## A Main Theorem Proof

To reduce notation clutter we drop layer index $l$ and re-state the theorem:
Theorem 3.1. Let $G\left(\boldsymbol{m}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}\right)=\operatorname{Attn}(\boldsymbol{m}, \boldsymbol{y}, \boldsymbol{m})$, assuming that $\|\partial \mathcal{L} / \partial G\|=\Theta(1)$, then $\Delta G \triangleq$ $G\left(\boldsymbol{m}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{m}}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{\theta}_{d}}\right)-G\left(\boldsymbol{m}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}\right)$ satisfies $\|\Delta G\|=\Theta\left(\eta / L_{d}\right)$ when:

$$
\|v\|^{2}\|w\|^{2}+\|w\|^{2}\left\|m_{i}\right\|^{2}+\|v\|^{2}\left\|m_{i}\right\|^{2}=\Theta\left(1 / L_{d}\right)
$$

for all $i=1, \ldots, n$.
Proof. Since we are only considering the magnitude of the update, it is sufficiently instructive to study the case where $d=d^{\prime}=1$. In this case the projection matrices reduce to scalars $k, q, v, w \in \mathbb{R}$, and $\boldsymbol{m}$ is a $n \times 1$ vector. Recall that for a single query $y$ the attention block is defined as follows:

$$
G\left(\boldsymbol{m}, y ; \boldsymbol{\theta}_{d}\right)=\operatorname{softmax}\left(\frac{1}{\sqrt{d}} y q k \boldsymbol{m}^{T}\right) \boldsymbol{m} v w
$$

Let $s_{i}=\frac{e^{\frac{k m_{i} q y}{\sqrt{d}}}}{\sum_{j=1}^{n} e^{\frac{k m_{j} q y}{\sqrt{d}}}}$ and $\delta_{i j}=0$ if $i=j$ and 0 otherwise, we have:

$$
\begin{aligned}
\frac{\partial G}{\partial k} & =\frac{1}{\sqrt{d}} v w q y \sum_{i=1}^{n} m_{i} s_{i}\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right) \\
\frac{\partial G}{\partial y} & =\frac{1}{\sqrt{d}} v w q k \sum_{i=1}^{n} m_{i} s_{i}\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right) \\
\frac{\partial G}{\partial q} & =\frac{1}{\sqrt{d}} v w y k \sum_{i=1}^{n} m_{i} s_{i}\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right) \\
\frac{\partial G}{\partial v} & =w \sum_{i=1}^{n} s_{i} m_{i} \\
\frac{\partial G}{\partial w} & =v \sum_{i=1}^{n} s_{i} m_{i} \\
\frac{\partial G}{\partial m_{i}} & =v w s_{i}+v w \sum_{j=1}^{n} \frac{\partial s_{j}}{\partial m_{i}} x_{j} \\
& =v w s_{i}+v w \sum_{j=1}^{n} m_{j} s_{j}\left(\delta_{j i}-s_{i}\right) \frac{1}{\sqrt{d}} k q y \\
& =v w s_{i}+\frac{1}{\sqrt{d}} v w k q y s_{i}\left(m_{i}-\sum_{j=1}^{n} m_{j} s_{j}\right)
\end{aligned}
$$

Combining these expressions we get that the total change $\Delta G$ is given by:

$$
\begin{aligned}
& \Delta G= \\
& -\eta \frac{\partial \mathcal{L}}{\partial G}\left(\frac{v^{2} w^{2}}{d}\left(\sum_{i=1}^{n} s_{i} m_{i}\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right)\right)^{2}\left(q^{2} y^{2}+q^{2} k^{2}+y^{2} k^{2}\right)+\left(\sum_{i=1}^{n} s_{i} m_{i}\right)^{2}\left(w^{2}+v^{2}\right)\right. \\
& \left.+v^{2} w^{2} \sum_{i=1}^{n} s_{i}^{2}\left(1+\frac{1}{d} k^{2} q^{2} y^{2}\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right)^{2}+\frac{1}{\sqrt{d}} k q y\left(m_{i}-\sum_{j=1}^{n} s_{j} m_{j}\right)\right)\right)
\end{aligned}
$$

By the assumption of the Theorem $\left\|\eta \frac{\partial \mathcal{L}}{\partial G}\right\|=\Theta(\eta)$, so we need to bound the term inside the main parentheses by $\Theta\left(\frac{1}{L}\right)$. Note that $s_{i} \geq 0$ and $\sum s_{i}=1$, which implies that each summation with $s$ and $m$ is $\Theta(m)$. The desired magnitude $\Theta\left(\frac{1}{L}\right)$ is smaller than 1 so terms with lower power are leading: $v^{2} w^{2}, w^{2} m_{i}^{2}, v^{2} m_{i}^{2}$. The result follows.

## B Derivation of Sufficient Conditions

In Section 3.2 we set the goal to make model update bounded in magnitude independent of model depth:

GOAL: $f(\boldsymbol{x}, \boldsymbol{y} ; \boldsymbol{\theta})$ is updated by $\Theta(\eta)$ per optimization step as $\eta \rightarrow 0$. That is, $\|\Delta f\|=\Theta(\eta)$, where $\Delta f \triangleq f\left(\boldsymbol{x}-\eta \frac{\partial \mathcal{L}}{\boldsymbol{x}}, \boldsymbol{y}-\eta \frac{\partial \mathcal{L}}{\boldsymbol{y}} ; \boldsymbol{\theta}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{\theta}}\right)-f(\boldsymbol{x}, \boldsymbol{y} ; \boldsymbol{\theta})$.

To achieve this, we study the forward and backward passes. Given the encoder $f_{e}$ and decoder $f_{d}$, the Transformer model can be written as $f(\boldsymbol{x}, \boldsymbol{y} ; \boldsymbol{\theta})=f_{d}\left(\boldsymbol{m}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}\right)$ where $\boldsymbol{m}=f_{e}\left(\boldsymbol{x} ; \boldsymbol{\theta}_{e}\right)$ is the memory output of the encoder. The total change after model update is then given by:

$$
\Delta f=\Delta f_{d} \stackrel{\text { def }}{=} f_{d}\left(\tilde{\boldsymbol{m}}, \boldsymbol{y}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{y}} ; \boldsymbol{\theta}_{d}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{\theta}_{d}}\right)-f_{d}\left(\boldsymbol{m}, \boldsymbol{y} ; \theta_{d}\right)
$$

where $\tilde{\boldsymbol{m}}=f_{e}\left(\boldsymbol{x}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{x}} ; \boldsymbol{\theta}_{e}-\eta \frac{\partial \mathcal{L}}{\partial \boldsymbol{\theta}_{e}}\right)$ is the updated memory. Analogous to Zhang et al. (2019b), without loss of generality, we make the following assumptions to simplify derivations:

1. All relevant weights are positive with magnitude less than 1.
2. Encoder and decoder have the same number of layers $N$, with $L_{e}=2 N$ and $L_{d}=3 N$ blocks in the encoder and decoder respectively.
3. Embedding dimension $d$ is 1 and the size of the input encoder sequence is $n$.
4. Derivative of $f$ with respect to the loss function $\frac{\partial \mathcal{L}}{\partial f_{d}}$ is of order $\Theta(1)$

Forward Pass The Transformer encoder consists of $L_{e}$ residual blocks $G_{1}, \ldots, G_{L_{e}}$ alternating between self-attention and MLP blocks. Let $\boldsymbol{x}_{1}=\boldsymbol{x}$ and $\boldsymbol{x}_{l+1}=\boldsymbol{x}_{l}+G_{l}\left(\boldsymbol{x}_{l}, \boldsymbol{\theta}_{e l}\right)$ denote the output of the $l$-th block such that $\boldsymbol{m}=\boldsymbol{x}_{L_{e}}$. When $l$ is odd, $G_{l}$ is a self-attention block with parameters $\boldsymbol{\theta}_{e l}=\left\{k_{e l}, q_{e l}, v_{e l}, w_{e l}\right\}$, and when $l$ in even $G_{l}$ is an MLP with parameters $\boldsymbol{\theta}_{e l}=\left\{v_{e l}, w_{e l}\right\}$. We have:

$$
\begin{aligned}
& \boldsymbol{x}_{l+1} \stackrel{\Theta}{=} \boldsymbol{x}_{l}+v_{e l} w_{e l} \boldsymbol{x}_{l} \\
& \boldsymbol{x}_{l} \stackrel{\Theta}{=} \boldsymbol{x}\left(1+\sum_{i=1}^{l} v_{e i} w_{e i}\right) \\
& \boldsymbol{m} \stackrel{\Theta}{=} \boldsymbol{x}\left(1+\sum_{l=1}^{L_{e}} v_{e l} w_{e l}\right)
\end{aligned}
$$

The decoder computation is similar with the addition of encoder-attention blocks:

$$
\begin{aligned}
\boldsymbol{y}_{2} & =\boldsymbol{y}_{1}+G_{1}\left(\boldsymbol{y}_{1} ; \boldsymbol{\theta}_{d 1}\right) \\
\boldsymbol{y}_{3} & =\boldsymbol{y}_{2}+G_{2}\left(\boldsymbol{m}, \boldsymbol{y}_{2} ; \boldsymbol{\theta}_{d 2}\right) \\
\boldsymbol{y}_{4} & =\boldsymbol{y}_{3}+G_{3}\left(\boldsymbol{y}_{3} ; \boldsymbol{\theta}_{d 3}\right) \\
\vdots & \\
f_{d}\left(\boldsymbol{m}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}\right) & =\boldsymbol{y}_{L_{d}}+G_{L_{d}}\left(\boldsymbol{y}_{L_{d}} ; \boldsymbol{\theta}_{d L_{d}}\right)
\end{aligned}
$$

where $\boldsymbol{y}_{1}=\boldsymbol{y}$. When $l \% 3 \neq 0, G_{l}$ is an attention block with parameters $\boldsymbol{\theta}_{d l}=\left\{k_{d l}, q_{d l}, v_{d l}, w_{d l}\right\}$. Otherwise, $G_{l}$ is an MLP with parameters $\boldsymbol{\theta}_{d l}=\left\{v_{d l}, w_{d l}\right\}$. We have:

$$
\begin{aligned}
\boldsymbol{y}_{2} \stackrel{\Theta}{=} \boldsymbol{y}_{1}+v_{d 1} w_{d 1} \boldsymbol{y}_{1} \\
\boldsymbol{y}_{3} \stackrel{\Theta}{=} \boldsymbol{y}_{2}+v_{d 2} w_{d 2} \boldsymbol{m} \\
\boldsymbol{y}_{4} \stackrel{\Theta}{=} \boldsymbol{y}_{3}+v_{d 3} w_{d 3} \boldsymbol{y}_{3} \\
\vdots \\
f\left(\boldsymbol{m}, \boldsymbol{y} ; \boldsymbol{\theta}_{d}\right) \stackrel{\Theta}{=} \boldsymbol{y}_{L_{d}}+v_{d L_{d}} w_{d L_{d}} \boldsymbol{x}_{L_{d}}
\end{aligned}
$$

from which it follows that $\boldsymbol{y}_{l} \stackrel{\Theta}{=} \boldsymbol{y}\left(1+\sum_{\substack{i=1 \\ i \% 2 \neq 2}}^{l} v_{d i} w_{d i}\right)+\boldsymbol{m} \sum_{\substack{i=1 \\ i \% 2=2}}^{l} v_{d i} w_{d i}$.
Backward Pass With $\boldsymbol{\theta}_{E}=\left\{\boldsymbol{x}, \boldsymbol{\theta}_{e}\right\}$ and $\boldsymbol{\theta}_{D}=\left\{\boldsymbol{x}, \boldsymbol{\theta}_{d}\right\}$ denoting full encoder and decoder parameters (including input embeddings), by Taylor expansion we have:

$$
\begin{align*}
\Delta f= & \frac{\partial f}{\partial \boldsymbol{\theta}_{D}} \Delta \boldsymbol{\theta}_{D}+\frac{\partial f}{\partial \boldsymbol{\theta}_{E}} \Delta \boldsymbol{\theta}_{E}+O\left(\left\|\Delta \boldsymbol{\theta}_{D}\right\|^{2}+\left\|\Delta \boldsymbol{\theta}_{E}\right\|^{2}\right) \\
= & \frac{\partial f}{\partial \boldsymbol{\theta}_{d}} \Delta \boldsymbol{\theta}_{d}+\frac{\partial f}{\partial \boldsymbol{\theta}_{e}} \Delta \boldsymbol{\theta}_{e}+\frac{\partial f}{\partial \boldsymbol{x}} \Delta \boldsymbol{x}+\frac{\partial f}{\partial \boldsymbol{y}} \Delta \boldsymbol{y}+O\left(\eta^{2}\right) \\
= & -\eta \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial \mathcal{L}^{T}}{\partial f_{d}}-\eta \frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{d}^{T}}{\partial f_{e}} \frac{\partial \mathcal{L}^{T}}{\partial f_{d}}-\eta \frac{\partial f_{d}}{\partial \boldsymbol{y}} \frac{\partial f_{d}^{T}}{\partial \boldsymbol{y}} \frac{\partial \mathcal{L}^{T}}{\partial f_{d}}  \tag{1}\\
& -\eta \frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{x}} \frac{\partial f_{e}^{T}}{\partial \boldsymbol{x}} \frac{\partial f_{d}^{T}}{\partial f_{e}} \frac{\partial \mathcal{L}^{T}}{\partial f_{d}}+O\left(\eta^{2}\right)
\end{align*}
$$

Note that to reach our goal, it is sufficient for each of the terms to be of order $\Theta(\eta)$. We derive necessary conditions to achieve that by studying each partial derivative in Equation 1 and its contribution to $\Delta f$. By assumption 4 we have that $\frac{\partial \mathcal{L}}{\partial f_{d}} \stackrel{\Theta}{=} 1$. From the additive block-based architecture of the encoder:

$$
f_{e}\left(\boldsymbol{x} ; \boldsymbol{\theta}_{e}\right)=\boldsymbol{x}_{1}+G_{1}\left(\boldsymbol{x}_{1} ; \boldsymbol{\theta}_{e 1}\right)+G_{2}\left(\boldsymbol{x}_{2} ; \boldsymbol{\theta}_{e 2}\right)+\ldots+G_{L_{e}}\left(\boldsymbol{x}_{L_{e}} ; \boldsymbol{\theta}_{e L_{e}}\right)
$$

we have that:

$$
\begin{aligned}
\frac{\partial f_{e}}{\partial \boldsymbol{x}} & =\frac{\partial \boldsymbol{x}_{2}}{\partial \boldsymbol{x}}+\frac{\partial G_{2}\left(\boldsymbol{x}_{2} ; \boldsymbol{\theta}_{e 2}\right)}{\partial \boldsymbol{x}_{2}} \frac{\partial \boldsymbol{x}_{2}}{\partial \boldsymbol{x}}+\ldots+\frac{\partial G_{L_{e}}\left(\boldsymbol{x}_{L_{e}} ; \boldsymbol{\theta}_{e L_{e}}\right)}{\partial \boldsymbol{x}_{L_{e}}} \cdots \frac{\partial \boldsymbol{x}_{2}}{\partial \boldsymbol{x}} \\
& \stackrel{\Theta}{=} 1+\frac{\partial G_{1}\left(\boldsymbol{x} ; \boldsymbol{\theta}_{e l}\right)}{\partial \boldsymbol{x}}
\end{aligned}
$$

so derivative magnitude is independent of the model depth. Following analogous derivation for $\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}}$ we get that for each layer $l$ :

$$
\begin{aligned}
\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e l}} & =\frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e 1}\right)}{\partial \boldsymbol{\theta}_{e l}} \\
& +\frac{\partial G_{l+1}\left(\boldsymbol{x}_{l+1} ; \boldsymbol{\theta}_{e(l+1)}\right)}{\partial \boldsymbol{x}_{l+1}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e 1}\right)}{\partial \boldsymbol{\theta}_{e l}} \\
& +\ldots \\
& +\frac{\partial G_{L_{e}}\left(\boldsymbol{x}_{L_{e}} ; \boldsymbol{\theta}_{e L_{e}}\right)}{\partial \boldsymbol{x}_{L_{e}}} \cdots \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e 1}\right)}{\partial \boldsymbol{\theta}_{e l}} \\
& \stackrel{\Theta}{=} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)}{\partial \boldsymbol{\theta}_{e l}}
\end{aligned}
$$

And it follows that the magnitude of $\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}}$ is bound by:

$$
\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \stackrel{\Theta}{=}\left(\frac{\partial G_{1}\left(\boldsymbol{x}_{1} ; \boldsymbol{\theta}_{e 1}\right)}{\partial \boldsymbol{\theta}_{e 1}}, \frac{\partial G_{2}\left(\boldsymbol{x}_{2} ; \boldsymbol{\theta}_{e 2}\right)}{\partial \boldsymbol{\theta}_{e 2}}, \cdots, \frac{\partial G_{L_{e}}\left(\boldsymbol{x}_{L_{e}} ; \boldsymbol{\theta}_{e L_{e}}\right)}{\partial \boldsymbol{\theta}_{e L_{e}}}\right)
$$

with the corresponding inner product:

$$
\begin{equation*}
\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}^{T}}{\partial \boldsymbol{\theta}_{e}} \stackrel{\Theta}{=} \sum_{l=1}^{L_{e}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)}{\partial \boldsymbol{\theta}_{e l}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)^{T}}{\partial \boldsymbol{\theta}_{e l}} \tag{2}
\end{equation*}
$$

Similar analysis for the decoder gives:

$$
\begin{equation*}
\frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \stackrel{\Theta}{=} \sum_{\substack{l=1 \\ l \% 3 \neq 2}}^{L_{d}} \frac{\partial G_{l}\left(\boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)}{\partial \boldsymbol{\theta}_{d l}} \frac{\partial G_{l}\left(\boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)^{T}}{\partial \boldsymbol{\theta}_{d l}}+\sum_{\substack{l=1 \\ l \% 3=2}}^{L_{d}} \frac{\partial G_{l}\left(\boldsymbol{m}, \boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)}{\partial \boldsymbol{\theta}_{d l}} \frac{\partial G_{l}\left(\boldsymbol{m}, \boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)^{T}}{\partial \boldsymbol{\theta}_{d l}} \tag{3}
\end{equation*}
$$

Finally, the order of the term $\frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{d}}{\partial f_{e}}$ in Equation 1 depends on $\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}}$ and $\frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{d}}{\partial f_{e}}$. Since encoder and decoder are linked by memory, we have:

$$
\begin{equation*}
\frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{d}^{T}}{\partial f_{e}} \stackrel{\Theta}{=} \sum_{\substack{l=1 \\ l \% 3=2}}^{L_{d}} \frac{\partial G_{l}\left(\boldsymbol{m}, \boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)}{\partial \boldsymbol{m}} \frac{\partial G_{l}\left(\boldsymbol{m}, \boldsymbol{y}_{l} ; \boldsymbol{\theta}_{d l}\right)^{T}}{\partial \boldsymbol{m}} \tag{4}
\end{equation*}
$$

Equations 2, 3 and 4 cover all the major terms in the total change $\Delta f$, so we focus on them to derive the target bound. Expanding the terms in Equation 2 and applying Theorem 3.1 we get the following:

$$
\begin{align*}
\frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} & \stackrel{\Theta}{=} \sum_{l=1}^{L_{e}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)}{\partial \boldsymbol{\theta}_{e l}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)^{T}}{\partial \boldsymbol{\theta}_{e l}}+\frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)}{\partial \boldsymbol{x}_{l}} \frac{\partial G_{l}\left(\boldsymbol{x}_{l} ; \boldsymbol{\theta}_{e l}\right)^{T}}{\partial \boldsymbol{x}_{i}} \\
& \stackrel{\Theta}{=} \sum_{l=1}^{L_{e}}\left(v_{e l}^{2}+w_{e l}^{2}\right) \boldsymbol{x}_{l} \boldsymbol{x}_{l}^{T}+v_{e l}^{2} w_{e l}^{2} \mathbf{1}_{m \times m} \\
& \stackrel{\Theta}{=} \sum_{l=1}^{L_{e}}\left(v_{e l}^{2}+w_{e l}^{2}\right)\left(1+\sum_{i=1}^{l} v_{e i} w_{e i}\right)^{2} \boldsymbol{x} \boldsymbol{x}^{T}+v_{e l}^{2} w_{e l}^{2} \mathbf{1}_{m \times m} \tag{5}
\end{align*}
$$

Similarly, expanding Equation 3 we get:

$$
\begin{equation*}
\frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \stackrel{\Theta}{=} \sum_{\substack{l=1 \\ l \% 3 \neq 2}}^{L_{d}}\left(\left(v_{d l}^{2}+w_{d l}^{2}\right) \boldsymbol{y}_{l} \boldsymbol{y}_{l}^{T}+v_{d l}^{2} w_{d l}^{2} \mathbf{1}_{n \times n}\right)+\sum_{\substack{l=1 \\ l \% 3=2}}^{3 N}\left(\left(v_{d l}^{2}+w_{d l}^{2}\right) \boldsymbol{m}^{T} \boldsymbol{m}+v_{d l}^{2} w_{d l}^{2}\right) \mathbf{1}_{n \times n} \tag{6}
\end{equation*}
$$

And finally for Equation 4 we have:

$$
\begin{equation*}
\frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{d}^{T}}{\partial f_{e}} \stackrel{\Theta}{=} \sum_{\substack{l=1 \\ l \% 3=2}}^{L_{d}} v_{d l}^{2} w_{d l}^{2} \mathbf{1}_{n \times n} \tag{7}
\end{equation*}
$$

To achieve the target goal it is sufficient to make Equations 5, 6 and 7 of order $\Theta(1)$. Assuming that all weights are initialized to the same order of magnitude ( $v_{e l}=\Theta\left(v_{e}\right), w_{e l}=\Theta\left(w_{e}\right)$ etc., for all $l$ ), the sufficient condition for Equation 5 can be derived as follows:

$$
\begin{align*}
1 & \stackrel{\Theta}{=} \sum_{l=1}^{L_{e}}\left(v_{e l}^{2}+w_{e l}^{2}\right)\left(1+\sum_{i=1}^{l} v_{e i} w_{e i}\right)^{2} x^{2}+v_{e l}^{2} w_{e l}^{2} \\
& \stackrel{\Theta}{=} L_{e}\left(\left(v_{e}^{2}+w_{e}^{2}\right)\left(1+\sum_{i=1}^{l} v_{e} w_{e}\right)^{2} x^{2}+v_{e}^{2} w_{e}^{2}\right) \\
& \stackrel{\Theta}{=} L_{e}\left(\left\|v_{e}\right\|^{2}\|x\|^{2}+\left\|w_{e}\right\|^{2}\|x\|^{2}+\left\|v_{e}\right\|^{2}\left\|w_{e}\right\|^{2}\right) \tag{8}
\end{align*}
$$

Similar derivation for Equation 6 gives:

$$
\begin{align*}
& L_{d}\left(\left\|v_{d}\right\|^{2}\left\|w_{d}\right\|^{2}+\left\|v_{d}\right\|^{2}\|y\|^{2}+\left\|w_{d}\right\|^{2}\|y\|^{2}\right. \\
& \left.\quad+\left\|v_{d}\right\|^{2}\left\|w_{d}\right\|^{2}+\left\|v_{d}\right\|^{2}\|m\|^{2}+\left\|w_{d}\right\|^{2}\|m\|^{2}\right) \stackrel{\Theta}{=} 1 \tag{9}
\end{align*}
$$

And for Equation 7 we have:

$$
\begin{equation*}
L_{d}\left(\left\|v_{d}\right\|^{2}\left\|w_{d}\right\|^{2}\right) \stackrel{\Theta}{=} 1 \tag{10}
\end{equation*}
$$

## C Encoder Initialization

Recall that $L_{e}=2 N$ and $L_{d}=3 N$, substituting these into gradient expressions for the encoder and decoder we get:

$$
\begin{aligned}
& \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \stackrel{\Theta}{=} 2 N\left(\left(v_{e}^{2}+w_{e}^{2}\right)\left(1+2 N v_{e} w_{e}\right)^{2} \boldsymbol{x} \boldsymbol{x}^{T}+v_{e}^{2} w_{e}^{2} \mathbf{1}_{m \times m}\right) \\
& \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \stackrel{\Theta}{=} 2 N\left(\left(v_{d}^{2}+w_{d}^{2}\right) \boldsymbol{y} \boldsymbol{y}^{T}+v_{d}^{2} w_{d}^{2} \mathbf{1}_{n \times n}\right)+N\left(\left(v_{d}^{2}+w_{d}^{2}\right) \boldsymbol{m}^{T} \boldsymbol{m}+v_{d}^{2} w_{d}^{2}\right) \mathbf{1}_{n \times n} \\
& \frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{d}}{\partial f_{e}} \stackrel{\Theta}{=} 3 N v_{d}^{2} w_{d}^{2} \mathbf{1}_{n \times n}
\end{aligned}
$$

Note that if $\left\|v_{e}\right\|\left\|w_{e}\right\|<\Theta(1 / N)$ then $\|\boldsymbol{m}\| \stackrel{\Theta}{=}\|\boldsymbol{x}\|$. With this in mind, we let $\left\|v_{d}\right\| \stackrel{\Theta}{=}\left\|w_{d}\right\| \stackrel{\Theta}{=}$ $\|\boldsymbol{y}\| \stackrel{\Theta}{=}\|\boldsymbol{x}\| \stackrel{\Theta}{=}(9 N)^{-\frac{1}{4}}$, which by design gives:

$$
\begin{aligned}
& \frac{\partial f_{e}}{\partial \boldsymbol{\theta}_{e}} \frac{\partial f_{e}^{T}}{\partial \boldsymbol{\theta}_{e}} \stackrel{\Theta}{=} 2 N\left(\left(v_{e}^{2}+w_{e}^{2}\right)(9 N)^{-\frac{1}{4}}+v_{e}^{2} w_{e}^{2}\right) \mathbf{1}_{m \times m} \\
& \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \frac{\partial f_{d}}{\partial \boldsymbol{\theta}_{d}} \stackrel{\Theta}{=} 2 N\left(\left(3(9 N)^{-1}\right)+N\left(3(9 N)^{-1}\right) \mathbf{1}_{n \times n} \stackrel{\Theta}{=} \mathbf{1}_{n \times n}\right. \\
& \frac{\partial f_{d}}{\partial f_{e}} \frac{\partial f_{d}}{\partial f_{e}} \stackrel{\Theta}{=} 3 N(9 N)^{-1} \stackrel{\Theta}{=} \mathbf{1}_{n \times n}
\end{aligned}
$$

We then solve for the magnitude of $v_{e}$ and $w_{e}$ that achieves $\frac{\partial f_{e}}{\partial \theta_{e}} \frac{\partial f_{e}}{\partial \theta_{e}} \stackrel{\Theta}{=} \mathbf{1}_{n \times n}$. Assuming that $\left\|v_{e}\right\|=\left\|w_{e}\right\|$ due to symmetry, we obtain $\left\|v_{e}\right\|=\left\|w_{e}\right\|=\left(\frac{\sqrt{22}-2}{6}\right)^{\frac{1}{2}} N^{-\frac{1}{4}} \approx 0.67 N^{-\frac{1}{4}}$.

## D Training Hyper-Parameters

| Parameters | IWSLT' $\mathbf{1 4}_{\text {small }}$ <br> De-En | WMT' $\mathbf{1 8}_{\text {base }}$ Fi-En | WMT' $^{17} 7_{\text {base }}$ En-De | WMT' $^{17}{ }_{\text {deep }}$ En-De | $\begin{gathered} \text { WMT'17 }_{b i g} \\ \text { En-De } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Starting learning rate | 0.0005 | 0.0006 | 0.0007 | 0.0004 | 0.0004 |
| Decay steps | 4000 | 4000 | 4000 | 4000 | 4000 |
| Dropout | 0.5 | 0.4 | 0.2 | 0.4 | 0.4 |
| Batch size (tokens) | 4k | 80k | 25k | 25k | 25k |
| Max updates | 300k | 90k | 1M | 500k | 500k |
| Mixed precision | No | No | No | Yes | Yes |

Table 1: Hyper-parameters for T-Fixup models on each dataset.

