theta) \propto \exp(-U(\theta))$ , where  $U(\theta)$  is *L*-Lipschitz smooth and *m*-strongly convex. We further assume, without loss of generality, that *U* has a fixed point at the origin 0:  $\nabla U(0) = 0$ .

To prove Lemma 1, we first analyze equation 3 as a discretization scheme of the Langevin diffusion of equation 4 Within each iteration, the ULA update 3 is effectively integrating the following dynamics:

$$d\theta_t = \nabla \log p(\theta_n) dt + \sqrt{2} dW_t$$
  
=  $\nabla \log p(\theta_t) dt + \sqrt{2} dW_t + (\nabla \log p(\theta_n) - \nabla \log p(\theta_t)) dt,$  (22)

for  $t \in [n\eta, (n+1)\eta]$ .

We then analyze the time derivative of the KL divergence  $KL(q_t || p)$  within each step:

$$\frac{d}{dt} \operatorname{KL}\left(q_{t} \| p\right) = -\mathbb{E}\left\langle \nabla \log \frac{q_{t}(\theta_{t})}{p(\theta_{t})}, \nabla \log \frac{q_{t}(\theta_{t})}{p(\theta_{t})} + \left(\nabla \log p(\theta_{n}) - \nabla \log p(\theta_{t})\right)\right\rangle \\
= -\mathbb{E}\left\| \nabla \log \frac{q_{t}(\theta_{t})}{p(\theta_{t})} \right\|^{2} + \mathbb{E}\left\langle \nabla \log \frac{q_{t}(\theta_{t})}{p(\theta_{t})}, \nabla \log p(\theta_{t}) - \nabla \log p(\theta_{n})\right\rangle,$$
(23)

where the expectation is taken with respect to the joint distribution of  $\theta_t$  and  $\theta_n$ . For the second term in equation 23 we invoke Young's inequality to bound:

$$\mathbb{E}\left\langle \nabla \log \frac{q_t(\theta_t)}{p(\theta_t)}, \nabla \log p(\theta_t) - \nabla \log p(\theta_n) \right\rangle \leq \frac{1}{2} \mathbb{E} \left\| \nabla \log \frac{q_t(\theta_t)}{p(\theta_t)} \right\|^2 + \frac{1}{2} \mathbb{E} \left\| \nabla \log p(\theta_t) - \nabla \log p(\theta_n) \right\|^2 \\ = \frac{1}{2} \mathbb{E} \left\| \nabla \log \frac{q_t(\theta_t)}{p(\theta_t)} \right\|^2 + \frac{1}{2} \mathbb{E} \left\| \nabla U(\theta_t) - \nabla U(\theta_n) \right\|^2.$$

Since potential U is L-Lipschitz smooth,  $\|\nabla U(\theta_t) - \nabla U(\theta_n)\|^2 \le L^2 \|\theta_t - \theta_n\|^2$ . Also note that we have set  $\nabla U(0) = 0$ . Hence

$$\begin{aligned} \frac{1}{2} \mathbb{E} \left\| \nabla U(\theta_t) - \nabla U(\theta_n) \right\|^2 &\leq \frac{L^2}{2} \mathbb{E} \| \theta_t - \theta_n \|^2 \\ &= \frac{L^2}{2} \mathbb{E} \left\| -(t - \eta n) \nabla U(\theta_n) + \sqrt{2} \left( W_t - W_{\eta n} \right) \right\|^2 \\ &= \frac{L^2 (t - \eta n)^2}{2} \mathbb{E}_{\theta \sim q_n} \left[ \| \nabla U(\theta) \|^2 \right] + L^2 d(t - \eta n) \\ &\leq \frac{L^4 \eta^2}{2} \mathbb{E}_{\theta \sim q_n} \left[ \| \theta \|^2 \right] + L^2 d\eta \end{aligned}$$

Applying this result to equation 23, we obtain an upper bound for  $\frac{d}{dt}$ KL  $(q_t || p)$  within each iteration:

$$\frac{d}{dt}\operatorname{KL}\left(q_{t}\|p\right) \leq -\frac{1}{2}\mathbb{E}\left\|\nabla\log\frac{q_{t}(\theta_{t})}{p(\theta_{t})}\right\|^{2} + \frac{L^{4}\eta^{2}}{2}\mathbb{E}_{\theta \sim q_{n}}\left[\left\|\theta\right\|^{2}\right] + L^{2}d\eta.$$
(24)

Since function U is m-strongly convex, we obtain the following log-Sobolev inequality from the Bakry–Emery criterion (see e.g., Bakry & Emery [1985]

$$\mathbb{E}_{\theta \sim q_t} \left[ \left\| \nabla \log \frac{q_t(\theta)}{p(\theta)} \right\|^2 \right] \ge 2m \mathrm{KL} \left( q_t \| p \right)$$

Therefore,

$$\frac{d}{dt}\mathrm{KL}\left(q_{t}\|p\right) \leq -m\mathrm{KL}\left(q_{t}\|p\right) + \frac{L^{4}\eta^{2}}{2}\mathbb{E}_{\theta \sim q_{n}}\left[\left\|\theta\right\|^{2}\right] + L^{2}d\eta.$$
(25)

We prove in the Lemma 5 below that  $\mathbb{E}_{\theta \sim q_n} \left[ \|\theta\|^2 \right] \leq \frac{4d}{m}$ . Lemma 5. For step size  $\eta \leq \frac{1}{L}$ , and for  $q_n$  following the update of equation 3  $\forall n > 0$ ,  $\mathbb{E}_{\theta \sim q_n} \left[ \|\theta\|^2 \right] \leq \frac{4d}{m}$ .

Plugging this bound into equation 25, we obtain:

$$\frac{d}{dt}\operatorname{KL}\left(q_{t}\|p\right) \leq -m\left(\operatorname{KL}\left(q_{t}\|p\right) - \left(2\frac{L^{4}}{m^{2}}\eta^{2} + \frac{L^{2}}{m}\eta\right)d\right).$$
(26)

Invoking Grönwall's inequality, we obtain:

$$KL(q_n \| p) \le e^{-m\eta} KL(q_{n-1} \| p) + \left( 2\frac{L^4}{m^2} \eta^2 + \frac{L^2}{m} \eta \right) d$$
  
$$\le e^{-m\eta n} KL(q_0 \| p) + \left( 2\frac{L^4}{m^2} \eta^2 + \frac{L^2}{m} \eta \right) d.$$
(27)

This means that  $KL(q_n || p)$  is converging exponentially to the level of discretization error.

To obtain an accuracy guarantee of  $\epsilon$ , we choose a step size of  $\eta = \frac{m}{4L^2} \frac{\epsilon}{d}$  and have (for  $\epsilon \leq d$ ):

$$\operatorname{KL}\left(q_{n}\|p\right) \leq e^{-m\eta n}\operatorname{KL}\left(q_{0}\|p\right) + \frac{\epsilon}{2}.$$
(28)

When  $n \ge \frac{1}{m\eta} \log \frac{2\operatorname{KL}(q_0 \| p)}{\epsilon}$ ,  $e^{-m\eta n} \operatorname{KL}(q_0 \| p) \le \frac{\epsilon}{2}$ , and therefore  $\operatorname{KL}(q_n \| p) \le \epsilon$ . Plugging the setting of  $\eta$  gives us the upper bound for number of iterations:

$$n = 4 \frac{L^2}{m^2} \frac{d}{\epsilon} \log \frac{2\text{KL}\left(q_0 \| p\right)}{\epsilon} = \widetilde{\mathcal{O}}\left(\frac{L^2}{m^2} \frac{d}{\epsilon}\right).$$

**Proof of Lemma 5** We prove Lemma 3 by induction. We first see that for the current choice of initialization,  $\mathbb{E}_{\theta \sim q_0} \left[ \|\theta\|^2 \right] \leq \frac{d}{m}$ . We then assume that  $\mathbb{E}_{\theta \sim q_n} \left[ \|\theta\|^2 \right] \leq \frac{d}{m}$  and prove that  $\mathbb{E}_{\theta \sim q_{n+1}} \left[ \|\theta\|^2 \right] \leq \frac{d}{m}$ .

We know that

$$\theta_{n+1} = \theta_n - \eta \nabla U(\theta_n) + \sqrt{2} \left( W_{\eta(n+1)} - W_{\eta n} \right).$$

To provide a bound on  $\|\theta_{n+1}\|$ , we first analyze the term:  $\theta_n - \eta \nabla U(\theta_n)$ . To this end, we construct a function:  $V(\theta) = \frac{1}{2} \|\theta\|^2 - \eta U(\theta)$  and prove that it is  $(1 - m\eta)$ -Lipschitz smooth. Since function U is assumed to be m-strongly convex,

$$\begin{split} \langle \nabla V(\theta) - \nabla V(\vartheta), \theta - \vartheta \rangle &= \langle (\theta - \vartheta) - \eta \left( \nabla U(\theta) - U(\vartheta) \right), \theta - \vartheta \rangle \\ &= \|\theta - \vartheta\|^2 - \eta \left\langle \left( \nabla U(\theta) - U(\vartheta) \right), \theta - \vartheta \right\rangle \\ &\leq (1 - m\eta) \|\theta - \vartheta\|^2. \end{split}$$

Therefore, function  $V(\theta) = \frac{1}{2} \|\theta\|^2 - \eta U(\theta)$  is  $(1 - m\eta)$ -Lipschitz smooth and satisfy  $\nabla V(0) = 0$ , which means:

 $\|\theta_n - \eta \nabla U(\theta_n)\| = \|\nabla V(\theta_n)\| \le (1 - m\eta) \|\theta_n\|.$ 

We are now in a position to bound  $\mathbb{E} \|\theta_{n+1}\|^2$ :

$$\mathbb{E}\left[\left\|\theta_{n+1}\right\|^{2}\right] = \mathbb{E}\left[\left\|\theta_{n} - \eta\nabla U(\theta_{n}) + \sqrt{2}\left(W_{\eta(n+1)} - W_{\eta n}\right)\right\|^{2}\right]$$
$$= \mathbb{E}\left[\left\|\theta_{n} - \eta\nabla U(\theta_{n})\right\|^{2}\right] + 2\eta d$$
$$\leq (1 - m\eta)\mathbb{E}\left[\left\|\theta_{n}\right\|^{2}\right] + 2\eta d$$
$$= \mathbb{E}\left[\left\|\theta_{n}\right\|^{2}\right] + \eta\left(2d - m\mathbb{E}\left[\left\|\theta_{n}\right\|^{2}\right]\right). \tag{29}$$

By the inductive hypothesis,  $\mathbb{E}\left[\|\theta_n\|^2\right] \leq \frac{4d}{m}$ . If  $\mathbb{E}\left[\|\theta_n\|^2\right] \geq \frac{2d}{m}$ , then  $\left(2d - m\mathbb{E}\left[\|\theta_n\|^2\right]\right) \leq 0$ ,  $\mathbb{E}\left[\|\theta_{n+1}\|^2\right] \leq \mathbb{E}\left[\|\theta_n\|^2\right] \leq \frac{4d}{m}$ . If  $\mathbb{E}\left[\|\theta_n\|^2\right] \leq \frac{2d}{m}$  instead, then we use line 29 and that  $\eta \leq \frac{1}{L}$  to obtain:  $\mathbb{E}\|\theta_{n+1}\|^2 \leq \left(1 - \frac{m}{L}\right)\frac{2d}{m} + \frac{2d}{L} \leq \frac{4d}{m}$ .

Therefore, we have proven that for any n > 0,  $\mathbb{E}_{\theta \sim q_n} \left[ \|\theta\|^2 \right] \leq \frac{4d}{m}$  by induction.