Abstract

Although stochastic optimization is central to modern machine learning, the precise mechanisms underlying its success, and in particular, the precise role of the stochasticity, still remain unclear. Modeling stochastic optimization algorithms as discrete random recurrence relations, we show that multiplicative noise, as it commonly arises due to variance in local rates of convergence, results in heavy-tailed stationary behaviour in the parameters. Theoretical results are obtained characterizing this for a large class of (non-linear and even non-convex) models and optimizers (including momentum, Adam, and stochastic Newton), demonstrating that this phenomenon holds generally. We describe dependence on key factors, including step size, batch size, and data variability, all of which exhibit similar qualitative behavior to recent empirical results on state-of-the-art neural network models. Furthermore, we empirically illustrate how multiplicative noise and heavy-tailed structure improve capacity for basin hopping and exploration of non-convex loss surfaces, over commonly-considered stochastic dynamics with only additive noise and light-tailed structure.

1. Introduction

Relatively simple stochastic optimization procedures—in particular, those based on stochastic gradient descent (SGD)—have become the backbone of machine learning (ML) (Ma et al., 2018). To improve understanding of stochastic optimization in ML, and particularly why SGD and its extensions work so well, recent theoretical work has sought to study its properties and dynamics. Such analyses typically approach the problem through one of two perspectives. The first perspective, an optimization (or quenching) perspective, examines convergence either in expectation (Chen et al., 2019; Zhou et al., 2018; Gower et al., 2019; Nagaraj et al., 2019; Fontaine et al., 2020) or with some positive (high) probability (Roosta-Khorasani & Mahoney, 2016; Du et al., 2017; Kleinberg et al., 2018; Ward et al., 2019) through the lens of a deterministic counterpart. This perspective inherits some limitations of deterministic optimizers, including assumptions (e.g., convexity, Polyak-Łojasiewicz criterion, etc.) that are either not satisfied by state-of-the-art problems, or not strong enough to imply convergence to a quality (global) optimum. More concerning, however, is the inability to explain what has come to be known as the “generalization gap” phenomenon: increasing stochasticity by reducing batch size appears to improve generalization performance (Keskar et al., 2017; Martin & Mahoney, 2018). Empirically, existing strategies tend to break down for inference tasks when using large batch sizes (Golmant et al., 2018). The second perspective, a probabilistic (annealing) perspective, examines algorithms through the lens of Markov process theory (Freidlin & Wentzell, 1998; Henderson et al., 2003; Nemirovski et al., 2009). Here, stochastic optimizers are interpreted as samplers from probability distributions concentrated around optima, and annealing the optimizer (by reducing step size) increasingly concentrates probability mass around global optima. Traditional analyses trade restrictions on the objective for precise annealing schedules that guarantee adequate mixing and ensure convergence. However, it is uncommon in practice to consider step size schedules that decrease sufficiently slowly as to guarantee convergence to global optima with probability one (Li et al., 2020). In fact, SGD based methods with poor initialization can easily get stuck near poor local minima using a typical step decay schedule (Liu et al., 2019).

More recent efforts conduct a distributional analysis, directly examining the probability distribution that a stochastic optimizer targets for each fixed set of hyperparameters (Mandt et al., 2016; Babichev & Bach, 2018; Dieuleveut et al., 2017; Gürbüzbalaban et al., 2020). Here, one can assess a stochastic optimizer according to its capacity to reach and then occupy neighbourhoods of high-quality optima in the initial stages, where the step size is large and constant. As the step size is then rapidly reduced, tighter
neighbourhoods with higher probability mass surrounding nearby minima are achievable. This is most easily accomplished using a variational approach by appealing to continuous-time Langevin approximations (Mandt et al. 2016; Chaudhari & Soatto 2018), whose stationary distributions are known explicitly (Ma et al. 2015). However, these approaches also require restrictive assumptions, such as constant or bounded volatility (Mandt et al. 2017; Orvieto & Lucchi 2019). Interestingly, these assumptions parallel the common belief that the predominant part of the stochastic component of an optimizer is an additive perturbation (Kleinberg et al. 2018; Zhang et al. 2019a).

Such analyses have been questioned with recent discoveries of non-Gaussian noise (Şimşekli et al. 2019; Gürbüzbalaban et al. 2020) that leads to heavy-tailed stationary behaviour (i.e., not light-tailed, where distributions have finite Laplace transform). This behavior implies stronger exploratory properties and an increased tendency to rapidly reach faraway basins than earlier Langevin-centric analyses suggest. In particular, Şimşekli et al. (2020a) used fractal dimension theory to show that if such heavy-tailed exploration is present, then it can improve generalization, with test accuracies typically increasing when tails are heavier.

**Main Contributions.** We model stochastic optimizers as Markov random recurrence relations, thereby avoiding continuous-time approximations, and we examine their stationary distributions. The formulation of this model is described in §2. We show that *multiplicative noise*, frequently assumed away in favour of more convenient *additive noise* in continuous analyses, can often lead to heavy-tailed stationary behaviour. This plays a critical role in the dynamics of a stochastic optimizer, and it influences the capacity of the algorithm to hop between basins in the loss landscape. In this paper, we consider heavy-tailed behavior that assumes a power law functional form. We say that the stationary distribution of SGD applied to least-squares linear regression is power law (where distributions have finite Laplace transform). This behavior implies stronger exploratory properties and an increased tendency to rapidly reach faraway basins than earlier Langevin-centric analyses suggest. In particular, Şimşekli et al. (2020a) used fractal dimension theory to show that if such heavy-tailed exploration is present, then it can improve generalization, with test accuracies typically increasing when tails are heavier.

In §4, we extend these observations by providing sufficient conditions for the existence of power laws arising in arbitrary iterative stochastic optimization algorithms, on both convex and non-convex problems, with more precise results when updates are bilipschitz. Factors influencing tail behaviour are examined, with existing empirical findings supporting the hypothesis that heavier tails coincide with improved generalization performance.

Numerical experiments are conducted in §5 illustrating how multiplicative noise and heavy-tailed stationary behaviour improve the capacity for basin hopping (relative to light-tailed stationary behaviour) in the exploratory phase of learning. We finish by discussing impact on related work in §6 including a continuous-time analogue of Table 1 (shown in Table 2).

**Related Work.** There is a large body of related work, and we review only the most directly related. Analysis of stochastic optimizers via stationary distributions of Markov processes was recently considered in Mandt et al. (2016); Babichev & Bach (2018); Dieuleveut et al. (2017). The latter, in particular, examined first and second moments of the stationary distribution, although these can be ineffective measures of concentration in heavy-tailed settings. Heavy tails in ML have been observed and empirically examined in spectral distributions of weights (Martin & Mahoney 2017; 2018; 2019; 2020a; b) and in the weights themselves (Şimşekli et al. 2019; Panigrahi et al. 2019; Şimşekli et al. 2020a), but (ML style) theoretical analyses seem limited to continuous-time examinations (Şimşekli et al. 2019; 2020b). Connections between multiplicative noise and heavy-tailed fluctuations can be seen throughout the wider literature (Deutsch 1993; Frisch & Sornette 1997; Sornette & Cont 1997; Buraczewski et al. 2016). From a physical point of view, multiplicative noise acts as an external environmental field, capable of exhibiting drift towards low energy states (Volpe & Wehr 2016). Hysteretic optimization (Pal 2006) is one example of a stochastic optimization algorithm taking advantage of this property. Closest to our own work is Gürbüzbalaban et al. (2020), which conducts a detailed analysis of heavy tails in the stationary distribution of SGD applied to least-squares linear regression. Our main objective in this paper is to provide far-reaching extensions of these results to more general stochastic optimization algorithms and problems. To our knowledge, no other theoretical analysis of this phenomenon has been conducted in a general optimization setting. Indeed, while multiplicative noise in stochastic optimization has been explored in some recent empirical analyses (Wu et al. 2020; Zhang et al. 2018; Holland 2019), and its presence documented (Xing et al. 2018), its impact appears underappreciated, relative to the well-studied and exploited effects of additive noise (Ge et al. 2015; Jin et al. 2017; Du et al. 2017; Kleinberg et al. 2018). Section 6 contains a discussion of additional related work in light of our results.
Table 1: Summary of the three primary tail behaviour regimes for the stationary distribution of (5).

<table>
<thead>
<tr>
<th>Regime</th>
<th>Condition on $A$</th>
<th>Tails for $B$</th>
<th>Tails for $W_{\infty}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Light-tailed (§A.1)</td>
<td>$P(|A| \leq 1) = 1$</td>
<td>$O(e^{-A})$</td>
<td>$O(e^{-p\ell})$</td>
</tr>
<tr>
<td>Heavy-tailed (multiplicative) (§A.2)</td>
<td>$</td>
<td>\sigma_{\min}(A)</td>
<td>_{\alpha} = 1$</td>
</tr>
<tr>
<td>Heavy-tailed (additive) (§A.3)</td>
<td>$-$</td>
<td>$\Omega(t^{-\alpha})$</td>
<td>$\Omega(t^{-\beta})$</td>
</tr>
</tbody>
</table>

Table 2: Summary of three tail behaviour regimes for continuous-time models [5].

<table>
<thead>
<tr>
<th>Regime</th>
<th>Noise</th>
<th>Condition on $r$</th>
<th>Quadratic Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Light-tailed (Ma et al. 2015)</td>
<td>White noise</td>
<td>$\lim \inf {w \to \infty } r(w) &gt; 0$</td>
<td>$g$ bounded</td>
</tr>
<tr>
<td>Heavy-tailed (multiplicative) (Ma et al. 2015)</td>
<td>White noise</td>
<td>$\lim \sup {w \to \infty } r(w) = 0$</td>
<td>$g(w) = c \nabla f(w)$</td>
</tr>
<tr>
<td>Heavy-tailed (additive) (Simsekli et al. 2019)</td>
<td>Lévy noise</td>
<td>$-$</td>
<td>arbitrary $g$</td>
</tr>
</tbody>
</table>

Notation. We let $I_d$ denote the $d \times d$ identity matrix. Unless otherwise stated, we default to the following norms: for vector $x$, we let $|x| = (\sum_{i=1}^n x_i^2)^{1/2}$ denote the Euclidean norm of $x$, and for matrix $A$, the norm $\|A\| = \sup_{x \neq 0} \{\|Ax\|/\|x\|\}$ denotes the $\ell^2$-induced (spectral) norm. Also, for matrix $A$, $\|A\|_{F} = \|\text{vec}(A)\|$ is the Frobenius norm, and $\sigma_{\min}(A)$, $\sigma_{\max}(A)$ are its smallest and largest singular values, respectively. For two vectors/matrices $A, B$, we let $A \otimes B$ denote their tensor (or Kronecker) product. In practice, this expectation may not be easily computed, and so one could instead consider the sequence of iterated random functions: for $X_{1}^{(k)} \overset{iid}{\sim} D$,

$$W_{k+1} = \Psi(W_k, X_k) \quad k = 0, 1, \ldots \quad (2)$$

For example, one could consider the Monte Carlo approximation of (1):

$$W_{k+1} = \frac{1}{n} \sum_{i=1}^{n} \Psi(W_k, X_{1}^{(k)}) \quad (3)$$

which can be interpreted in the context of randomized sub-sampling with replacement, where each $(X_i^{(k)})_{k=1}^n$ is a batch of $n$ subsamples drawn from a large dataset $D$. Sub-sampling without replacement can also be treated in the form (3) via the Markov chain $\{W_{sk}\}_{k=0}^\infty$, where $s$ is the number of minibatches in each epoch.

2. Stochastic optimization as a Markov chain

In this section, we describe how to model a stochastic optimization algorithm as a Markov chain — in particular, as a random recurrence relation. This formulation is uncommon in the ML literature, but will be important for our analysis. Consider a general single-objective stochastic optimization problem, where the goal is to solve problems of the form $w^* = \arg \min_w \mathbb{E}_D \ell(w, X)$ for some scalar loss function $\ell$, and random element $X \sim D$ (the data) (Kroese et al. 2013 §12). In the sequel, we shall assume the weights $w$ occupy a vector space $\mathcal{S}$ with norm $\| \cdot \|$. To minimize $\ell$ with respect to $w$, some form of fixed point iteration is typically adopted. Supposing that there exists some continuous map $\Psi$ such that any fixed point of $\mathbb{E}\Psi(\cdot, X)$ is a minimizer of $\ell$, the sequence of iterations

$$W_{k+1} = \mathbb{E}_D \Psi(W_k, X) \quad (1)$$

either diverges, or converges to a minimizer of $\ell$ (Granás & Dugundji 2013). In practice, this expectation may not be easily computed, and so one could instead consider the

Example 1 (SGD & SGD with momentum). Minibatch SGD with step size $\gamma$ coincides with (3) under $\Psi(\cdot, X) = w - \gamma \nabla \ell(w, X)$. Incorporating momentum is possible by considering the augmented space of weights and velocities together. In the standard setup, letting $v$ denote velocity, and $w$ the weights, $\Psi((w, v), X) = (\eta v + \gamma \ell(w, X), w - \gamma(\eta v + \nabla \ell(w, X)))$. 


Example 2 (Adam). Using state-space augmentation, the popular first-order Adam optimizer (Kingma & Ba 2015) can also be cast into the form of (2). Indeed, for $\beta_1, \beta_2, \epsilon > 0$, letting $g(w, X) = \sum_{i=1}^n \nabla l(w, X_i)$, for $M(m, w, X) = \beta_1 m + (1 - \beta_1) g(w, X)$, $V(v, w, X) = \beta_2 v + (1 - \beta_2) \nabla^2 g(w, X)^2$, $B_1(b) = 1 - \beta_1 (1 - b)$, $B_2(b) = 1 - \beta_2 (1 - b)$, and

$$W(b_1, b_2, m, v, w, X) = w - \eta \frac{M(m, w, X)/B_1(b_1)}{\sqrt{V(v, w, X)/B_2(b_2)} + \epsilon},$$

iterations of the Adam optimizer satisfy $W_{k+1} = \Psi(W_k, X_k)$, where $\Psi((b_1, b_2, m, v, w, X)) = (B_1(b_1), B_2(b_2), M(m, w, X), V(v, w, X), W(b_1, b_2, m, v, w, X)).$

Example 3 (Stochastic Newton). The formulation (2) is not limited to first-order stochastic optimization. Indeed, for $g(w, X) = \sum_{i=1}^n \nabla l(w, X_i)$ and $H(w, X) = \sum_{i=1}^n \nabla^2 l(w, X_i)$, the choice $\Psi(w, X) = w - \gamma H(w, X)^{-1} g(w, X)$ coincides with the stochastic Newton method (Roosta-Khorasani & Mahoney 2016). The iterations (2) are also sufficiently general to incorporate other random effects, e.g., dropout (Srivastava et al. 2014). Instead of taking the SA approach, in our analysis we will examine the original Markov chain (2), where hyperparameters (including step size) are fixed. This will provide a clearer picture of ongoing dynamics at each stage within an arbitrary learning rate schedule (Babichev & Bach 2018). Also, assuming reasonably rapid mixing, global tendencies of a stochastic optimization algorithm, such as the degree of exploration in space, can be examined through the stationary distribution of (2).

3. The linear case with SGD

As a warmup to our main results, let us first consider the special case of ridge regression, i.e., least squares linear regression with $L^2$ regularization, using vanilla SGD, as treated in Gürbüzbalaban et al. (2020). Let $D$ denote a dataset comprised of inputs $x_i \in \mathbb{R}^d$ and corresponding labels $y_i \in \mathbb{R}$. Supposing that $(X, Y)$ is a pair of random vectors uniformly drawn from $D$, for $\lambda \geq 0$, we seek a solution to

$$M^* = \arg\min_{M \in \mathbb{R}^{d \times d}} \frac{1}{2} \mathbb{E}_D \|Y - MX\|^2 + \frac{1}{2} \lambda \|M\|^2_F.$$  \hspace{1cm} (4)

Applying minibatch SGD to solving (4) with constant (sufficiently small) step size $\epsilon$ in the estimated parameter matrix. We start with the following immediate, but important, observation.

Lemma 1. Let $n$ denote the size of each minibatch $(X_{ik}, Y_{ik})_{i=1}^n$ comprised of independent and identically distributed copies of $(X, Y)$ for $k = 1, 2, \ldots$. For $W_k$ the vectorization of $M_k$, iterations of minibatch SGD undergo the following random linear recurrence relation

$$W_{k+1} = A_k W_k + B_k,$$

where $A_k = I_m \otimes (1 - \lambda \gamma) I_d - \gamma n^{-1} \sum_{i=1}^n X_{ik} X_{ik}^T$, and $B_k = \gamma n^{-1} \sum_{i=1}^n Y_{ik} \otimes X_{ik}$. If $A_k, B_k$ are non-atomic, $\log^* \|A_k\|, \log^* \|B_k\|$ are integrable, and $\mathbb{E}_D \log \|A_k\| < 0$, then (5) is ergodic.

Note that SGD possesses multiplicative noise in the form of the factor $A_k$, as well as nonzero additive noise in the form of the factor $B_k$. Under the conditions of Lemma 1, the expectations of (5) converge to $M^*$. Although the dynamics of this process, as well as the shape of its stationary distribution, are not as straightforward, random linear recurrence relations are among the most well-studied discrete-time processes, and as multiplicative processes, are well-known to exhibit heavy-tailed behaviour. In Appendix A, we discuss classical results on the topic. The three primary tail regimes are summarized in Table 1 where each $\alpha, \beta, \lambda, \rho$ denotes a strictly positive value. There are two possible mechanisms by which the stationary distribution of (5) can be heavy-tailed. Most discussions about SGD focus on the additive noise component $B_k$ (Kleinberg et al. 2018). In this case, if $B_k$ is heavy-tailed, then the stationary distribution of (5) is also heavy-tailed. This is the assumption considered in Simsekli et al. (2019; 2020b). However, this is not the only way heavy-tailed noise can arise. In fact, we have the following result.

Lemma 2. Assuming the distribution of $X$ has full support on $\mathbb{R}^d$, there exists $\alpha > 0$ such that $\|\sigma_{\text{min}}(A_k)\|_\alpha = 1$. If (5) is ergodic, its stationary distribution is heavy-tailed with tail exponent at most $\alpha$, that is, $\mathbb{P}(\|W_k\| > t) \geq C_\alpha (1 + t)^{-\alpha}$ for some $C_\alpha > 0$ and any $t > 0$.

Lemma 2 suggests that heavy-tailed fluctuations could be more common than previously considered. This is perhaps surprising, given that common Langevin approximations of SGD applied to this problem exhibit light-tailed stationary distributions (Mandt et al. 2016, Orvieto & Lucchini 2019). A basic reasoning behind Lemma 2 is as follows: for $\beta > 2$, $\|\sigma_{\text{min}}(A_k)\|_\beta > 1$, so iterating (5) implies $\|W_k\|_\beta \rightarrow \infty$, hence the limiting distribution must be heavy-tailed. The multiplicative heavy-tailed regime illustrates how a power law can arise from light-tailed data (in fact, even from data with finite support). Important to note here is that if $B_k$ displays (not too significant) heavy-tailed behaviour, the tail exponent of the stationary distribution is entirely due to the recursion and properties of the multiplicative noise $A_k$. Here, the heavy-tailed behaviour arises due to intrinsic factors to the stochastic optimization, and they tend to dominate over time. Similar observations were reported in Gürbüzbalaban et al. (2020), followed by a thorough investigation into the tail exponent $\alpha$. Increas-
Power laws for general objectives and optimizers

In this section, we consider the general case \( (2) \), and we examine how heavy-tailed stationary behaviour can arise for any stochastic optimizer, applied to both convex and nonconvex problems. As in Section 3, here we are most interested in the presence of heavy-tailed fluctuations due to multiplicative factors. The case when heavy-tailed fluctuations arise from the additive noise case is clear: if, for every \( w \in \mathbb{R}^d \), \( \Psi(w, X) \) is heavy-tailed/has infinite \( \alpha \)-moment, then for each \( k = 1, 2, \ldots \), \( W_k \) is heavy-tailed/has infinite \( \alpha \)-moment also, irrespective of the dynamics of \( W \).

In our main result (Theorem 1), we illustrate how power laws arise in general smooth stochastic optimization algorithms that are contracting on average and also strongly convex near infinity with positive probability.

**Theorem 1.** Let \( (S, \| \cdot \|) \) be a separable Banach space. Assume that \( \Psi : S \times \Omega \to S \) is a random function on \( S \) such that \( \Psi \) is a.s. Lipschitz and has probability measure with a positively supported absolutely continuous component with respect to a \( \sigma \)-finite non-null probability measure on \( S \). Let \( K_{\alpha} \) denote a random variable such that \( K_{\alpha}(\omega) \) is the Lipschitz constant of \( \Psi(\cdot, \omega) \) for each \( \omega \in \Omega \). Assume that \( K_{\alpha} \) is integrable, and \( \|\Psi(w) - w\| \) is integrable for some \( w^* \in S \). Suppose there exist non-negative random variables \( k_{\alpha}, M_{\Psi} \) such that, almost surely, for all \( w \in S \),

\[
k_{\alpha}\|w - w^*\| - M_{\Psi} \leq \|\Psi(w) - \Psi(w^*)\| \leq K_{\alpha}\|w - w^*\|. \tag{6}
\]

If \( E\log K_{\alpha} < 0 \), then the Markov chain given by \( W_{k+1} = \Psi_{\omega}(W_k), k = 0, 1, \ldots \), where each \( \Psi_{\omega} \) is an independent and identically distributed copy of \( \Psi \), is geometrically ergodic with \( W_\infty = \lim_{\alpha \to \infty} W_k \) satisfying the distributional fixed point equation \( W_\infty \overset{d}{=} \Psi(W_\infty) \). Furthermore, if \( k_{\alpha} > 1 \) with positive probability and \( \|\Psi(w^*)\|_\alpha < \infty \) for any \( \alpha > 0 \), then:

1. There exist \( \mu, \nu, C_\mu, C_\nu > 0 \) such that \( C_\mu (1 + t)^{-\mu} \leq \mathbb{P}(\|W_\infty\| > t) \leq C_\nu t^{-\nu} \), for all \( t > 0 \).
2. There exist \( \alpha, \beta > 0 \) such that \( |K_{\alpha}|_{\beta} = 1 \) and \( \|K_{\alpha}\|_{\alpha} = 1 \) and for \( \delta > 0 \), \( 0 < \limsup_{t \to \infty} t^{\alpha+\epsilon} \mathbb{P}(\|W_\infty\| > t) \), and \( \limsup_{t \to \infty} t^{\beta-\epsilon} \mathbb{P}(\|W_\infty\| > t) < \infty \).

Geometric rates of convergence in the Prohorov and total variation metrics to stationarity are discussed in Diaconis & Freedman (1999); Alsmeyer (2003). From Theorem 1 we find that the presence of expanding multiplicative noise implies the stationary distribution of (2) is stochastically bounded between two power laws. This suggests that smooth stochastic optimizers satisfying (6) and \( \mathbb{P}(k_{\alpha} > 1) > 0 \) can conduct wide exploration of the loss landscape. To our knowledge, these conditions for heavy-tailed stationary behaviour are significantly weaker than the present literature suggests (Gürbüzbalaban et al., 2020; Mirek, 2011; Buraczewski et al., 2016).

**Example 4** (Heavy tails in SGD). For example, condition (6) holds for SGD for any loss \( \ell \) that is strongly convex outside of a bounded region (e.g. when weight decay is added). In this case,

\[
k_{\alpha} = \liminf_{|w| \to \infty} \sigma_{\min}(I - \gamma \nabla^2 \ell(w, X)), \tag{7a}
\]

\[
K_{\alpha} = \sup_w \|I - \gamma \nabla^2 \ell(w, X)\|. \tag{7b}
\]

In the linear case \( (5) \), \( k_{\alpha} \) reduces to \( \sigma_{\min}(A) \), hence, using Theorem 1 we can recover Lemma 2. Extending Lemma 2 to the general case, vanilla SGD exhibits heavy-tailed behaviour when \( \nabla^2 \ell(w, X) \) has unbounded spectral distribution (as might be the case when \( X \) has full support on \( \mathbb{R}^d \)).

Conditions for stochastic Newton are similar, albeit more complex. In particular, stochastic Newton exhibits heavy-tailed behaviour when the Jacobian of \( H(w, X)^{-1}g(w, X) \) has unbounded spectral distribution. Adaptive optimizers such as momentum and Adam incorporate geometric decay that can prevent heavy-tailed fluctuations, potentially limiting exploration while excelling at exploitation to nearby optima. It has been suggested that these adaptive aspects should be turned off during an initial warmup phase (Liu et al., 2020), implying that exacerbating heavy-tailed fluctuations and increased tail exponents could aid exploratory behaviour in the initial stages of training. On the other hand, if heavy-tailed behaviour is so extreme as to be detrimental for exploiting nearby optima, adaptive optimizers can prove effective (Zhang et al., 2019b).

To treat other stochastic optimizers that are not Lipschitz, or do not satisfy the conditions of Theorem 1 we present in Lemma 3 an abstract sufficient condition for heavy-tailed stationary distributions of ergodic Markov chains.

**Lemma 3.** For a general metric space \( S \), suppose that \( W \) is an ergodic Markov chain on \( S \) with \( W_k \overset{d}{=} W_\infty \) as \( k \to \infty \), and let \( f : S \to \mathbb{R} \) be some scalar-valued function. If there exists some \( \epsilon > 0 \) such that \( \inf_{w \in S} \mathbb{P}(|f(\Psi(w))| > (1 + \epsilon)f(w)) > 0 \), then \( f(W_\infty) \) is heavy-tailed.

Under our model, Lemma 3 says that convergent constant step-size stochastic optimizers will exhibit heavy-tailed stationary behaviour if there is some positive probability of the optimizer moving further away from an optimum, irrespective of how near or far you are from it. To our knowledge, this is the first time that variational consequences of this property have been considered in stochas-
Multiplicative Noise and Heavy Tails in Stochastic Optimization

Exploitative optimization. Analyses concerning stochastic optimization algorithms typically consider rates of contraction towards a nearby optimum, quantifying the exploitative behaviour of a stochastic optimizer. In the convex setting, that stochastic optimization algorithms could, at any stage, move away from any optimum, appears detrimental, but is critical in non-convex settings, where exploration (rather than exploitation to a local optimum) is important. Indeed, we find that it is this behaviour that directly determines the tails of the stochastic optimizer’s stationary distribution, and therefore, its exploratory behaviour.

Factors influencing the tail exponent. Using bounds from Theorem 1, we may extend observations in Gürbüzbalaban et al. (2020) to the general case. According to Theorem 1, the following factors play a role in decreasing the tail exponent (generally, increasing $k_q, K_q$ in expectation or dispersion implies decrease $\alpha$) resulting in heavier-tailed noise. In each case (excluding step size which is complicated since step size also affects stability), the literature supports the hypothesis that factors influencing heavier tails coincide with improved generalization performance; see Martin & Mahoney (2018); Jastrzębski et al. (2018) and references therein.

Decreasing batch size / increasing step size: As the minibatch size $n \to \infty$ or step size $\gamma \to 0$, $\text{Var}(k_q) \to 0$ and so $\mathbb{P}(k_q > 1) \to 0$ if $W$ is ergodic. Conversely, by Theorem 1, decreasing batch size or increasing step size results in an decreased (i.e., heavier) tail exponent for ergodic stochastic optimizers, keeping in mind that step sizes also affect stability of the algorithm. This is in line with Jastrzębski et al. (2018); Yao et al. (2018) and it suggests a relationship to the generalization gap phenomenon. The relationship between step and batch sizes has received attention (Balles et al. 2017; Smith et al. 2018); choosing these parameters to increase heavy-tailed fluctuations while keeping variation sensible could yield a valuable exploration strategy.

More dispersed data: Increasing dispersion in the data implies increased dispersion for the distribution of $k_q, K_q$, and hence heavier tails. For the same model trained to different datasets, a smaller tail exponent may be indicative of richer data, not necessarily of higher variance, but exhibiting a larger moment of some order. Data augmentation is a strategy to achieve this (Wang & Perez 2017).

Increasing regularization: Provided $W$ remains ergodic, the addition of a large explicit $L^2$-regularizer to the objective function (known to help avoiding bad minima (Liu et al. 2019)) results in larger $k_q$, and hence, heavier-tailed noise.

Increasing dimension: The effect of dimension is noteworthy for ML, albeit not so straightforward at higher generality, where direct comparison between model classes becomes complex. For neural networks in the SGD case, a Wishart-Wigner Hessian model (Pennington & Bahr 2017) together with (7a) suggests that $k_q$ should increase (and the tail exponent decrease) with dimension — see Appendix B for details. Later in Figure 3, we show empirically that increasing depth within the same architecture class also yields heavier tails.

5. Numerical Experiments

To illustrate the advantages that multiplicative noise and heavy tails offer in non-convex optimization, in particular for exploration (of the entire loss surface) versus exploitation (to a local optimum), we first consider stochastic optimization algorithms in the non-stationary regime. To begin, in one dimension, we compare perturbed gradient descent (GD) with additive light-tailed and heavy-tailed noise against a version with additional multiplicative noise. That is,

\begin{align*}
(a, b) & \quad w_{k+1} = w_k - \gamma (f'(w_k) + (1 + \sigma)Z_k), \\
(c) & \quad w_{k+1} = w_k - \gamma ((1 + \sigma Z_k^{(1)}) f'(w_k) + Z_k^{(2)}),
\end{align*}

where $f : \mathbb{R} \to \mathbb{R}$ is the objective function, $\gamma, \sigma > 0$, $Z_k, Z_k^{(1)}, Z_k^{(2)} \sim \mathcal{N}(0, 1)$ in (a) and (c), and in (b), $Z_k$ are i.i.d. $t$-distributed (heavy-tailed) with 3 degrees of freedom, normalized to have unit variance. Algorithms (a)-(c) are applied to the objective $f(x) = \frac{1}{10} x^2 + 1 - \cos(x^2)$, which achieves a global (wide) minimum at zero. Iterations of (a)-(c) have expectation on par with classical GD. For fixed step size $\gamma = 10^{-2}$ and initial $w_0 = -4.75$, the distribution of $10^8$ successive iterates are presented in Figure 1 for small ($\sigma = 2$), moderate ($\sigma = 12$), and strong ($\sigma = 50$) noise. Both (b) and (c) readily enable jumps between basins. However, while the additive noise optimizers (a), (b) smooth the effective loss landscape, making it easier to jump between basins, it also has the side effect of reducing resolution in the vicinity of minima. On the other hand, the multiplicative noise optimizer (c) maintains close proximity (peaks in the distribution) to critical points.

Figure 1 also illustrates exploration/exploitation benefits of multiplicative noise (and associated heavier tails) over additive noise (and associated lighter tails). While rapid exploration may be achieved using heavy-tailed additive noise (Sümekli et al. 2019), since reducing the step size may not reduce the tail exponent, efficient exploitation of local minima can become challenging, even for small step sizes. On the other hand, multiplicative noise has the benefit of behaving similarly to Gaussian additive noise for small step sizes (Rubin et al. 2014). We can see evidence of this behaviour in the leftmost column in Figure 1, where the size of the multiplicative noise is small. As the step size is annealed to zero, multiplicative noise resembles the convolutional nature of additive noise (Kleinberg et al. 2018).
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Figure 1: Histograms (blue) of $10^6$ iterations of GD with combinations of small (left), moderate (center), and strong (right) versus light additive (a), heavy additive (b), and multiplicative noise (c), applied to a non-convex objective (black). (Red) Initial starting location for the optimization.

This same basin hopping behaviour can be observed heuristically in SGD for higher-dimensional models with the aid of principal component analysis (PCA), although jumps become much more frequent. To see this, we consider fitting a two-layer neural network with 16 hidden units for classification of the Musk data set (Dietterich et al., 1997) (168 attributes; 6598 instances) with cross-entropy loss without regularization and step size $\gamma \approx 10^{-2}$. Two stochastic optimizers are compared: (a) SGD with a single sample per batch (without replacement), and (b) perturbed GD (Jin et al., 2017), where the state-independent covariance of iterations in (b) is chosen to approximate that of (a) on average. PCA-projected trajectories are presented in Figure 2. SGD frequently exhibits jumps between basins, a feature not shared by perturbed GD with only additive noise.

Finally, to illustrate the effect of depth on tail exponents, we examine stationary behaviour of the magnitude of SGD steps $\|w_{k+1} - w_k\|$ (by triangle inequality, at stationarity, the tail exponent of steps is the same as the weights themselves). We plot histograms of four common wide ResNet architectures trained on CIFAR10 in Figure 3 and provide maximum likelihood estimates of the tail exponents. See Appendix C for implementation details and further numerical analyses of this form supporting claims in §4.

6. Discussion

Heavy tails and generalization. In a recent series of papers (Martin & Mahoney 2018; 2019; 2020a;b), an empirical (or phenomenological) theory of heavy-tailed self-regularization is developed, proposing that sufficiently complex and well-trained deep neural networks exhibit heavy-tailed mechanistic universality: the spectral distribution of large weight matrices display a power law whose tail exponent is negatively correlated with generalization performance. If true, examination of this tail exponent provides an indication of model quality, and factors that are positively associated with improved test performance, such as decreased batch size. From random matrix theory, these heavy-tailed spectral distributions may arise due to strong correlations arising in the weight matrices (Bordenave et al., 2011), or heavy-tailed distributions arising in each of the weights over time (Arous & Guionnet, 2008). The reality may be some combination of both; here, in line with Simsekli et al. (2019), 2020a); Gürbüzbalaban et al. (2020), we have illustrated that the second avenue is at least possible, and relationships between factors of the optimization and the tail exponent agree with the present findings. Theorem 1 implies the general existence of power law tail exponents in the fluctuations of stochastic optimizers, while Simsekli et al. (2020a) have shown, both theoretically and empirically, that these tail exponents correlate
with generalization performance. Proving that heavy-tailed behavior can arise in spectral distributions of the weights (as opposed to their probability distributions, which we have treated here) is a challenging problem, and remains the subject of future work. Casting the evolution of spectral distributions into the framework of iterated random functions could prove fruitful in this respect.

Lazy training, implicit renewal theory, and the catapult phase. Theory concerning random linear recurrence relations can be extended directly to SGD applied to objective functions whose gradients are “almost” linear, such as those seen in lazy training (Chizat et al., 2019), due to the implicit renewal theory of Goldie (1991). However, it seems unlikely that multilayer networks should exhibit the same tail exponent between each layer, where the conditions of Breiman’s lemma (see Appendix A) break down. Significant discrepancies between tail exponents across layers were observed in other appearances of heavy-tailed noise (Martin & Mahoney, 2020b; Simşekli et al., 2019). From the point of view of tail exponents, it appears that most practical finite-width deep neural networks do not exhibit lazy training. This observation agrees with the poor relative generalization performance exhibited by linearized neural networks (Chizat et al., 2019; Oymak et al., 2019). Indeed, recent efforts have referred to hyperparameter regimes where stochastic optimization differs from (exploitation-focused) lazy training as the catapult phase (Lewkowycz et al., 2020). Our analysis suggests that the underlying mechanism for this phenomenon could be attributed to multiplicative noise effects.

Continuous-time models. Probabilistic analyses of stochastic optimization often consider continuous-time approximations, e.g., for constant step size, a stochastic differential equation of the form (Mandt et al., 2016; Orvieto & Lucchi, 2019; Fontaine et al., 2020)

\[ dW_t = -\gamma \nabla f(W_t)dt + g(W_t)dX_t, \]

where \( f : \mathbb{R}^d \to \mathbb{R} \), \( g : \mathbb{R}^d \to \mathbb{R}^{d \times d} \). The most common of these are Langevin models where \( X \) is Brownian motion (white noise), although heavy-tailed noise has also been considered (Simşekli et al., 2019; 2020b). In the case where \( g \) is diagonal, as a corollary of (Rubin et al., 2014; Ma et al., 2015), we may determine conditions for heavy-tailed stationary behaviour. Letting \( r(w) = \| g(w) \nabla f(w) \| \), in Table 2 we present a continuous time
analogue of Table 1 with examples of choices of \( g \) that result in each regime when \( f \) is quadratic. Langevin algorithms commonly seen in the literature (Mandt et al., 2016; Orvieto & Lucchi, 2019) assume constant or bounded volatility (\( g \)), resulting in light-tailed stationary distributions for \( L^2 \)-regularized loss functions. However, even a minute presence of multiplicative noise (unbounded \( g \)) can yield a heavy-tailed stationary distribution (Biró & Jakovác, 2005). Fortunately, more recent analyses are allowing for the presence of multiplicative noise in their approximations (Cheng et al., 2020; Fontaine et al., 2020). Based on our results, it seems clear that this trend is critical for adequate investigation of stochastic optimizers using the continuous-time approach. On the other hand, Simsekli et al. (2019; 2020b) invoked the generalized central limit theorem (CLT) to propose a continuous-time model with heavy-tailed (additive) Lévy noise, in response to the observation that stochastic gradient noise is frequently heavy-tailed. In their model, the heaviness of the noise does not change throughout the optimization. Furthermore, Panigrahi et al. (2019) observed that stochastic gradient noise is typically Gaussian for large batch sizes, which is incompatible with generalized CLT. We have illustrated how multiplicative noise also yields heavy-tailed fluctuations. Alternatively, heavy tails in the stochastic gradient noise for fixed weights could be log-normal instead, which are known to arise in deep neural networks (Hanin & Nica, 2019). A notable consequence of the Lévy noise model is that exit times for basin hopping are essentially independent of basin height, and dependent instead on basin width, which is commonly observed with SGD (Xing et al., 2018). In the absence of heavy-tailed additive noise, we observed similar behaviour in our experiments for large multiplicative noise, although precise theoretical treatment remains the subject of future work.

**Stochastic gradient MCMC.** As mentioned in Mandt et al. (2017), the differences between a stochastic optimizer and its corresponding SG-MCMC variant lie in a step-size schedule, and possibly the inclusion of further additive noise. Therefore, the same principles discussed here also apply to stochastic gradient MCMC (SG-MCMC) algorithms (Ma et al., 2015). The presence of multiplicative noise due to data subsampling suggests that the actual stationary distribution of SG-MCMC can be heavy-tailed, regardless of the chosen target distribution.

**Geometric properties of multiplicative noise.** It has been suggested that increased noise in SGD acts as a form of convolution, smoothing the effective landscape (Kleinberg et al., 2018). This appears to be partially true. As seen in Figure 1, smoothing behaviour is common for additive noise, and reduces resolution in the troughs. Multiplicative noise, which SGD also exhibits, has a different effect. As seen in Rubin et al. (2014), in the continuous-time setting, multiplicative noise equates to conducting additive noise on a modified (via Lamperti transform) loss landscape. There is also a natural interpretation of multiplicative noise through choice of geometry in Riemannian Langevin diffusion (Girolami & Calderhead, 2011; Ma et al., 2015). Under either interpretation, it appears multiplicative noise shrinks the width of peaks and widens troughs in the effective loss landscape, potentially negating some of the undesirable side effects of additive noise.

### 7. Conclusion

A theoretical analysis on the relationship between multiplicative noise and heavy-tailed fluctuations in stochastic optimization algorithms has been conducted. We propose that viewing stochastic optimizers through the lens of Markov process theory and examining stationary behaviour is key to understanding exploratory behaviour on non-convex landscapes in the initial phase of training. Our results suggest that heavy-tailed fluctuations may be more common than previous analyses have suggested, and they further the hypothesis that such fluctuations are correlated to improved generalization performance. From this viewpoint, we maintain that multiplicative noise should not be overlooked in future analyses on the subject. We have made efforts to develop as general an analysis as possible, however, there remain some limitations. The time-homogeneous Markov chain model is not sensible when data is cycled through in the same order between epochs. Here, a dynamical systems point-of-view is more sensible, with stationary behaviour examined as limit cycles (Chaudhari & Soatto, 2018). It is likely that tighter bounds on the tail exponents could be achieved through more fine-grained analyses on specific model classes. In particular, tighter estimates illuminate more precise relationships between tail exponents and specific factors, most notably dimension.

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**References**


Alstott, J. and Bullmore, D. P. powerlaw: a Python package


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