## **A.** Proof that *L* is concave and positive.

We will use the notations previously introduced as well as:

$$z_p = U_n x_p \,.$$

As  $L(W) = \sum_{p} \ell(W, z_p)$ , we will simply study  $\forall z$ ,

$$W \to \ell(W, z) = \|(\mathbf{I} - A)z\|^2 - \|A\|Wz\|^2.$$

Observe first that if  $||\{W, A\}|| \le 1$ , then  $||A|| \le 1$ , and:

$$\|Wz\| \le \|(\mathbf{I} - A)z\|$$

Thus,

$$\||Wz|\| \le \|(\mathbf{I} - A)z\|$$

and:

$$||A|Wz||| \le ||(\mathbf{I} - A)z||.$$

Consequently,  $\ell(W, z) \ge 0, \forall z, \forall W \in C$ . Furthermore, let  $W_1, W_2 \in C$  two operators and  $0 \le \lambda \le 1$ . Then:

$$\left| \left( \lambda W_1 + (1-\lambda) W_2 \right) z \right| \le \lambda |W_1| z + (1-\lambda) |W_2| z$$

where for  $x \in \mathbb{R}^n$ ,  $x \ge 0$  iff  $x_i \ge 0$ . If Ax > 0 when x > 0, then:

$$A|(\lambda W_1 + (1-\lambda)W_2)z| \le \lambda A|W_1|z + (1-\lambda)A|W_2|z|,$$

which implies (as all coordinates are non negative):

$$||A| (\lambda W_1 + (1-\lambda)W_2) z|||^2 \le ||\lambda A| W_1| z + (1-\lambda)A| W_2| z|||^2$$

yet one can use the fact that  $z \to ||z||^2$  is convex to conclude. Thus,  $W \to \ell(W, z)$  is convex in W.

## **B.** Proof of Proposition 3.5

*Proof.* Observe that *F* linearly conjugates *C* to  $\{\hat{W} \in \mathbb{C}^{(2d+1)\times K}, \sum_{k=1}^{K} |\hat{W}^{k}[i]|^{2} + |W^{k}[2d+1-i]|^{2} + |\hat{A}[i]|^{2} + |\hat{A}[2d+1-i]|^{2} \leq 1, \forall i \leq d, \sum_{k=1}^{K} |W^{k}[2d+1]|^{2} + |\hat{A}[2d+1]|^{2} \leq 1\}.$  The extremal points of the latter are simply *S'* =  $\{\hat{W} \in \mathbb{C}^{(2d+1)\times K}, \sum_{k=1}^{K} |\hat{W}^{k}[i]|^{2} + |W^{k}[2d+1-i]|^{2} + |\hat{A}[i]|^{2} + |\hat{A}[2d+1-i]|^{2} = 1, \forall i \leq d, \sum_{k=1}^{K} |W^{k}[2d+1]|^{2} + |\hat{A}[2d+1]|^{2} = 1\},$  which is conjugated by *F*<sup>\*</sup> to *S*. But *S'* corresponds to the spectrum of an isometry, leading to the conclusion. □